

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.” After supper, he took the cup of wine, gave thanks, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.” Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving, *We celebrate his death and resurrection, as we await the day of his coming.*

Lord God of our Fathers and Mothers; God of Abraham, Isaac, and Jacob; God of Sarah, Rebecca, Rachel and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

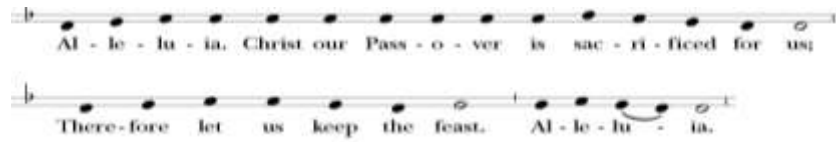
And now, as our Savior Christ has taught us, we are bold to say,

The Celebrant and People say

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.



The Celebrant continues

The gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

The Lord's Table is open to all. Baptized persons are welcome to receive communion. Unbaptized persons are invited to the altar to receive a blessing. To signify that you do not desire communion, please cross your arms over your chest, and a priest will administer a blessing. You are also invited to receive prayers and anointing with holy oil in one of our transept chapels (Ascension to the south, and Holy Communion to the north) where anointers wait to pray with you.

Music at Communion

Organ Voluntary on *Shades Mountain* K. Lee Scott

Hymn 448 “O love, how deep, how broad, how high” *Deus tuorum militum*

Motet Ubi caritas Maurice Duruflé

Where charity and love are: there is God, the love of Christ joined us in one: let us rejoice and be glad in him. Let us fear and love the living God: and love one another in sincerity of heart.

The Sending of Lay Eucharistic Visitors

Following communion, Eucharistic Visitors to our homebound members may be sent forth with the following prayer.

Celebrant In the name of St. John’s Cathedral, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ’s Body and Blood.

People We who are many are one body because we all share one bread, one cup.

The Postcommunion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

The Celebrant blesses the people.

In Procession, Hymn 569 “God the Omnipotent” *Russia*

The Dismissal

Alleluia, alleluia! Let us go forth in the name of Christ.

People Thanks be to God. Alleluia, alleluia!

Voluntary Finale Jubilante Healey Willan

† † †

The flowers in Cummings Chapel and at the High Altar are given to the glory of God and in loving memory of Ben F. Avery, Jr., by David & Cathy Avery.

† † †

Cathedral docents stand ready at the baptismal font following the service for guided tours of the Cathedral. Please look for a docent in a purple robe and ask for a tour.

THE HOLY EUCHARIST
THE FOURTH SUNDAY AFTER THE EPIPHANY
January 31, 2016 - 11 a.m.

A joyous and warm welcome to our visitors and guests. Please know how happy our Cathedral community is to have you worship with us. We'd love to know our guests, so please fill out a visitor card and drop it in the offering plate as it comes by.

Voluntary Prelude and Fugue in G major J. S. Bach

Introit Blessed are the pure in heart H. Walford Davies

Blessed are the pure in heart, for they shall see our God; the secret of the Lord is theirs, their soul is Christ’s abode. Still in the lowly soul He doth Himself impart, and for His cradle and His throne chooseth the pure in heart.

In Procession, Hymn 436 “Lift up your heads, ye mighty gates” *Truro*

THE LITURGY OF THE WORD

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

Celebrant and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Trisagion S-102 Alexander Archangelsky

The People remain standing and sing three times:



The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

The Celebrant continues

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The People are seated.

The Lesson Jeremiah 1:4-10

Lector A Reading from the Book of Jeremiah.

The word of the LORD came to me saying, "Before I formed you in the womb I knew you, and before you were born I consecrated you; I appointed you a prophet to the nations." Then I said, "Ah, Lord GOD! Truly I do not know how to speak, for I am only a boy." But the LORD said to me, "Do not say, 'I am only a boy'; for you shall go to all to whom I send you, and you shall speak whatever I command you. Do not be afraid of them, for I am with you to deliver you, says the LORD." Then the LORD put out his hand and touched my mouth; and the LORD said to me, "Now I have put my words in your mouth. See, today I appoint you over nations and over kingdoms, to pluck up and to pull down, to destroy and to overthrow, to build and to plant."

Lector The Word of the Lord.
People Thanks be to God.

A period of silence for reflection follows the reading.

The Choir and People sing

Psalm 71:1-6

CHANT: Kennedy

In you, O Lord, have I taken refuge: *
let me never be ashamed.

In your righteousness,
deliver me and set me free: *
incline your ear to me and save me.

Be my strong rock, a castle to keep me safe: *
you are my crag and my stronghold.

Deliver me, my God, from the hand of the wicked, *
from the clutches of the evildoer and the oppressor.

For you are my hope, O Lord God, *
my confidence since I was young.

I have been sustained by you ever since I was born;
from my mother's womb you have been my strength: *
my praise shall be always of you.

A period of silence for reflection follows the reading.

The People stand.

Hymn 542 “Christ is the world’s true light”

St. Joan

The Gospel

Luke 4:21-30

Gospeler The Holy Gospel of our Lord Jesus Christ according to Luke.
People Glory to you, Lord Christ.

In the synagogue at Nazareth, Jesus read from the book of the prophet Isaiah, and began to say, "Today this scripture has been fulfilled in your hearing." All spoke well of him and were amazed at the gracious words that came from his mouth. They said, "Is not this Joseph's son?" He said to them, "Doubtless you will quote to me this proverb, 'Doctor, cure yourself!' And you will say, 'Do here also in your hometown the things that we have heard you did at Capernaum.'" And he said, "Truly I tell you, no prophet is accepted in the prophet's hometown. But the truth is, there were many widows in Israel in the time of Elijah, when the heaven was shut up three years and six months, and there was a severe famine over all the land; yet Elijah was sent to none of them except to a widow at Zarephath in Sidon. There were also many lepers in Israel in the time of the prophet Elisha, and none of them was cleansed except Naaman the Syrian." When they heard this, all in the synagogue were filled with rage. They got up, drove him out of the town, and led him to the brow of the hill on which their town was built, so that they might hurl him off the cliff. But he passed through the midst of them and went on his way.

Gospeler The Gospel of the Lord.
People Praise to you, Lord Christ.

The People are seated.

The Sermon

The Reverend Canon David Erickson

A period of silence for reflection follows the sermon.

The People stand.

The Nicene Creed

The Celebrant and People say

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things

were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

All remain standing as able.

Lector In this season of Epiphany, we remember how the light of a star revealed the Light of the World. May God be our light in all times and places. Let us pray together to the Lord with all our hearts and with all our souls, saying: Christ, be our light.

Lector For the world, that all the nations of the earth may come to honor and respect one another. We pray especially for the people of the Middle East, Europe and Africa. May we all come to know the peace of God. Let us pray together saying:

People *Christ, be our light.*

Lector For the suffering: the hungry and the sick, the refugee and the prisoner, those who grieve and those who are alone. I invite you to speak aloud the **names of those in need. . . .Let us pray together saying:**

People *Christ, be our light.*

Lector For our families, friends, and all those we love, for all those we encounter in our daily life and work, for those estranged from us, for those who hate us, and for those who feel unloved. Let us pray together saying:

People *Christ, be our light.*

Lector For the earth, that we may use its resources wisely, and be thankful for the gift of all creation. Let us pray together saying:

People *Christ, be our light.*

Lector For those who have died, both known and unknown to us. May they receive the joys of heaven. I invite you to speak aloud the names of those **who have died. . . .Let us pray together saying:**

People *Christ, be our light.*

Silence

The Celebrant concludes the prayers.

The Confession of Sin

The People kneel. The Celebrant says

Let us confess our sins against God and our neighbor.

Celebrant and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant continues

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

The People stand.

Celebrant The peace of the Lord be always with you.
People And also with you.

The Clergy and People greet one another in the name of the Lord.

Welcome and Announcements

THE HOLY COMMUNION

The Offertory O God, who by the leading of a star Thomas Attwood

O God, who by the leading of a star didst manifest thy only begotten Son to the Gentiles, mercifully grant that we which know thee now by faith may after this life have the fruition of thy glorious Godhead, through Jesus Christ our Lord. Amen

As the Altar is prepared for Communion, representatives of the congregation collect the offerings of the People. The people stand when the offerings are brought forward and placed on the Altar.

Hymn 127, St. 1 & 4 “Earth has many a noble city”

Stuttgart

The Great Thanksgiving

The People stand.

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give him thanks and praise.

The Peoples’s responses are in italics.

The Celebrant continues

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

The Celebrant and People sing

Hymnal S-128

William Mathias

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

The People stand or kneel.

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.