

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.” After supper, he took the cup of wine, gave thanks, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.” Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving, *We celebrate his death and resurrection, as we await the day of his coming.*

Lord God of our Fathers and Mothers; God of Abraham, Isaac, and Jacob; God of Sarah, Rebecca, Rachel and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and people

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us.
People Therefore let us keep the feast. Alleluia.

The Celebrant continues

The gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

All people are invited forward to share in our communion—if you receive the bread and/or wine, please kneel or stand at the altar rail. If you are not yet baptized, please kneel or stand at the altar rail with your arms crossed over your chest for a blessing from one of the clergy.

The Sending of Lay Eucharistic Visitors

Following communion, Eucharistic Visitors to our homebound members may be sent forth with the following prayer.

Celebrant **In the name of St. John’s Cathedral I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ’s Body and Blood.**
People We who are many are one body because we all share one bread, one cup.

The Postcommunion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

The Celebrant blesses the people.

Hymn 690 “Guide me, O thou great Jehovah” *Cwm Rhondda*

The Dismissal

People Alleluia, alleluia! Let us go forth in the name of Christ. Thanks be to God. Alleluia, alleluia!

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The flowers in Cummings Chapel and at the High Altar are given to the glory of God.

THE HOLY EUCHARIST

THE TENTH SUNDAY AFTER PENTECOST
August 2, 2015 - 8 a.m.

A joyous and warm welcome to our visitors and guests. Please know how happy our Cathedral community is to have you worship with us. We would love to know our guests, so please fill out a visitor card and drop it in the offering plate as it comes by.

Hymn 410 “Praise, my soul, the King of heaven” *Lauda Anima*

THE LITURGY OF THE WORD

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People And blessed be his kingdom, now and for ever. Amen.

Celebrant and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Celebrant and the People say together

The Gloria in Excelsis

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect of the Day

Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

The Celebrant continues

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The People are seated.

The Lesson Exodus 16:2-4, 9-15

Lector A reading from the Book of Exodus.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not." Then Moses said to Aaron, "Say to the whole congregation of the Israelites, `Draw near to the LORD, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. The LORD spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, `At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the LORD has given you to eat."

Lector The Word of the Lord.
People Thanks be to God.

A period of silence for reflection follows the reading.

The Psalm is read in unison.

Psalm 78:23-29

So he commanded the clouds above *
and opened the doors of heaven.

He rained down manna upon them to eat *
and gave them grain from heaven.

So mortals ate the bread of angels; *
he provided for them food enough.

He caused the east wind to blow in the heavens *
and led out the south wind by his might.

He rained down flesh upon them like dust *
and winged birds like the sand of the sea.

He let it fall in the midst of their camp *
and round about their dwellings.

So they ate and were well filled, *
for he gave them what they craved.

The People stand.

The Gospel John 6:24-35

Gospeler The Holy Gospel of our Lord Jesus Christ according to John.
People Glory to you, Lord Christ.

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, `He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

Gospeler The Gospel of the Lord.
People Praise to you, Lord Christ.

The People are seated.

The Sermon The Reverend Raja Zabaneh

A period of silence for reflection follows the sermon.

The People stand.

The Nicene Creed

The Celebrant and People say

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

All remain standing as able.

Almighty God, we pray for the cities of this nation, that hatred and urban violence may cease. We pray especially for Charleston, Baltimore, Ferguson and our own city of Jacksonville. Lord in your mercy, *Hear our prayer.*

We pray for the nations of the earth, that we may come to respect and honor one another. We especially pray for the people of the Middle East, Ukraine and Nigeria. Lord in your mercy, *Hear our prayer.*

Let us pray together for the Middle East using a prayer written by our own parishioners:

Almighty God, lover and provider of peace that the world cannot give, you know our hearts, the hurt we harbor, and the sin of complacency; we ask you to grant everyone who lives in the Middle East the peace of God which passes all understanding and the freedom to live in love and harmony, so everyone can seek your face and work for your glory, through Jesus Christ our Lord, who lives and reigns in peace with you and the Holy Spirit, one God now and forever. Amen.

Embrace the souls of those who have died. I invite you to speak aloud the **names of those who have died....Lord in your mercy**, *Hear our prayer.*

Almighty God, you created the heavens and the earth. Thank you for the gift of our lives, for our loved ones, for this community and for this beautiful earth that we call home. We thank you for all of our blessings. I invite you to speak **aloud your thanksgivings....Lord in your mercy**, *Hear our prayer.*

Silence

The Celebrant concludes the prayers.

The Confession of Sin

The People kneel. The Celebrant says

We ask you, Almighty God, to forgive all the mistakes that we have made. Help us to become the people that you call us to be. Let us confess our sins against God and our neighbor.

Celebrant and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant continues

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

The People stand.

Celebrant The peace of the Lord be always with you.
People And also with you.

The Clergy and People greet each other in the name of the Lord.

Welcome and Announcements

THE HOLY COMMUNION

Representatives of the congregation bring forward the People's offerings of money, and other gifts. The People stand when the offerings are brought forward and placed on the Altar.

Hymn 380 vs. 3 **“Praise God, from whom all blessings flow”** *Old 100th*

The Great Thanksgiving Eucharistic Prayer C, BCP 369

The People stand.

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give him thanks and praise.

The People's responses are in italics. The Celebrant continues

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another. *Have mercy, Lord, for we are sinners in your sight.*

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

The Celebrant and People say

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The People stand or kneel. The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.