

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

The Celebrant and People say the Fraction Anthem.

Celebrant Lamb of God, you take away the sins of the world:
People have mercy on us.
Celebrant Lamb of God, you take away the sins of the world:
People have mercy on us.
Celebrant Lamb of God, you take away the sins of the world:
People grant us peace.

The Prayer of Humble Access

The Celebrant and People

We do not presume to come to this your table, O merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*

The Celebrant continues

The gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

The Lord's Table is open to all. Baptized persons are welcome to receive communion. Unbaptized persons are invited to the altar to receive a blessing. To signify that you do not desire communion, please cross your arms over your chest, and a priest will administer a blessing.

The Sending of Eucharistic Visitors

Following communion, Eucharistic Visitors to our homebound members may be sent forth with the following prayer.

Celebrant **In the name of St. John’s Cathedral, I send you forth bearing** these holy gifts, that those to whom you go may share with us in **the communion of Christ’s Body and Blood.**
People We who are many are one body because we all share one bread, one cup.

Postcommunion Prayer

The Celebrant says

Let us pray.

The People kneel. The Celebrant and People say

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

The Celebrant blesses the people.

Hymn 685 “**Rock of ages, cleft for me**” *Toplady*

Dismissal

People Go in peace to love and serve the Lord.
Thanks be to God.

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The greens in Cummings Chapel and at the High Altar are given to the glory of God, in loving memory of Thomas Streets, and in thanksgiving for Cindy Miller, by Judi Rosenvold.

THE HOLY EUCHARIST
THE THIRD SUNDAY IN LENT
February 28, 2016 - 8 a.m.

Hymn 707 “**Take my life and let it be**” *Hollingside*

THE WORD OF GOD

Celebrant Bless the Lord who forgives all our sins.
People His mercy endures for ever.

The Decalogue BCP p. 350

The Celebrant reads the Decalogue.

The People's responses are: Amen. Lord have mercy.

The Celebrant continues

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

The Celebrant then says

Let us confess our sins against God and our neighbor.

The People kneel. Silence may be kept.

The Celebrant and People say

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The People remain kneeling and say

The Kyrie

Celebrant Lord, have mercy upon us.
People Christ, have mercy upon us.
Celebrant Lord, have mercy upon us.

The Collect of the Day

Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The People are seated.

The Lesson 1 Corinthians 10:1-13

Lector A Reading from the first letter of Paul to the Corinthians.

I do not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness. Now these things occurred as examples for us, so that we might not desire evil as they did.

Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

Lector The Word of the Lord.
People Thanks be to God.

A period of silence for reflection follows the reading.

The Psalm is read in unison.

Psalm 63:1-8

O God, you are my God; eagerly I seek you; *
my soul thirsts for you, my flesh faints for you,
as in a barren and dry land where there is no water.

Therefore I have gazed upon you in your holy place, *
that I might behold your power and your glory.

For your loving-kindness is better than life itself; *
my lips shall give you praise.

So will I bless you as long as I live *
and lift up my hands in your Name.

My soul is content, as with marrow and fatness, *
and my mouth praises you with joyful lips,

When I remember you upon my bed, *
and meditate on you in the night watches.

For you have been my helper, *
and under the shadow of your wings I will rejoice.

My soul clings to you; *
your right hand holds me fast.

The People stand.

The Gospel Luke 13:1-9

Gospeler The Holy Gospel of our Lord Jesus Christ according to Luke.
People Glory to you, Lord Christ.

At that very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, "Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them--do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did." Then he told this parable: "A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, 'See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?' He replied, 'Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.'"

Gospeler The Gospel of the Lord.
People Praise to you, Lord Christ.

The Sermon The Very Reverend Kate Moorehead

A period of silence for reflection follows the sermon.

The People stand.

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

During the Prayers of the People, the People's responses are in italics.

O God, you are always true to us in love, and we ask your forgiveness for our faithlessness to you and to one another, for our forgetting the poor and the broken, for our failure to cherish creation. Give us life, O God, to change, and enable us to change, that we may live. Lord in your mercy,
Hear our prayer.

Comfort the sick and the suffering, Lord Christ. Be with the lonely and with those who mourn. Lord in your mercy,
Hear our prayer.

Bring peace to the world, O Christ, for only you can bring reconciliation between nations and peoples. Lord, in your mercy,
Hear our prayer.

Guide the leaders of this nation in the ways of justice and peace. Help us all to listen to one another with open minds and hearts, to communicate, to articulate and to learn from one another. Lord, in your mercy,
Hear our prayer.

Keep us faithful, O Christ, in this season of Lent, that we may be enriched by the practices and disciplines that we have adopted during these forty days. Lord, in your mercy,
Hear our prayer.

The Celebrant and People say

Gracious and loving God, our heavenly Father, you have called us in this Diocese to a goodly community of faith. You have called us also to bring others to know and love you, baptizing them in the name of the Father and of the Son and of the Holy Spirit. Because it is only by your mercy that we can do those good things you require of us, we pray that you would give us a special measure of your grace as we seek to be obedient to your Great Commission. Assist us, O Lord, and help us as we set out to do those things you would have us to do to bring others to the knowledge and love of you. We ask this through Jesus Christ Our Lord. Amen.

The Peace

All stand as the Celebrant says

People The Peace of the Lord be always with you.
And also with you.

The Ministers and People greet one another in the name of the Lord.

Welcome and Announcements

THE HOLY COMMUNION

As the Altar is prepared for Communion, representatives of the congregation collect the offerings of the People.

The People stand when the offerings are brought forward and placed on the Altar.

The Great Thanksgiving, from the Prayer Book of the Church of England

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give him thanks and praise.

Father, you made the world and love your creation. You gave your Son Jesus Christ to be our Saviour. His dying and rising have set us free from sin and death.

And so we gladly thank you, with saints and angels praising you, and saying:

The Celebrant and People say

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

The People stand or kneel. The Celebrant continues

We praise and bless you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be for us the body and blood of your dear Son.

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died he had supper with his friends and, taking bread, he **praised you. He broke the bread, gave it to them and said: "Take, eat; this is my body which is given for you; do this in remembrance of me."**

When supper was ended he took the cup of wine. Again he praised you, gave it to **them and said: "Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."**

So, Father, we remember all that Jesus did, in him we plead with confidence his sacrifice made once for all upon the cross. Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

The Celebrant and People say

Christ has died:
Christ is risen:
Christ will come again.

Lord of all life, help us to work together for that day when your kingdom comes and justice and mercy will be seen in all the earth. Look with favor on your people, gather us in your loving arms and bring us with all the saints to feast at your table in heaven.

Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honor and glory are yours, O loving Father, for ever and ever. *Amen.*

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.