

# Welcome to **St. John's Cathedral**



*“Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls.”  
- Matthew 11:29*

July 9, 2017 - 10:30 a.m.  
The Fifth Sunday after Pentecost

LOVE *at the* CORE.

Welcome to St. John's Cathedral! We are so glad that you are here.

St. John's Cathedral has always stood on this very spot, Billy Goat Hill, the highest geographical point in Jacksonville. When the population began moving out of the downtown area in the 1960's, this congregation felt strongly that God was calling us to stay here in the heart of the city. Since that time, the Cathedral has birthed all kinds of ministries, caring for the homeless, for children and the elderly, and working to promote the arts, education and healthcare. We are now striving to create a vibrant neighborhood around Billy Goat Hill, a place where diverse peoples of many income levels can live and grow together. We believe that by **worshipping and serving God in the urban core, we can catch a glimpse of God's love.**

We welcome all people. Our nursery is open all morning on Sundays. We would love to get to know you better, and you can help us by filling out a visitor card located in your pew and placing it in the offering plate as it comes by, or by handing it to an usher. Please let us know if you need prayers and if you would like us to email you our online newsletter. Listening devices are always available for the hearing impaired and large-print bulletins for those who have trouble with their eyesight. Please ask an usher if you need these items or anything else. We want to help you feel at home here.

We believe that worship should be beautiful and sacred, a moment to hush the hurriedness of our lives and experience the peace of God. I hope that you feel **God's love this morning.**

Faithfully,

The Very Reverend Kate Moorehead,  
Dean

## SAYING “YES” TO GOD

Dear Friends,

Good morning! If you are reading this in the sanctuary this Sunday, thank you for being here. You made a decision this morning to **come to church. You said “yes” to God and it means a lot to me** and to a lot of other people, including those members of the congregation with you in the pews as well as the worship leaders and assistants in their various roles.

Being here several months now and recently joining staff, I know more about cathedral life from behind the scenes, and I can tell you that a great deal of effort by a full complement of people goes into making this worship experience not only welcoming and hospitable, but restorative, edifying, and even healing.

It means a lot that you are here whether it is your regular practice to worship in church **or if you even decided to come today for the first time in a long time.** Your “yes” to God helps affirm the yeses of those around you, the company of faithful people visibly in worship here with us, and also around the world. To simply *show up* is a very holy thing.

**In saying yes to God here, you also say “no” to your cell phone, your tablet, and other electronic devices for the time being.** You decide to stop the noise of the world in your life in order to enjoy a conversation both beyond yourself and within you, with the Holy Spirit indwelling and uniting the whole body of faithful believers and filling you with spiritual nourishment. This is a very good thing, a healthy “no” to complement your faithful “yes” to God.

Take a moment and look around at those near you and take account of the yeses they represent. Be glad for the decision they and you make to get here in this time and place.

**The “work of the people,” the liturgy of worship, is before us. Put your whole self into the hymns, the prayers, the silence, and the listening.**

You are here. Thank God! Be joyfully grateful today and in the days ahead until we meet again by God’s grace. God bless you.

Faithfully yours,

Allen+

*The Reverend Allen LaMontagne, Associate Priest for Youth Ministry*



# THE HOLY EUCHARIST

*A joyous and warm welcome to our visitors and guests. Please know how happy our Cathedral community is to have you worship with us. We'd love to know our guests, so please fill out a visitor card and drop it in the offering plate as it comes by.*

Voluntary Sonata in C Minor Alexander Guilmant  
*II. Adagio*

Introit Blessed are the pure in heart H. Walford Davies

Blessed are the pure in heart, for they shall see our God; the secret of the Lord is theirs,  
**their soul is Christ's abode. Still in the lowly soul He doth Himself impart, and for His**  
cradle and His throne chooseth the pure in heart.

In Procession, Hymn 390 "Praise to the Lord, the Almighty" *Lobe den Herren*

*Children age four through fifth grade follow the Cross in procession to Children's Chapel in Cummings Chapel. The children rejoin their families at the Peace.*

## THE LITURGY OF THE WORD

*Celebrant* Blessed be our God.  
*People* Forever and ever. Amen.

*Celebrant and People*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:  
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly  
love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Hymn 9 "Not here for high and holy things" (*Stanzas 4-6*) *Morning Song*

The Collect of the Day

*Celebrant* The Lord be with you.  
*People* And also with you.  
*Celebrant* Let us pray.

*The Celebrant continues*

O God, you have taught us to keep all your commandments by loving you and our neighbor:  
Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart,  
and united to one another with pure affection; through Jesus Christ our Lord, who lives and  
reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

*The People are seated.*

The Lesson Romans 7:15-25a

*Lector* A reading from the letter of Paul to the Romans.

I do not understand my own actions. For I do not do what I want, but I do the very thing I  
hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I  
that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is,  
in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the  
evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but  
sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies

close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

*Lector* The Word of the Lord.

*People* Thanks be to God.

*A period of silence for reflection follows the reading.*

*The Psalm is read in unison.*

Psalm 145:8-15

The Lord is gracious and full of compassion, \*  
slow to anger and of great kindness.

The Lord is loving to everyone \*  
and his compassion is over all his works.

All your works praise you, O Lord, \*  
and your faithful servants bless you.

They make known the glory of your kingdom \*  
and speak of your power;

That the peoples may know of your power \*  
and the glorious splendor of your kingdom.

Your kingdom is an everlasting kingdom; \*  
your dominion endures throughout all ages.

The Lord is faithful in all his words \*  
and merciful in all his deeds.

The Lord upholds all those who fall; \*  
he lifts up those who are bowed down.

*A period of silence for reflection follows.*

*The People stand.*

Hymn 660

“O Master let me walk with thee”

*Maryton*

The Gospel

Matthew 11:16-19, 25-30

*Gospeler* The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People* Glory to you, Lord Christ.

Jesus said to the crowd, “To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, ‘We played the flute for you, and you did not dance; we wailed, and you did not mourn.’ For John came neither eating nor drinking, and they say, ‘He has a demon’; the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.” At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these

things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

*Gospeler  
People*

The Gospel of the Lord.  
Praise to you, Lord Christ.

*The People are seated.*

The Sermon

The Reverend Canon David Erickson

*A period of silence for reflection follows the sermon.*

*The People stand.*

The Nicene Creed

*The Celebrant and People say*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

*All remain standing as able. The Leader and People pray responsively.*

We bring to you, God, the people who we have met this week, the people who come into our minds today, the people who are hungry, lonely, suffering, or grieving. We pray for all who remain on our hearts.

Lord, in your mercy,  
*Hear our prayer.*

We bring to you, O God, our troubled world. Bring peace to those countries who are at war, fearful under the threat of terrorism, or cut down by hunger and poverty. Bring peace to our own nation and to the streets of Jacksonville.

Lord, in your mercy,  
*Hear our prayer.*

We bring to you, O God, the souls of those who have died. We ask that you would embrace them and give them the gift of eternal life.

Lord, in your mercy,  
*Hear our prayer.*

We bring to you, O God, this beautiful planet. May we learn to honor and preserve its beauty and to give thanks for its resources.

Lord, in your mercy,  
*Hear our prayer.*

We bring to you, O God, the many gifts that you have given us. We thank you for the gifts of friendship, family and for this Cathedral, our church home.

Lord, in your mercy,  
*Hear our prayer.*

*The Celebrant concludes the prayers.*

## The Confession of Sin

*The People kneel. The Celebrant says*

Let us confess our sins against God and our neighbor.

*Celebrant and People*

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*The Celebrant continues*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
*Amen.*

## The Peace

*The People stand.*

*Celebrant* The peace of the Lord be always with you.  
*People* And also with you.

*The Clergy and People greet each other in the name of the Lord.*

## Welcome and Announcements

THE HOLY COMMUNION

The Offertory

O for a closer walk with God

Charles Villiers Stanford

O for a closer walk with God, a calm and heav'nly frame;  
a light to shine upon the road that leads me to the Lamb.  
Return, O holy Dove, return! Sweet messenger of rest;  
I hate the sins that made thee mourn, and drove thee from my breast.  
So shall my walk be close with God, calm and serene my frame;  
so purer light shall mark the road that leads me to the Lamb.

*As the Altar is prepared for Communion, representatives of the congregation collect the offerings of the People. The people stand when the offerings are brought forward and placed on the Altar.*

Hymn 487

“Come, my Way, my Truth, my Life”

*The Call*

The Great Thanksgiving

Eucharist Prayer A, BCP Page 361

*Celebrant* The Lord be with you.  
*People* And also with you.  
*Celebrant* Lift up your hearts.  
*People* We lift them to the Lord.  
*Celebrant* Let us give thanks to the Lord our God.  
*People* It is right to give him thanks and praise.

*The Celebrant continues*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord. In fulfillment of his true promise, the Holy Spirit came down from heaven, lighting upon the disciples, to teach them and to lead them into all truth; uniting peoples of many tongues in the confession of one faith, and giving to your Church the power to serve you as a royal priesthood, and to preach the Gospel to all nations.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*The Celebrant and People sing*

Sanctus

Hymnal S-124

David Hurd

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord, Ho - san - na in the high - est.



*The People stand or kneel.*

*The Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

*At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

*The Celebrant and People sing*



*The Celebrant continues.*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

*The Celebrant and People say together*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The image shows a musical score for the hymn 'The Breaking of the Bread'. It consists of four staves of music in G major, 4/4 time. The lyrics are: 'My flesh is food in - deed, and my blood is drink in - deed, says the Lord. My Lord. These who eat my flesh and drink my blood dwell in me and I in them. My flesh is food in - deed, and my blood is drink in - deed, says the Lord.' The score includes dynamic markings such as *mf* and *f*, and articulation like accents and slurs.

*The Celebrant continues*

The gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

***Please join us at God's table.***

*All baptized people are welcome to receive communion. Everyone is welcome to come to the altar for a blessing. If you would like a blessing, please fold your arms across your chest. You are also invited to receive prayers and anointing with holy oil in one of our transept chapels (Ascension to the south, and Holy Communion to the north) where anointers wait to pray with you.*

## Music at Communion

Organ	Prelude on <i>Brother James' Air</i>	Dale Wood
Hymn 531	"O Spirit of the living God"	Melcombe
Motet	Lord, I trust thee	G. F. Handel

Lord, I trust thee, I adore thee. Ah! thou friend of man, restore me!

On thy loving grace relying, for the bread of life I'm sighing.

Quench my thirst and let my hunger cease, fill my heart with joy and endless peace.

When the breath of life has left me, may my soul be blended with thee.

## The Postcommunion Prayer

*After Communion the Celebrant says*

Let us pray.

*Celebrant and People*

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

*The Celebrant blesses the people.*

In Procession, Hymn 657      “Love divine, all loves excelling”

*Hyfrydol*

The Dismissal

Alleluia, alleluia! Let us go forth in the name of Christ.

*People*

Thanks be to God. Alleluia, alleluia!

Voluntary

Prelude on *Hyfrydol*

Healey Willan

+ + +

*The flowers in Cummings Chapel and at the High Altar are given to the glory of God.*

## SERMON NOTES

## THIS SUNDAY AT THE CATHEDRAL

SUNDAY, JUL. 9

▶ **Holy Eucharist**

8 a.m. Cathedral

▶ **Summer Breakfast**

9 a.m. Taliaferro Hall

During summer breakfasts, we encourage you to relax and enjoy getting to know one another. A special table in Taliaferro Hall will be designated for those who simply want to talk with others about faith and theology. There will also be a Craft Corner during the breakfast hour in Taliaferro Hall for children of all ages to enjoy.

▶ **Church on the Mat**

9:15 a.m. Cummings Chapel

Using the principles of yoga, professional teachers will lead a gentle class integrating body, mind and spirit with the reading of Scripture. Bring your yoga mat!

▶ **Care for Creation**

9:15 a.m. Ingram Lounge

Interested in learning about what you can do to care for the environment? This group seeks to promote good environmental practices in a Christian framework, and will begin discussion by reading Pope Francis' encyclical letter, *On Care for Our Common Home*. Copies are available at our bookstore for \$15.

▶ **Holy Eucharist**

10:30 a.m. Cathedral

Children's Chapel will be offered during this service in Cummings Chapel.

## NEXT SUNDAY AT THE CATHEDRAL

SUNDAY, JUL. 16

▶ **See Sunday service times and Christian Formation offerings above.**

# THIS WEEK AT THE CATHEDRAL

MONDAY, JUL. 10

► **Friends of Bill W.**  
5:30 p.m. Ingram Lounge

► **Boy Scouts**  
6 p.m. Taliaferro Hall

TUESDAY, JUL. 11

► **Holy Eucharist**  
12:10 p.m. Cummings Chapel

► **Yoga**  
5:45 p.m. Cummings Chapel

► **Girl Scouts**  
7 p.m. Basement “Coffee House”

WEDNESDAY, JUL. 12

► **Holy Eucharist**  
7 a.m. Holy Communion Chapel  
12:10 p.m. Cummings Chapel

► **Faith and Film series**  
6 p.m. Taliaferro Hall  
Every Wednesday in July, join us as we explore issues of faith in film! Bring your own snacks. Child care will be provided. Discussion after the movie will be led by clergy and lay leaders. This Wednesday’s movie will be *Saved!*

► **Art Class**  
6 p.m. Painting Place, Basement

THURSDAY, JUL. 13

► **Holy Eucharist**  
12:10 p.m. Cummings Chapel

► **Celebration Singers Rehearsal**  
5:30 p.m. Choir Room

FRIDAY, JUL. 14

► **Clara’s at the Cathedral**  
11 a.m. Taliaferro Hall

► **Contemplative Holy Eucharist**  
12:10 p.m. Cummings Chapel

► **Birthday Blessings**

Sunday, July 9  
Edward Bayne

Monday, July 10  
Anne McCranie, Erin Cumiskey, Amelia Still

Tuesday, July 11  
Charlene Lewis, Nancy Keyser, Kylee Cole

Wednesday, July 12  
Hallie Brown, George Masters, James Murray,  
Jim Cox

Thursday, July 13  
David Busse, Gary Lockwood, Linda Jackson

Friday, July 14  
Margaret Brundick, Chris Spicer, Bridget Hart,  
Hollin Hakimian, Kyran Purcell,  
Victoria Vormack

Saturday, July 15  
Judy Martin, Donna Walker Bell, Ruby Fouraker

# ANNOUNCEMENTS

## ► **Showcase your ministry by hosting a summer breakfast!**

On Sunday mornings during the summer from 9 a.m. to 10:30 a.m. in Taliaferro Hall, summer breakfasts last through August 20. Gather your ministry group and host a fun themed summer breakfast or coffee hour where you can discuss how your group serves Christ. Hand out information and connect with others looking for ways to serve. What ideas do you have? Contact Carl Worrell (632-9104 x 108 or [cworrell@jaxcathedral.org](mailto:cworrell@jaxcathedral.org)) to sign up or for more information.

## ► **Calling all brass players!**

Members of our Cathedral community are interested in starting our own volunteer brass group to play at informal events. If you play a brass instrument, and would like to learn more about joining this group, please contact Tim Tuller at [ttuller@jaxcathedral.org](mailto:ttuller@jaxcathedral.org) or Bill McNeiland at [w.mcneiland@comcast.net](mailto:w.mcneiland@comcast.net).

## ► **Sacred Vestments, Sacred Vessels Exhibition**

On Sunday, June 11, St. John's Cathedral debuted an exhibition of liturgical vestments and vessels in Taliaferro Hall. The exhibition will run through Sunday, September 17.

The exhibition includes five chasubles (garments worn by a priest in the liturgy) in the five liturgical colors of white, red, blue, purple and green, as well as the garment worn under the chasuble and the cincture which is worn around the priest's waist. A vestment called a cope is also included. Explanatory texts concerning the history and meaning of the vestments are available at the exhibition. Sacred vessels used in the liturgy are also a focus of the exhibition. Articles include chalices, patens, linens and other objects. In presenting these sacred and beautiful garments and vessels, St. John's wants to help the members of the congregation and the wider public better understand the use and symbolic meaning of these sacred vestments and vessels.

The exhibition is the combined effort of many individuals and groups at St. John's Cathedral. We encourage you to join us for a reception opening during the exhibition's run. We will announce that date later.

## ► **Going away for the summer? Don't forget us!**

As our population dips over the summer, so do our Sunday collections. Our expenses remain the same though, regardless of attendance. So, as you set out for your vacations and temporary relocations, consider setting up your pledge to be automatically withdrawn from your credit card or bank account. It's quick and easy to set up online at our website: [www.jaxcathedral.org](http://www.jaxcathedral.org). Just hover over the "Give" tab and select "Donate to St. John's." And you can even text your contribution to us wherever you may be in the world! Contact our bursar, Meredith Cataland at [mcataland@jaxcathedral.org](mailto:mcataland@jaxcathedral.org), or 356-5507 ext. 116 for assistance.

## ► **Donate to our flower fund for altar flowers**

If you would like to donate altar flowers in loving memory of or in thanksgiving for a loved one, you can donate online! Go to [www.jaxcathedral.org](http://www.jaxcathedral.org), hover over the "Give" tab at the top of the page, then scroll down and click "Donate altar flowers," and you can fill out our flower donation form with your preferences. Thank you so much for your generous donations!



## ST. JOHN'S CATHEDRAL

256 East Church Street  
Jacksonville, Florida 32202  
(904) 356-5507 - [www.jaxcathedral.org](http://www.jaxcathedral.org)  
Office Hours: Monday-Thursday 8 a.m. - 4 p.m.  
and Friday 8 a.m. - 3 p.m.

You can now watch our 10:30 a.m. service live on our website!  
Just click the Live Broadcast link on the homepage.

Forgot your checkbook or cash? Text the dollar amount of your gift to  
904-584-3116. (Example: \$20)