

The People stand or kneel. The Celebrant continues.

Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: **“Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”**

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: **“Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”**

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made. In the fullness of time bring us, with all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. *Amen.*

And now, as our Savior Christ has taught us, we are bold to say,

The Celebrant and People say

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant God of promise, you have prepared a banquet for us.
People Happy are those who are called to the Supper of the Lamb.

The Celebrant continues

The gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

The Lord’s Table is open to all. Baptized persons are welcome to receive communion. Unbaptized persons are invited to the altar to receive a blessing. To signify that you do not desire communion, please cross your arms over your chest, and a priest will administer a blessing. You are also invited to receive prayers and anointing with holy oil in one of our transept chapels (Ascension to the south, and Holy Communion to the north) where anointers wait to pray with you.

Music at Communion

Celebration Hymnal 460 **“Let Us Break Bread”**
Celebration Hymnal 681 **“In His Time”**

The Sending of Lay Eucharistic Visitors

Following communion, Eucharistic Visitors to our homebound members may be sent forth with the following prayer.

Celebrant **In the name of St. John’s Cathedral, I send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ’s Body and Blood.**

People We who are many are one body because we all share one bread, one cup.

Invitation to the Children

All children are invited to come up to the front of the church to process out with the choristers and be escorted to their Sunday School classes immediately following the service.

The Postcommunion Prayer

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

The Celebrant blesses the people

In Procession, Celebration Hymnal 33 **“Immortal, Invisible, God Only Wise”**

The Dismissal

Alleluia, alleluia! Let us go forth in the name of Christ.
People Thanks be to God. Alleluia, alleluia!

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The flowers in Cummings Chapel and at the High Altar are given to the glory of God, in loving memory of Richard Bush, by Shirley Bush, in loving memory of LaTrelle Sheffield, by Karen Culler, in loving memory of Sara Jane Ashurst Ferris, and in thanksgiving for Captain William Dallas Bethea, Jr., by Sally Ferris.

The flowers in Holy Communion Chapel and Ascension Chapel are given to the glory of God, and in loving memory and thanksgiving for all mothers.

THE HOLY EUCHARIST

ASCENSION SUNDAY

May 8, 2016 - 9 a.m.

A joyous and warm welcome to our visitors and guests. Please know how happy our Cathedral community is to have you worship with us. We’d love to know our guests, so please fill out a visitor card and drop it in the offering plate as it comes by.

Welcome

THE LITURGY OF THE WORD

Celebrant Alleluia. Christ is risen.
People The Lord is risen indeed. Alleluia.

Celebrant and People

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Children age four through fifth grade follow the Cross in procession to Children’s Chapel in Cummings Chapel. The children rejoin their families at the Peace.

In Procession, Celebration Hymnal 45 **“Crown Him with Many Crowns”**

The Collect of the Day

Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

The Celebrant continues

Almighty God, whose blessed Son our Savior Jesus Christ ascended far above all heavens that he might fill all things: Mercifully give us faith to perceive that, according to his promise, he abides with his Church on earth, even to the end of the ages; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. *Amen.*

The People are seated.

The Lesson

Acts 1:1-11

Lector A reading from the Acts of the Apostles.

In the first book, Theophilus, I wrote about all that Jesus did and taught from the beginning until the day when he was taken up to heaven, after giving instructions through the Holy Spirit to the apostles whom he had chosen. After his suffering he presented himself alive to them by many convincing proofs, appearing to them during forty days and speaking about the kingdom of God. While staying with them, he ordered them not to leave Jerusalem, but to wait there for the promise of the Father. "This," he said, "is what you have heard from me; for John baptized with water, but you will be baptized with the Holy Spirit not many days from now." So when they had come together, they asked him, "Lord, is this the time when you will restore the kingdom to Israel?" He replied, "It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth." When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up toward heaven, suddenly two men in white robes stood by them. They said, "Men of Galilee, why do you stand looking up toward heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven."

Lector The Word of the Lord.
People Thanks be to God.

A period of silence for reflection follows the reading.

The Psalm is read in unison.

Psalm 47

Clap your hands, all you peoples; *
shout to God with a cry of joy.

For the Lord Most High is to be feared; *
he is the great King over all the earth.

He subdues the peoples under us, *
and the nations under our feet.

He chooses our inheritance for us, *
the pride of Jacob whom he loves.

God has gone up with a shout, *
the Lord with the sound of the ram's-horn.

Sing praises to God, sing praises; *
sing praises to our King, sing praises.

For God is King of all the earth; *
sing praises with all your skill.

God reigns over the nations; *
God sits upon his holy throne.

The nobles of the peoples have gathered together *
with the people of the God of Abraham.

The rulers of the earth belong to God, *
and he is highly exalted.

The People stand.

Hymn A Repeating Alleluia Calvin Hampton



The Gospel Luke 24:44-53

Gospeler The Holy Gospel of our Lord Jesus Christ according to Luke.
People Glory to you, Lord Christ.

Jesus said to his disciples, "These are my words that I spoke to you while I was still with you-- that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." Then he opened their minds to understand the scriptures, and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things. And see, I am sending upon you what my Father promised; so stay here in the city until you have been clothed with power from on high." Then he led them out as far as Bethany, and, lifting up his hands, he blessed them. While he was blessing them, he withdrew from them and was carried up into heaven. And they worshiped him, and returned to Jerusalem with great joy; and they were continually in the temple blessing God.

Gospeler The Gospel of the Lord.
People Praise to you, Lord Christ.

The Repeating Alleluia is sung again after the reading of the Gospel.

The People are seated.

The Sermon Andrew Higbe and Justin McCauley

A period of silence for reflection follows the sermon.

The People stand.

The Nicene Creed

The Celebrant and People say

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People *All remain standing as able.*

Father, we pray for the church, for those who are looking for you and those who are finding you. May everyone be filled with your love and grace.
Lord, hear our prayer.

We pray for Christians around the world, especially in the Middle East, who are being oppressed or are in danger because of their faith.
Lord, hear our prayer.

We pray for this nation and its leaders. May they guide us with compassion and wisdom.
Lord, hear our prayer.

We pray for those who are in trouble and need your love, and for those who are sick and need your strength.
Lord, hear our prayer.

We pray for our moms, that you may give them the strength and patience they need to continue their great work.
Lord, hear our prayer.

We pray for those who have died. May they join the communion of saints and see you face to face.
Lord, hear our prayer.

The Celebrant and People say

Gracious and loving God, our heavenly Father, you have called us in this Diocese to a goodly community of faith. You have called us also to bring others to know and love you, baptizing them in the name of the Father and of the Son and of the Holy Spirit. Because it is only by your mercy that we can do those good things you require of us, we pray that you would give us a special measure of your grace as we seek to be obedient to your Great Commission. Assist us, O Lord, and help us as we set out to do those things you would have us to do to bring others to the knowledge and love of you. We ask this through Jesus Christ Our Lord. Amen.

The Celebrant concludes the prayers.

The Peace

The People stand.

Celebrant The peace of the Lord be always with you.
People And also with you.

The Clergy and People greet one another in the name of the Lord.

Announcements

THE HOLY COMMUNION

Representatives of the congregation bring forward the People's offerings of bread and wine, money, and other gifts.

The Offertory A mighty Fortress is our God Arr. Roger Price

A mighty Fortress is our God, a Bulwark never failing;
Our Helper He amid the flood of mortal ills prevailing.
But still our ancient foe doth seek to work us woe;
His craft and pow'r are great; and, armed with cruel hate,
On earth is not his equal.

Choirsters and congregation:

That Word above all earthly powers, no thanks to them, abideth;
The Spirit and the gifts are ours through Him who with us sideth;
Let goods and kindred go, this mortal life also;
The body they may kill: God's truth abideth still,
His kingdom is forever.

St. John's Senior Choristers

Cate Bryce Anderson, conductor

The People stand when the offerings are brought forward and placed on the Altar.

Celebration Hymnal 170 **“Give Thanks”**

The Great Thanksgiving Eucharistic Prayer II from *Enriching Our Worship I*

The People stand.

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give our thanks and praise.

The Celebrant continues

We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation. Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love. And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

The Celebrant and people sing

The Sanctus

