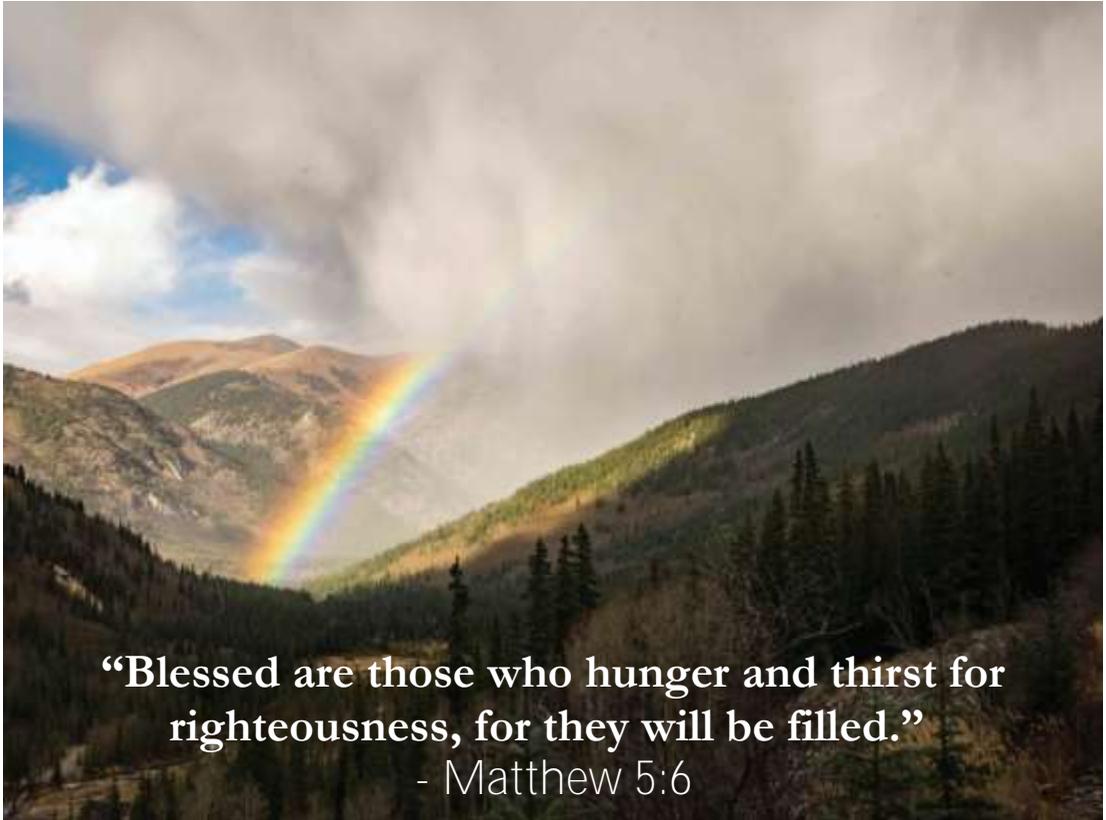


# Welcome to **St. John's Cathedral**



**“Blessed are those who hunger and thirst for  
righteousness, for they will be filled.”**

- Matthew 5:6

January 29, 2017 - 11 a.m.  
The Fourth Sunday after the Epiphany

LOVE *at the* CORE.

Welcome to St. John's Cathedral! We are so glad that you are here.

We worship God in the heart of the city. We are surrounded by the poor in an area of town that is often neglected. In his life, Jesus often ministered to the poor and needy, and we believe that by worshipping **God in the urban core, we can catch a glimpse of God's love.**

We welcome all people. Our nursery is open all morning on Sundays. We would love to get to know you better, and you can help us by filling out a visitor card located in your pew and placing it in the offering plate as it comes by, or by handing it to an usher. Please let us know if you need prayers and if you would like us to email you our online newsletter. Listening devices are always available for the hearing impaired and large-print bulletins for those who have trouble with their eyesight. Please ask an usher if you need these items or anything else. We want to help you feel at home here.

We believe that worship should be beautiful and sacred, a moment to hush the hurriedness of our lives and experience the peace of God. **I hope that you feel God's love this morning.**

Faithfully,

The Very Reverend Kate Moorehead,  
Dean

# COME TO OUR ANNUAL PARISH MEETING NEXT SUNDAY

Dear Friends,

On Sunday, February 5, we will meet for our Annual Parish Meeting as a congregation. Yes, we only have one parish-wide meeting every year. And this one meeting is *very* important.

What do we do at the Annual Parish Meeting?

- ◆ We meet after the 11 a.m. service for just about one hour.
- ◆ Lunch is served and we eat together.
- ◆ We pray for those in our cathedral community who have died this year.
- ◆ We elect our leadership.
- ◆ We hear about the state of the church.

Some of my fellow deans think that I am crazy for having actual elections at our annual meeting. Many cathedrals just present a slate of nominees chosen by a committee, but I believe in elections. It gives the power back to you, the people of the parish, to elect your leaders. Please remember that *every* person who has been nominated is excellent and I wish we could elect them all. They are faithful people courageous enough to let themselves be presented, and most of them will not be elected.

I will be talking to you about the state of our cathedral and the state of the church in this nation. We are in a time of great transition, greater even than when the printing presses were invented and the Reformation was born. Communication is rapidly altering and churches all over the country are closing or shrinking. We will talk about the health of our beautiful church and how we can ensure its future.

Please do all that you can to be present next Sunday, February 5 for this crucial meeting. May God bless you.

In Christ's love,

Kate+

*You must be a pledging member of the cathedral and present at the meeting to vote. No absentee voting is allowed!*

*The nominees for Vestry are: Forrest Andrews, John Burr, Bonnie Burton, Joe Kincart, Jim Kolster, Claude Moulton, John Sefton, Tom Serwatka, Chris Steilberg, Tom Vickery and Patricia Young-Jones. We will vote for four new vestry members only.*

*We will not vote for convention delegates at our Annual Parish Meeting this year, as we are required to vote for delegates after Diocesan Convention has concluded, which this year is being held in March. We will announce when delegates will be voted on at a later date.*

*You are invited to meet the nominees TODAY, Sunday, January 29 after the 11 a.m. service. We also have biographical information about the nominees printed in booklets, which you can find at the church entrances. They will also be available at Annual Meeting.*

# THE HOLY EUCHARIST

Voluntaries

Cornet Voluntary  
Diapason Movement  
*Nancy Barry, guest organist*

Anonymous  
George Green

Introit

Blessed are the pure in heart

H. Walford Davies

Blessed are the pure in heart, for they shall see our God; the secret of the Lord is theirs, **their soul is Christ's abode. Still in the lowly soul He doth Himself impart, and for His cradle and His throne chooseth the pure in heart.**

In Procession, Hymn 616

“Hail to the Lord's Anointed”

*Es flog ein kleins Valdvögelein*

## THE LITURGY OF THE WORD

*Celebrant*

Blessed be our God.

*People*

Forever and ever. Amen.

*Celebrant and People*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Collect of the Day

*Celebrant*

The Lord be with you.

*People*

And also with you.

*Celebrant*

Let us pray.

*The Celebrant continues*

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

*The People are seated.*

The Lesson

1 Corinthians 1:18-31

*Lector*

A Reading from the first letter of Paul to the Corinthians.

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, “I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.” Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in

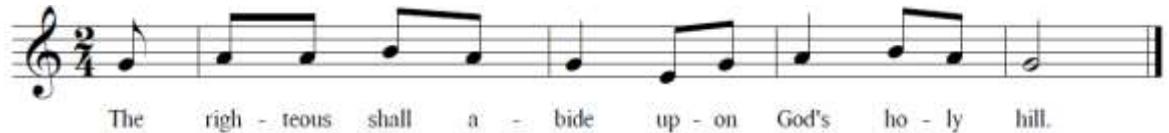
the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and **righteousness and sanctification and redemption, in order that, as it is written, “Let the one who boasts, boast in the Lord.”**

*Lector* The Word of the Lord.  
*People* Thanks be to God.

*A period of silence for reflection follows the reading.*

Psalm 15 *choir sings, then all repeat the antiphon below*

Chant: John Bertalot



Lord, who shall dwell in thy tabernacle \*  
or who shall rest upon thy holy hill?

Even he that leadeth an uncorrupt life \*  
and doeth the thing which is right, and speaketh the truth from his heart.

He that hath used no deceit in his tongue, nor done evil to his neighbour \*  
and hath not slandered his neighbour.

He that setteth not by himself, but is lowly in his own eyes \*  
and maketh much of them that fear the Lord.

He that sweareth unto his neighbour, and disappointeth him not \*  
though it were to his own hindrance.

He that hath not given his money upon usury \*  
nor taken reward against the innocent.

Whoso doeth these things \*  
shall never fall. [Antiphon]

*A period of silence for reflection follows.*

*The People stand.*

Hymn 628 “Help us, O Lord, to learn”

*St. Ethelwald*

The Gospel

Matthew 5:1-12

*Gospeler* The Holy Gospel of our Lord Jesus Christ according to Matthew.  
*People* Glory to you, Lord Christ.

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. **Then he began to speak, and taught them, saying: “Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for**

righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

*Gospeler*            The Gospel of the Lord.  
*People*                Praise to you, Lord Christ.

*The People are seated.*

The Sermon

The Very Reverend Kate Moorehead

*A period of silence for reflection follows the sermon.*

*The People stand.*

The Nicene Creed

*The Celebrant and People say*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People *All remain standing as able.*

*Lector* Almighty God, we gather in this house of prayer to give you thanks, to pray for the sick and suffering, and to ask for your light to enter the world. Let us pray together will all our hearts saying, Christ, be our light.

*Lector* For the world, that all the nations of the earth may come to honor and respect one another. We pray especially for the people of the Middle East and Europe. May we all come to know the peace of God. Let us pray together saying:

*People* *Christ, be our light.*

*Lector* For the suffering: the hungry and the sick, the refugee and the prisoner, those who grieve and those who are alone. I invite you to speak aloud the names of those in need.... Let us pray together saying:

*People* *Christ, be our light.*

*Lector* For our families, friends, and all those we love, for all those we encounter in our daily life and work, for those estranged from us, for those who hate us, and for those who feel unloved. Let us pray together saying:

*People* *Christ, be our light.*

*Lector* For the earth, that we may use its resources wisely, and be thankful for the gift of all creation. Let us pray together saying:

*People* *Christ, be our light.*

*Lector* For those who have died, both known and unknown to us. May they receive the joys of **heaven. I invite you to speak aloud the names of those who have died....** Let us pray together saying:

*People* *Christ, be our light.*

*Silence*

*The Celebrant concludes the prayers.*

## The Confession of Sin

*The People kneel. The Celebrant says*

Let us confess our sins against God and our neighbor.

*Celebrant and People*

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*The Celebrant continues*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

## The Peace

*The People stand.*

*Celebrant* The peace of the Lord be always with you.

*People* And also with you.

*The Clergy and People greet one another in the name of the Lord.*

## Welcome and Announcements

### THE HOLY COMMUNION

#### The Offertory

Surge illuminare, Jerusalem

G. P. da Palestrina

Surge, illuminare, Jerusalem, quia venit lumen tuum et gloria Domini super te orta est. Quia ecce tenebrae operient terram et caligo populous. Super te autem orietur Dominus et gloria ejus in te videbitur.

*Arise, shine forth in splendor, O Jerusalem, for thy light hath now appeared, and the glory of the Lord over thee hath arisen. For behold, the darkness shall cover the earth, and gross darkness the people: But the Lord shall arise upon thee, and his glory shall be seen upon thee.*

*-Isaiah 60: 1-2*

*As the Altar is prepared for Communion, representatives of the congregation collect the offerings of the People. The people stand when the offerings are brought forward and placed on the Altar.*

Hymn 119, St. 1 & 3

“As with gladness men of old”

*Dix*

## The Great Thanksgiving

*The People stand.*

*Celebrant* The Lord be with you.  
*People* And also with you.  
*Celebrant* Lift up your hearts.  
*People* We lift them to the Lord.  
*Celebrant* Let us give thanks to the Lord our God.  
*People* It is right to give him thanks and praise.

*The Peoples' responses are in italics.*

*The Celebrant continues*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*The Celebrant and People sing*

*Hymnal S-124*

David Hurd

Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.

*The People stand or kneel. The Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

*At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

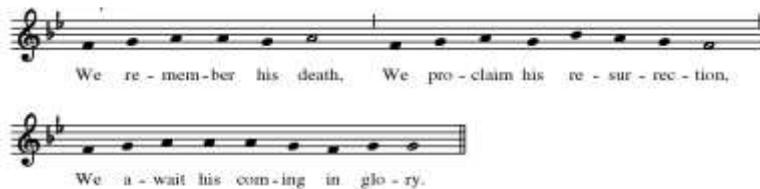
On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body,

which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O Father,

*The Celebrant and People sing*



*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

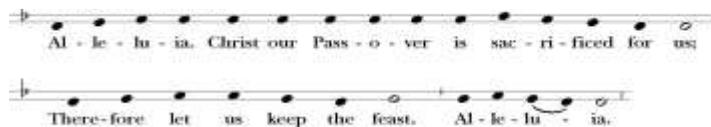
By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

### The Breaking of the Bread

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*



*The Celebrant continues*

The gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

***Please join us at God's table.***

*All baptized people are welcome to receive communion. Everyone is welcome to come to the altar for a blessing. If you would like a blessing, please fold your arms across your chest. You are also invited to receive prayers and anointing with holy oil in one of our transept chapels (Ascension to the south, and Holy Communion to the north) where anointers wait to pray with you.*

## Music at Communion

Organ	Meditation	Camille Saint-Saens
Hymn 656	“Blest are the pure in heart”	<i>Franconia</i>
Motet	O Bone Jesu	G. P. da Palestrina

O Blessed Jesus, give to us Thy mercy, Thou who hast created us, Thou hast redeemed us,  
Sanctified by Thy most precious holy blood.

## The Postcommunion Prayer

*The Celebrant says*  
Let us pray.

*The Celebrant and People say together*

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

## The Blessing

*The Celebrant blesses the people.*

In Procession, Hymn 438 “Tell out, my soul, the greatness of the Lord!” *Woodlands*

## The Dismissal

Alleluia, alleluia! Let us go forth in the name of Christ.  
*People* Thanks be to God. Alleluia, alleluia!

Voluntary Fugue in C Major Dietrich Buxtehude

+ + +

*The flowers in Cummings Chapel are given to the glory of God,  
and in loving memory of Judith Silcox, by Sharon and Geoff Weimer.*

*The flowers at the High Altar are given to the glory of God,  
in loving memory of Ben Avery, by David Avery,  
and in loving memory of Sara Jane Ashurst Ferris, by Sally Ferris.*

# SERMON NOTES

# THIS SUNDAY AT THE CATHEDRAL

SUNDAY, JAN. 29 - FAMILY PROMISE  
WEEK BEGINS

► **Holy Eucharist**

8 a.m. Cummings Chapel

► **Holy Eucharist**

9 a.m. Cathedral

► **Christian Formation for all ages**

All Christian Formation classes meet at 10 a.m.

**Children's Formation**

Pre-K to Kindergarten - Room 5, Basement

1st - 3rd grades - Room 202, 2nd floor

Tweens Formation

4th - 5th grades - Room 302, 3rd floor

Youth Formation

6th - 8th grades - Undercroft

9th - 12th grades - Room 304, 3rd floor

Adult Formation

Centering Prayer - Room 306, 3rd floor

This is a time in community to experience centering prayer as well as explore appropriate readings and reflections. All are invited.

God and Human Conflict: Living Faithfully in a Violent World - Taliaferro Hall

Today's guest speaker is **Dr. Scott Brown**, associate professor of medieval art history at UNF, and his topic will be "Faith and Free Thought in a Violent World."

The story of Jael in the book of Judges is a shocking tale of violence in the Old Testament that raises questions about the relation of faith and violence. During the Reformation, Catholic and Protestant groups used Jael to justify violence and intolerance in the name of faith, but Jael also inspired religious free thinkers during this era, who found inspiration in her for a faith that sought peace and reconciliation. This view of Jael offers an example for our own communities of faith in times of violence and conflict.

► **Holy Eucharist**

11 a.m. Cathedral

► **Vestry and Convention Delegate**

Nominee Coffee Hour

12 p.m. Taliaferro Hall

This is an opportunity for parishioners to meet our vestry and convention delegate nominees.

► **Area Ultreya**

4 p.m. St. Andrew's Church, 7801 Lone Star Rd.

► **Birthday Blessings**

Sunday, January 29

Richard Jarvis, Ed Smith

Monday, January 30

Rut Liles, Linda Crofton, Heather Puckett

Tuesday, January 31

Vicky Stedman, Holt Graves, Amy Rolph, Elizabeth Spicer

Wednesday, February 1

Shanon West, Philip Milo, Allen Thakkar

Thursday, February 2

Joannie Newton, Laurie Knight

Friday, February 3

Peter Marino, Kay Lynn Crews, Blake Bachara, Rachel Uitti

Saturday, February 4

Michalyn Palmer, Helen Jackson, Anita Dunford, Terry Hunt, Emily Kristansen, Austin Maida

## THIS WEEK AT THE CATHEDRAL

MONDAY, JAN. 30

▶ **Friends of Bill W.**  
5:30 p.m. Ingram Lounge

▶ **Boy Scouts**  
6 p.m. Taliaferro Hall

TUESDAY, JAN. 31

▶ **Holy Eucharist**  
12:10 p.m. Cummings Chapel

▶ **Yoga**  
5:45 p.m. Cummings Chapel

▶ **EFM (Education for Ministry)**  
7 p.m. Ingram Lounge

▶ **Girl Scouts**  
7 p.m. Basement “Coffee House”

WEDNESDAY, FEB. 1

▶ **Holy Eucharist**  
7 a.m. Holy Communion Chapel  
12:10 p.m. Cummings Chapel

▶ **Wonderful Wednesday Dinner**  
5 – 6 p.m. Taliaferro Hall  
Dinner cost: \$5 per adult, \$3 per child under 12

▶ **Chorister Rehearsal**  
5:30 p.m. Choir Room

▶ **Alpha**  
6 p.m. Cummings Chapel

▶ **Art Class**  
6 p.m. Painting Place, Basement  
Fr. Lou Towson and the Rev. Jean Dodd lead this fun class. No experience necessary. Basic materials are provided, though participants are encouraged to bring their own materials.

▶ **Youth Group**  
6:30 p.m. Undercroft

▶ **Choir Rehearsal**  
7:30 p.m. Choir Room

THURSDAY, FEB. 2

▶ **Shakespeare Reading Group**  
9:30 a.m. Ingram Lounge  
The group is currently reading *As You Like It*. For more information about the Shakespeare Reading Group, contact Peter McCranie at [petermccranie1@gmail.com](mailto:petermccranie1@gmail.com).

▶ **Lectionary Bible Study**  
12 p.m. Ingram Lounge

▶ **Holy Eucharist**  
12:10 p.m. Cummings Chapel

▶ **Celebration Singers Rehearsal**  
5:30 p.m. Choir Room

FRIDAY, FEB. 3

▶ **The Cathedral Bards**  
9:30 a.m. Ingram Lounge  
This group meets to have fun, in-depth discussions on poetry, examining poetic devices from the works of Mary Oliver, selected poems from master poets, and poems from members of the group. For more information about the group, contact Dick Cardell at [gen32207@yahoo.com](mailto:gen32207@yahoo.com).

▶ **Clara’s at the Cathedral**  
11 a.m. Taliaferro Hall

▶ **Contemplative Holy Eucharist**  
12:10 p.m. Cummings Chapel

## NEXT SUNDAY AT THE CATHEDRAL

SUNDAY, FEB. 5 - SCOUT SUNDAY - FAMILY PROMISE WEEK ENDS

▶ **See Sunday service times and Christian Formation offerings on page 12 of the bulletin.**

▶ **Annual Parish Meeting**

12 p.m. Taliaferro Hall

Join us as we vote for new vestry members, recap the previous year and look forward to events in the coming year. A pizza and salad lunch will be provided.

▶ **What is Scout Sunday?**

Scout units, like our own Troop 906, and other religious-based chartered organizations share a special bond that lasts all year. But on certain days each year — namely Scout Sunday and Scout Sabbath — we set aside time to celebrate a partnership that benefits all parties involved: the religious institution, Scouts, Scouters and the communities they serve.

On these important days, which are timed to fall near the February 8 anniversary of the Boy Scouts of America, Scouts give back in visible and meaningful ways. Troop 906 (formerly Troop 4) is participating in all services today and has hosted several coffee hours on Sundays. Troop 906 is truly blessed to have St. John's Cathedral and its community as our Charter Partner.

## ANNOUNCEMENTS

▶ **Looking for a devotional?**

We encourage you to take and use the Forward Day by Day devotionals, located at the back of the church or at the church office, as part of your daily spiritual practice. You can also take copies for your friends as well!

▶ **Bookstore Special**

Come visit our bookstore next to the lobby area before and after Sunday services. All Christmas books, cards and gifts are 50% off!

## UPCOMING EVENTS

MONDAY, FEB. 6

► **Feed the Homeless**

2 p.m. Sulzbacher Center

Dinner preparation begins at 2 p.m. and is served at 6 p.m. Please call Don Wucker at 398-4776 for more information.

► **Men's Grill 'n Chill**

6 p.m. Taliaferro Hall

All men of the cathedral are cordially invited to this fellowship dinner on the first Monday of each month. Bring your own steak (or chicken, or fish or veggie burger) to cook and a drink. A starch, vegetable, salad and bread will be provided. We suggest a donation of \$3. Men, please consider bringing your sons with you, regardless of age. This is a monthly opportunity for all the men of the cathedral to gather, so please join us!

SATURDAY, FEB. 11

► **Quiet Garden Morning** - Labyrinth: A Sacred Walk

9:30 a.m. Ingram Lounge

Presenter Rev. Leah Hudson is an ordained InterFaith Minister from OneSpirit InterFaith Seminary in New York. Leah is founder of Omnisara Labyrinth and gardens in Jacksonville Beach, and is a Veriditas-trained labyrinth facilitator in the use of the labyrinth as a spiritual practice.

Walking the labyrinth is an ancient practice of “circling the center.” The rediscovery of this self-alignment tool gives us another way to grow spiritually, to clear the mind and gain insight, and to calm us in this fast paced world. Join us to learn about the labyrinth and experience taking this sacred walk on our canvas labyrinth. Please wear or bring socks for the labyrinth walk. There will also be hand held labyrinths for anyone with mobility issues.



Pledge envelopes for 2017 are now available,  
so please remember to pick yours up in the cloister!

## ST. JOHN'S CATHEDRAL

256 East Church Street  
Jacksonville, Florida 32202  
(904) 356-5507 - [www.jaxcathedral.org](http://www.jaxcathedral.org)  
Office Hours: Monday-Thursday 8 a.m. - 4 p.m.  
and Friday 8 a.m. - 3 p.m.

You can now watch our 11 a.m. service live on our website!  
Just click the Live Broadcast link on the homepage.

Forgot your checkbook or cash? Text the dollar amount of your gift to  
904-584-3116. (Example: \$20)