

# Welcome to **St. John's Cathedral**



January 28, 2018 - 8 a.m.  
The Fourth Sunday after the Epiphany

LOVE *at the* CORE.

Welcome to St. John's Cathedral! We are so glad that you are here.

We worship God in the heart of the city. We are surrounded by the poor in an area of town that is often neglected. In his life, Jesus often ministered to the poor and needy, and we believe that by worshipping **God in the urban core, we can catch a glimpse of God's love.**

We welcome all people. Our nursery is open all morning on Sundays. We would love to get to know you better, and you can help us by filling out a visitor card located in your pew and placing it in the offering plate as it comes by, or by handing it to an usher. Please let us know if you need prayers and if you would like us to email you our online newsletter. Listening devices are always available for the hearing impaired and large-print bulletins for those who have trouble with their eyesight. Please ask an usher if you need these items or anything else. We want to help you feel at home here.

We believe that worship should be beautiful and sacred, a moment to hush the hurriedness of our lives and experience the peace of God. I **hope that you feel God's love this morning.**

Faithfully,

The Very Reverend Kate Moorehead,  
Dean

## BE A PART OF ST. JOHN'S FUTURE

In 1834, a group of faithful parishioners established their legacy by organizing St. John's parish and later erecting a church. More 150 years later, St. John's Cathedral remains a beacon of God's Grace in the center of Jacksonville. Those early parishioners didn't have any idea what the **future would look like or couldn't have imagined** this beautiful Cathedral and faithful congregation.



Now it's our turn to plan for a future that we can't fully imagine. What will St. John's look like in the next 50 or 100 years? We don't know the answer, but we can help plan for it—through legacy gifts. You can do this today by including the Cathedral in your will, a revocable trust, or a retirement or life insurance plan. Planned gifts of any amount qualify you to become a member of St. John's Legacy Society. All gifts are welcome and they help provide assurance that the life and ministry of the Cathedral will continue for generations to come.

Plus, creating your legacy is a powerful statement about what you value. In our recent pledge season, several parishioners expressed their commitment to join St. John's Society by checking the box on their pledge cards. To those, we say thank you, and we look forward to talking with you.

For our current members and friends of St. John's, we invite you to join many of your fellow parishioners by making St. John's Cathedral a part of your estate plan. If you want to know more, please contact me at the Cathedral.

In April, we will welcome new members to St. John's Legacy Society during a special event, and we hope you will be among those who are helping ensure St. John's future!

Faithfully,

Gloria Miller,  
Director of Program Development

# THE HOLY EUCHARIST

*A joyous and warm welcome to our visitors and guests. Please know how happy our Cathedral community is to have you worship with us. We'd love to know our guests, so please fill out a visitor card and drop it in the offering plate as it comes by. Thank you for silencing your cell phone.*

In Procession, Hymn 537

“Christ, for the world we sing”

*Moscow*

## THE LITURGY OF THE WORD

*Celebrant* Blessed be our God.  
*People* For ever and ever. Amen.

*Celebrant and People*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

### The Collect of the Day

*Celebrant* The Lord be with you.  
*People* And also with you.  
*Celebrant* Let us pray.

*The Celebrant continues*

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

*The People are seated.*

### The Lesson

Deuteronomy 18:15-20

*Lector* A Reading from the Book of Deuteronomy.

Moses said: The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: “If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die.” Then the Lord replied to me: “They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

*Lector* The Word of the Lord.  
*People* Thanks be to God.

*A period of silence for reflection follows the reading.*

*The Psalm is read in unison.*

### Psalm 111

Hallelujah! I will give thanks to the Lord with my whole heart, \*  
in the assembly of the upright, in the congregation.

Great are the deeds of the Lord! \*  
they are studied by all who delight in them.

His work is full of majesty and splendor, \*  
and his righteousness endures for ever.

He makes his marvelous works to be remembered; \*  
the Lord is gracious and full of compassion.

He gives food to those who fear him; \*  
he is ever mindful of his covenant.

He has shown his people the power of his works \*  
in giving them the lands of the nations.

The works of his hands are faithfulness and justice; \*  
all his commandments are sure.

They stand fast for ever and ever, \*  
because they are done in truth and equity.

He sent redemption to his people; he commanded his covenant for ever; \*  
holy and awesome is his Name.

The fear of the Lord is the beginning of wisdom; \*  
those who act accordingly have a good understanding; his praise endures for ever.

*A period of silence for reflection follows the reading.*

*The People stand.*

## The Gospel

Mark 1:21-28

*Gospeler* The Holy Gospel of our Lord Jesus Christ according to Mark.  
*People* Glory to you, Lord Christ.

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

*Gospeler* The Gospel of the Lord.  
*People* Praise to you, Lord Christ.

*The People are seated.*

## The Sermon

The Reverend Canon Allen LaMontagne

*A period of silence for reflection follows the sermon.*

*The People stand.*

## The Nicene Creed

*The Celebrant and People say*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People *All remain standing as able.*

*Lector* Almighty God, we gather in this house of prayer to give you thanks, to pray for the sick and suffering, and to ask for your light to enter the world. Let us pray together with all our hearts saying, Christ, be our light.

*Lector* For the world, that all the nations of the earth may come to honor and respect one another. We pray especially for the people of the Middle East. May we all come to know the peace of God. Let us pray together saying:

*People* *Christ, be our light.*

*Lector* For the suffering: the hungry and the sick, the refugee and the prisoner, those who grieve **and those who are alone. I invite you to speak aloud the names of those in need.... Let us pray together saying:**

*People* *Christ, be our light.*

*Lector* For our families, friends, and all those we love, for all those we encounter in our daily life and work, for those estranged from us, for those who hate us, and for those who feel unloved. Let us pray together saying:

*People* *Christ, be our light.*

*Lector* For the earth, that we may use its resources wisely, and be thankful for the gift of all creation. Let us pray together saying:

*People* *Christ, be our light.*

*Lector* For those who have died, both known and unknown to us. May they receive the joys of **heaven. I invite you to speak aloud the names of those who have died.... Let us pray together saying:**

*People* *Christ, be our light.*

*Silence*

*The Celebrant concludes the prayers.*

## The Confession of Sin

*The People kneel. The Celebrant says*

Let us confess our sins against God and our neighbor.

*Celebrant and People*

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*The Celebrant continues*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
*Amen.*

## The Peace

*The People stand.*

*Celebrant* The peace of Christ be always with you.  
*People* And also with you.

*The Clergy and People greet one another in the name of the Lord.*

## Welcome and Announcements

### THE HOLY COMMUNION

*Representatives of the congregation bring forward the People's offerings of money, and other gifts. The People stand when the offerings are brought forward and placed on the Altar. You may also text the dollar amount of your gift to 904-584-3116.*

Hymn 380, stanza 3      **“Praise God, from whom all blessings flow”**

*Old 100th*

## The Great Thanksgiving

*The People stand.*

*Celebrant* The Lord be with you.  
*People* And also with you.  
*Celebrant* Lift up your hearts.  
*People* We lift them to the Lord.  
*Celebrant* Let us give thanks to the Lord our God.  
*People* It is right to give him thanks and praise.

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*The Celebrant and People say*

Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

*The People stand or kneel. The Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

*At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O Father,

*The Celebrant and People say*

We remember his death,

We proclaim his resurrection,

We await his coming in glory;

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*



And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

### The Breaking of the Bread

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

*Celebrant* Alleluia. Christ our Passover is sacrificed for us.

*People* Therefore let us keep the feast. Alleluia.

*The Celebrant continues*

The Gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

### ***Please join us at God's table.***

*All baptized people are welcome to receive communion. Everyone is welcome to come to the altar for a blessing. If you would like a blessing, please fold your arms across your chest.*

### The Postcommunion Prayer

*The Celebrant says*

Let us pray.

*The Celebrant and People say together*

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

### The Blessing

*The Celebrant blesses the people.*

In Procession, Hymn 438 “Tell out, my soul, the greatness of the Lord”

*Woodlands*

### The Dismissal

*People* Alleluia, alleluia! Let us go forth in the name of Christ.

Thanks be to God. Alleluia, alleluia!

+ + +

*The flowers at the High Altar are given to the glory of God and in loving memory of Ben Avery  
by his son David Avery.*

*The flowers in Cummings Chapel are given to the Glory of God, in loving memory of Judith Silcox and in  
thanksgiving for Sharon and Geoff Weimer.*

# THIS SUNDAY AT THE CATHEDRAL

SUNDAY, JAN. 28

► **Holy Eucharist**

8 a.m. Cummings Chapel

► **Holy Eucharist**

9 a.m. Cathedral

► **Church on the Mat**

10 a.m. Cummings Chapel

Using the principles of yoga, professional teachers will lead a gentle class integrating body, mind and spirit with the reading of Scripture. Bring your yoga mat!

► **Christian Formation for all ages**

All Christian Formation classes meet at 10 a.m.

Adult Formation

Discipleship Group - Room 301, The Dooly Library

The Cathedral 101 class now meets as a discipleship group. Come take the journey with us.

Dean's Forum - Tallaferra Hall

Epiphany Series - How do we shine the light of Christ in the midst of controversy and tension?

The Rev. **Gregg Kaufmann** moderates a discussion with **Ginny Myrick**: "A Cathedral on a Hill

Cannot Be Hid." Ginny will share what is happening in the efforts to enliven Jacksonville's

Cathedral District as reported in the Fall 2017 issue of the Time-Union's J Magazine.

Parents' Group - Ingram Lounge

Parents offer each other prayer and support. We are discussing the book *The Love Dare for Parents*, by Stephen and Alex Kendrick.

Coffee & Conversation - Room 305

Informal class to learn the English language.

Youth Formation

6th - 8th grades - Undercroft

9th - 12th grades - Room 304

**Children's Formation**

Godly Play - Cathedral House

Children ages 3 through 3rd grade are invited to learn about Jesus in an interactive Montessori-based curriculum.

3 and 4 year olds - Room 103

Kindergarten and 1st Grade - Room 104

Second and Third Grade - Room 202

Tweens (Grades 4 and 5) - Room 302

► **Holy Eucharist**

11 a.m. Cathedral

► **Required Training for All Sacristans**

12:30 - 2:30 p.m. Lunch in Ingram, Training in the Sanctuary

Calling all Acolytes, Eucharistic Ministers, Crucifers, Gospel Bearers, Anointers and Lectors—the Vergers are holding a training session for all current sacristans and anyone who is interested in serving as a sacristan. The day will begin with lunch in Ingram Lounge followed by training in the

Sanctuary. During this time, you will be certified in proficiency in one or all of these special ministries (the ministry/ministries you choose is your choice). Completion of training is required to continue to serve at the altar. You will also have the opportunity to update your schedule and profile.

► **Meet & Greet Vestry and Convention Delegate Nominees Coffee Hours**

After each service, please stay to meet your candidates while having coffee. This is the only opportunity you'll have to meet our vestry and convention delegate nominees prior to voting at our Annual Meeting, Sunday, February 4. Booklets with a Q&A and photo for each nominee are in the narthex. Pick one up today.

NEXT SUNDAY AT THE CATHEDRAL

SUNDAY, FEB. 4

► **Sunday service times and Christian Formation offerings remain the same.**



Join us as we vote for new vestry members and delegates for convention, recap the previous year and look forward to events in the coming year. You must be a pledging member of the cathedral and present at the meeting to vote. No absentee voting is allowed!

The nominees for Vestry are: Bruce Barcelo, Beth Briand, Tom Burrell, Martha Cox, Buzz Dozier, Chris Haley and Joe Kincart.

The nominees for convention delegates are: John Burr, John Caulfield, Colleen Haley, Laura Lane and Nicole Lashley.

## ANNOUNCEMENTS & UPCOMING EVENTS

MONDAY, APR. 3

▶ **Feed the Homeless**

2 p.m. Sulzbacher Center

Dinner preparation begins at 2 p.m. and is served at 6 p.m. Please call Don Wucker at 398-4776 for more information.

▶ **Men's Grill 'n Chill**

6 p.m. Taliaferro Hall

All men of the cathedral are cordially invited to this fellowship dinner on the first Monday of each month. Bring your own steak (or chicken, or fish or veggie burger) to cook and a drink. A starch, vegetable, salad and bread will be provided. We suggest a donation of \$3. Men, please consider bringing your sons with you, regardless of age. This is a monthly opportunity for all the men of the cathedral to gather, so please join us!

SATURDAY, FEB. 10

▶ **Memorial Service for Dr. J. Brooks Brown**

11 a.m. Cathedral

All are invited. Reception to follow in Taliaferro Hall.

SAVE THE DATES: SATURDAY, MARCH 17 AND SUNDAY, MARCH 18, 2018

▶ Preserve and Proclaim Honoring The Right Reverend Frank Cerveny Speaker Series is bringing **Jan Karon**, the New York Times bestselling author of the Mitford novels, to St. John's Cathedral! More information to come.

▶ **The Sanctuary Guild needs volunteers!**

This dedicated group of men and women makes worship happen for the rest of us by setting the altar, arranging flowers, caring for the beautiful hardware and linens and so much more! If a quiet ministry in the middle of everything appeals to you, this may be your ministry. Please contact Faye Wisner [fwisner@comcast.net](mailto:fwisner@comcast.net) to learn more.

▶ **Godly Play is looking for a new teacher**, contact Terry Hunt [thunt@jaxcathedral.org](mailto:thunt@jaxcathedral.org) for more information.

▶ **Pledge envelopes for 2018** are now available. Please remember to pick yours up in the narthex.

▶ *Healed: How Mary Magdalene Was Made Well*, by Kate Moorehead

Dean Kate's latest book is now available in the bookstore! The Bible does say that Mary was possessed by demons, and that Jesus healed her. Today, we would call Mary's problem not possession but a mental health condition. Commenting about her book, Dean Kate says, "It is my hope and prayer that by telling the truth of her story, Mary Magdalene might take her rightful place as the guide for those of us who struggle with mental health issues (and if we are truly honest, that means each and every one of us)."

▶ **Stay informed. Sign up for the Eagle.** If you are not already receiving our digital newsletter, the Eagle, please go to the website ([jaxcathedral.org](http://jaxcathedral.org)) and sign up! Look for the slide at the top of the page that says "Newsletter Sign Up," click Learn more, and the sign up page will open.

## THIS WEEK AT THE CATHEDRAL

MONDAY, JAN. 29

▶ **Friends of Bill W.**

5:30 p.m. Ingram Lounge

▶ **Boy Scouts**

7 p.m. Rooms 302-303

TUESDAY, JAN. 30

▶ **Holy Eucharist**

12:10 p.m. Cummings Chapel

▶ **Yoga**

5:45 p.m. Cummings Chapel

▶ **EFM (Education for Ministry)**

7 p.m. Ingram Lounge

WEDNESDAY, JAN. 31

▶ **Holy Eucharist**

7 a.m. Holy Communion Chapel

12:10 p.m. Cummings Chapel

▶ **Wonderful Wednesday Dinner**

5 p.m. Taliaferro Hall

Suggested donation for dinner: \$5 per adult,  
\$3 per child under 12

Nursery available 5:30- 8 p.m. Basement

▶ **Junior Chorister Rehearsal (Pre-K and  
Elementary School Ages)**

5:30 p.m. Room 201

▶ **Basic Anglicanism**

6 p.m. Cummings Chapel

▶ **Art Class**

6 p.m. Painting Place, Basement

▶ **Restoration Project** - Basic Christianity

6 p.m. Ingram Lounge

▶ **Youth Group**

6:30 p.m. Undercroft

▶ **Choir Rehearsal**

7:00 p.m. Choir Room

THURSDAY, FEB. 1

▶ **Shakespeare Reading Group**

9:30 a.m. Ingram Lounge

▶ **Holy Eucharist**

12:10 p.m. Cummings Chapel

▶ **Celebration Singers Rehearsal**

5:30 p.m. Choir Room

FRIDAY, FEB. 2

▶ **Lectionary Bible Study**

10 a.m. Ingram Lounge

▶ **Clara's at the Cathedral**

11 a.m. Taliaferro Hall

▶ **Contemplative Holy Eucharist**

12:10 p.m. Cummings Chapel

SATURDAY, FEB. 3

▶ **Lay Eucharistic Minister Training &  
Licensing**

9 a.m. to 12 p.m. Ingram Lounge

The Diocese of Florida is offering training for all those who desire to provide Eucharist to our parish members who cannot attend services. If you currently serve in this ministry and your license has expired, please plan to attend.

▶ **Quiet Garden Morning** - Mary Magdalene and the Inner Workings of the Mind

9:30 a.m. to 12 p.m. Ingram Lounge

Dean Kate leads us on an exploration of the struggles, challenges and triumphs of this saint. Using the book, *Healed: How Mary Magdalene Was Made Well*, as our guide, we will explore Mary Magdalene's journey and discover her beautiful, and sometimes frightening path, to true health. A path that leads directly to the heart of God.

BIRTHDAY BLESSINGS

Sunday, January 28  
Mike Swann, Thomas May, Everette Seay, IV, Emily Kline,  
Brady Meide

Monday, January 29  
Richard Jarvis, Ed Smith

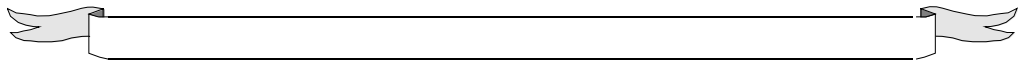
Tuesday, January 30  
Rut Liles, Linda Crofton

Wednesday, January 31  
Vicky Stedman, Holt Graves, Jr., Amy Rolph, Elizabeth Spicer

Thursday, February 1  
Shanon West, Philip Milo, Allen Thakkar

Friday, February 2  
Joannie Newton, Joseph Mullarkey, Laurie Knight,  
Bryan Jones

Saturday, February 3  
Peter Marino, Ronnie Welch, Kay Lynn Crews, Blake Bachara,  
Rachel Uitti



A gift was made to the Saints Fund by Diane Young  
in loving memory of her husband Raymond Young  
who would have celebrated his 87th birthday  
January 19.

# SERMON NOTES

## ST. JOHN'S CATHEDRAL

256 East Church Street  
Jacksonville, Florida 32202  
(904) 356-5507 - [www.jaxcathedral.org](http://www.jaxcathedral.org)  
Office Hours: Monday-Thursday 8 a.m. - 4 p.m.  
and Friday 8 a.m. - 3 p.m.

You can now watch our 11 a.m. service live on our website!  
Just click the Live Broadcast link on the homepage.