

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

The Celebrant and People say the Fraction Anthem.

Celebrant Lamb of God, you take away the sins of the world:
People have mercy on us.
Celebrant Lamb of God, you take away the sins of the world:
People have mercy on us.
Celebrant Lamb of God, you take away the sins of the world:
People grant us peace.

The Prayer of Humble Access

The Celebrant and People

We do not presume to come to this your table, O merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*

The Celebrant continues

The gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

The Lord's Table is open to all. Baptized persons are welcome to receive communion. Unbaptized persons are invited to the altar to receive a blessing. To signify that you do not desire communion, please cross your arms over your chest, and a priest will administer a blessing.

The Sending of Eucharistic Visitors

Following communion, Eucharistic Visitors to our homebound members may be sent forth with the following prayer.

Celebrant **In the name of St. John’s Cathedral, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ’s Body and Blood.**
People We who are many are one body because we all share one bread, one cup.

Postcommunion Prayer

The Celebrant says

Let us pray.

The People kneel. The Celebrant and People say

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

The Celebrant blesses the people.

Hymn 479 “Glory be to Jesus, who in bitter pain” *Wem in Leidenstagen*

Dismissal

Go in peace to love and serve the Lord.
People Thanks be to God.

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The greens in Cummings Chapel and at the High Altar are given to the glory of God.

THE HOLY EUCHARIST
THE FIFTH SUNDAY IN LENT
March 13, 2016 - 8 a.m.

Hymn 142 “Lord, who throughout these forty days” *St. Flavian*

THE WORD OF GOD

Celebrant Bless the Lord who forgives all our sins.
People His mercy endures for ever.

The Decalogue BCP p. 350

The Celebrant reads the Decalogue.

The People's responses are: Amen. Lord have mercy.

The Celebrant continues

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these." *Mark 12:29-31*

The Celebrant then says

Let us confess our sins against God and our neighbor.

The People kneel. Silence may be kept.

The Celebrant and People say

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The People remain kneeling and say

The Kyrie

Celebrant Lord, have mercy upon us.
People Christ, have mercy upon us.
Celebrant Lord, have mercy upon us.

The Collect of the Day

Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

Almighty God, you alone can bring into order the unruly wills and affections of sinners: Grant your people grace to love what you command and desire what you promise; that, among the swift and varied changes of the world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

The People are seated.

The Lesson

Philippians 3:4b-14

Lector A Reading from the letter of Paul to the Philippians.

If anyone else has reason to be confident in the flesh, I have more: circumcised on the eighth day, a member of the people of Israel, of the tribe of Benjamin, a Hebrew born of Hebrews; as to the law, a Pharisee; as to zeal, a persecutor of the church; as to righteousness under the law, blameless. Yet whatever gains I had, these I have come to regard as loss because of Christ. More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law, but one that comes through faith in Christ, the righteousness from God based on faith. I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow I may attain the resurrection from the dead. Not that I have already obtained this or have already reached the goal; but I press on to make it my own, because Christ Jesus has made me his own. Beloved, I do not consider that I have made it my own; but this one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the heavenly call of God in Christ Jesus.

Lector The Word of the Lord.

People Thanks be to God.

A period of silence for reflection follows the reading.

The Psalm is read in unison.

Psalm 126

When the Lord restored the fortunes of Zion, *
then were we like those who dream.

Then was our mouth filled with laughter, *
and our tongue with shouts of joy.

Then they said among the nations, *
"The Lord has done great things for them."

The Lord has done great things for us, *
and we are glad indeed.

Restore our fortunes, O Lord, *
like the watercourses of the Negev.

Those who sowed with tears *
will reap with songs of joy.

Those who go out weeping, carrying the seed, *
will come again with joy, shouldering their sheaves.

The People stand.

The Gospel

John 12:1-8

Gospeler The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Six days before the Passover Jesus came to Bethany, the home of Lazarus, whom he had raised from the dead. There they gave a dinner for him. Martha served, and Lazarus was one of those at the table with him. Mary took a pound of costly perfume made of pure nard, anointed Jesus' feet, and wiped them with her hair. The house was filled with the fragrance of the perfume. But Judas Iscariot, one of his disciples (the one who was about to betray him), said, "Why was this perfume not sold for three hundred denarii and the money given to the poor?" (He said this not because he cared about the poor, but because he was a thief; he kept the common purse and used to steal what was put into it.) Jesus said, "Leave her alone. She bought it so that she might keep it for the day of my burial. You always have the poor with you, but you do not always have me."

Gospeler The Gospel of the Lord.

People Praise to you, Lord Christ.

The Sermon

A period of silence for reflection follows the sermon.

The People stand.

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

During the Prayers of the People, the People's responses are in italics.

O God, you are always true to us in love, and we ask your forgiveness for our faithlessness to you and to one another, for our forgetting the poor and the broken, for our failure to cherish creation. Give us life, O God, to change, and enable us to change, that we may live. Lord in your mercy,
Hear our prayer.

Comfort the sick and the suffering, Lord Christ. Be with the lonely and with those who mourn. Lord in your mercy,
Hear our prayer.

Bring peace to the world, O Christ, for only you can bring reconciliation between nations and peoples. Lord, in your mercy,
Hear our prayer.

Guide the leaders of this nation in the ways of justice and peace. Help us all to listen to one another with open minds and hearts, to communicate, to articulate and to learn from one another. Lord, in your mercy,
Hear our prayer.

Keep us faithful, O Christ, in this season of Lent, that we may be enriched by the practices and disciplines that we have adopted during these forty days. Lord, in your mercy,
Hear our prayer.

The Celebrant and People say

Gracious and loving God, our heavenly Father, you have called us in this Diocese to a goodly community of faith. You have called us also to bring others to know and love you, baptizing them in the name of the Father and of the Son and of the Holy Spirit. Because it is only by your mercy that we can do those good things you require of us, we pray that you would give us a special measure of your grace as we seek to be obedient to your Great Commission. Assist us, O Lord, and help us as we set out to do those things you would have us to do to bring others to the knowledge and love of you. We ask this through Jesus Christ Our Lord. Amen.

The Reverend Canon David Erickson

The Peace

All stand as the Celebrant says

People The Peace of the Lord be always with you.
And also with you.

The Ministers and People greet one another in the name of the Lord.

Welcome and Announcements

THE HOLY COMMUNION

As the Altar is prepared for Communion, representatives of the congregation collect the offerings of the People.

The People stand when the offerings are brought forward and placed on the Altar.

The Great Thanksgiving, from the Prayer Book of the Church of England

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

Father, you made the world and love your creation. You gave your Son Jesus Christ to be our Saviour. His dying and rising have set us free from sin and death.

And so we gladly thank you, with saints and angels praising you, and saying:

The Celebrant and People say

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The People stand or kneel. The Celebrant continues

We praise and bless you, loving Father, through Jesus Christ, our Lord; and as we obey his command, send your Holy Spirit, that broken bread and wine outpoured may be for us the body and blood of your dear Son.

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it: and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died he had supper with his friends and, taking bread, he **praised you. He broke the bread, gave it to them and said: "Take, eat; this is my body which is given for you; do this in remembrance of me."**

When supper was ended he took the cup of wine. Again he praised you, gave it to them and said: **"Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."**

So, Father, we remember all that Jesus did, in him we plead with confidence his sacrifice made once for all upon the cross. Bringing before you the bread of life and cup of salvation, we proclaim his death and resurrection until he comes in glory.

Great is the mystery of faith:

The Celebrant and People say

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life, help us to work together for that day when your kingdom comes and justice and mercy will be seen in all the earth. Look with favor on your people, gather us in your loving arms and bring us with all the saints to feast at your table in heaven.

Through Christ, and with Christ, and in Christ, in the unity of the Holy Spirit, all honor and glory are yours, O loving Father, for ever and ever. *Amen.*