

# Welcome to **St. John's Cathedral**



June 24, 2018 - 10:30 a.m.  
The Fifth Sunday after Pentecost

LOVE *at the* CORE.

Welcome to St. John's Cathedral! We are so glad that you are here.

St. John's Cathedral has always stood on this very spot, Billy Goat Hill, the highest geographical point in Jacksonville. When the population began moving out of the downtown area in the 1960s, this congregation felt strongly that God was calling us to stay here in the heart of the city. Since that time, the Cathedral has birthed all kinds of ministries, caring for the homeless, for children and the elderly, and working to promote the arts, education and healthcare.

We are now striving to create a vibrant neighborhood around Billy Goat Hill called Cathedral District-Jax—a place where diverse peoples of many income levels can live and grow together. We believe that by worshiping and serving God in the **urban core, we can catch a glimpse of God's love.**

We believe that worship should be beautiful and sacred, a moment to hush the hurriedness of our lives and experience the peace of God. I hope that you feel **God's love this morning.**

Faithfully,

The Very Reverend Kate Moorehead,  
Dean

For the latest news and events at the Cathedral, visit our website ([jaxcathedral.org](http://jaxcathedral.org)) and follow us on Facebook, Instagram and Twitter (@jaxcathedral). On the website, you may subscribe to our weekly e-newsletter, the SJC Eagle. Print copies of the Eagle are available at the back of the Sanctuary and on the credenza outside Cummings Chapel.



knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see-- we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return-- I speak as to children -- open wide your hearts also.

*Lector*               The Word of the Lord.

*People*               Thanks be to God.

*A period of silence for reflection follows the reading.*

*The Psalm is read in unison.*

Psalm 107:1-3, 23-32

Give thanks to the Lord, for he is good, \*  
and his mercy endures for ever.

Let all those whom the Lord has redeemed proclaim \*  
that he redeemed them from the hand of the foe.

He gathered them out of the lands; \*  
from the east and from the west, from the north and from the south.

Some went down to the sea in ships \*  
and plied their trade in deep waters;

They beheld the works of the Lord \*  
and his wonders in the deep.

Then he spoke, and a stormy wind arose, \*  
which tossed high the waves of the sea.

They mounted up to the heavens and fell back to the depths; \*  
their hearts melted because of their peril.

They reeled and staggered like drunkards \*  
and were at their wits' end.

Then they cried to the Lord in their trouble,  
and he delivered them from their distress.

He stilled the storm to a whisper \*  
and quieted the waves of the sea.

Then were they glad because of the calm, \*  
and he brought them to the harbor they were bound for.

Let them give thanks to the Lord for his mercy \*  
and the wonders he does for his children.

Let them exalt him in the congregation of the people \*  
and praise him in the council of the elders.

*A period of silence for reflection follows.*

*The People stand.*

Hymn 493

“O for a thousand tongues”

*Azman*

The Gospel

Mark 4:35-41

*Gospeler* The Holy Gospel of our Lord Jesus Christ according to Mark.  
*People* Glory to you, Lord Christ.

When evening had come, Jesus said to his disciples, “Let us go across to the other side.” And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, “Teacher, do you not care that we are perishing?” He woke up and rebuked the wind, and said to the sea, “Peace! Be still!” Then the wind ceased, and there was a dead calm. He said to them, “Why are you afraid? Have you still no faith?” And they were filled with great awe and said to one another, “Who then is this, that even the wind and the sea obey him?”

*Gospeler* The Gospel of the Lord.  
*People* Praise to you, Lord Christ.

*The People are seated.*

The Sermon

The Reverend Canon Allen LaMontagne

*A period of silence for reflection follows the sermon.*

*The People stand.*

The Nicene Creed

*The Celebrant and People say*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## The Prayers of the People

*All remain standing as able. The Leader and People pray responsively.*

Almighty God, as we move into the summer help us to bring you with us into every aspect of our lives. Holy Spirit,  
*Come among us.*

We pray for all who are sick, lonely, grieving or in pain. Comfort them with the light of your presence. Holy Spirit,  
*Come among us.*

Watch over this cathedral and this city, that we may serve you and bring new life to downtown Jacksonville. Holy Spirit,  
*Come among us.*

Bring peace to our broken world, that there may be greater understanding among races and peoples. Holy Spirit,  
*Come among us.*

Foster in us the awareness that this earth is yours and help us to care for it with love and devotion. Holy Spirit,  
*Come among us.*

Bless all who have died. We leave them in your loving arms. Holy Spirit,  
*Come among us.*

*Silence*

*The Celebrant concludes the prayers.*

## The Confession of Sin

*The People kneel. The Celebrant says*

Let us confess our sins against God and our neighbor.

*Celebrant and People*

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*The Celebrant continues*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
*Amen.*

## The Peace

*The People stand.*

*Celebrant* The peace of the Lord be always with you.

*People* And also with you.

*The Clergy and People greet each other in the name of the Lord.*

## Welcome and Announcements

### THE HOLY COMMUNION

The Offertory

They that go down to the sea in ships

Herbert Sumsion

They that go down to the sea in ships: and occupy their business in great waters; these men see the works of the Lord: and his wonders in the deep. For at his word the stormy wind **ariseth: which lifteth up the waves thereof. They are carried up to the heav'n, and down again to the deep: their soul melteth away because of the trouble. They reel to and fro and stagger like a drunken man: and are at their wits' end. So when they cry unto the Lord in their trouble: he deliv'reth them out of their distress. For he maketh the storm to cease: so that the waves thereof are still. Then are they glad because they are at rest: and so he bringeth them unto the haven where they would be. — Psalm 107: 23-30**

*Representatives of the congregation bring forward the People's offerings of money, and other gifts. You may also text the dollar amount of your gift to 904-584-3116. The People stand when the offerings are brought forward and placed on the Altar.*

Hymn 487

“Come, my Way, my Truth, my Life”

*The Call*

The Great Thanksgiving

Eucharistic Prayer C

*Celebrant* The Lord be with you.  
*People* And also with you.  
*Celebrant* Lift up your hearts.  
*People* We lift them to the Lord.  
*Celebrant* Let us give thanks to the Lord our God.  
*People* It is right to give him thanks and praise.

*Then, facing the Holy Table, the Celebrant proceeds. The People's responses are in italics.*

God of all power, Ruler of the Universe, you are worthy of glory and praise.  
*Glory to you for ever and ever.*

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.  
*By your will they were created and have their being.*

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.  
*Have mercy, Lord, for we are sinners in your sight.*

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.  
*By his blood, he reconciled us. By his wounds, we are healed.*

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, hea - ven and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

*The People stand or kneel.*

*The Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

*At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it, and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
*We celebrate his death and resurrection, as we await the day of his coming.*

Lord God of our holy and righteous ancestors, God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

*Risen Lord, be known to us in the breaking of the Bread.*

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

*Celebrant and people*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.



My flesh is food and my blood is drink in  
 death, says the Lord. My flesh and drink my blood dwell in me and I in them. My  
 flesh is food in death, and my blood is drink in death, says the Lord.

*The Celebrant continues*

The gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

***Please join us at God's table.***

*All baptized people are welcome to receive communion. Everyone is welcome to come to the altar for a blessing. If you would like a blessing, please fold your arms across your chest. You are also invited to receive prayers and anointing with holy oil in one of our transept chapels (Ascension to the south, and Holy Communion to the north) where anointers wait to pray with you.*

## Music at Communion

Organ

Sonata No. 5 in C major  
II. Largo

J. S. Bach

Hymn 313

“Let thy blood in mercy poured”

*Jesu, meine Zuversicht*

Psalms 37:18-28

Chant: John Joubert

The Lord knoweth the days of the godly:  
 And their inheritance shall endure for ever.  
 They shall not be confounded in the perilous time:  
 And in the days of dearth they shall have enough.  
 As for the ungodly, they shall perish  
 and the enemies of the Lord shall consume as the fat of lambs:  
 Yea even as the smoke shall they consume away.  
 The ungodly borroweth and payeth not again:  
 But the righteous is merciful and liberal.  
 Such as are blessed of God shall possess the land:  
 And they that are cursed of him shall be rooted out.  
**The Lord ordereth a good man's going:**  
 And maketh his way acceptable to himself.  
 Though he fall he shall not be cast away:  
 For the Lord upholdeth him with his hand.

I have been young and now am old:  
And yet saw I never the righteous forsaken  
nor his seed begging their bread.  
The righteous is ever merciful and lendeth:  
And his seed is blessed.  
Flee from evil and do the thing that is good:  
And dwell for evermore.  
For the Lord loveth the thing that is right:  
He forsaketh not his that be godly but they are preserved for ever.

## The Postcommunion Prayer

*After Communion the Celebrant says*

Let us pray.

*Celebrant and People*

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

## The Blessing

*The Celebrant blesses the people.*

In Procession, Hymn 567      “Thine arm, O Lord, in days of old”      *St. Matthew*

## The Dismissal

Alleluia! Alleluia! Let us go forth into the world, rejoicing in the power of the Spirit.  
*People* Thanks be to God. Alleluia! Alleluia!

Voluntary      Toccata in Seven      John Rutter

+ + +

*The flowers in Cummings Chapel and at the High Altar are given to the glory of God and in thanksgiving for all you have given me during my time at the cathedral by Nicole Lashley.*

## 2018 YOUTH PILGRIMAGE TO WASHINGTON, D.C.

Dear Friends,

“We are spiritual beings having a human experience,” observed Pierre Teilhard de Chardin, twentieth-century Jesuit priest and paleontologist. This insight informs the theme of our 2018 Youth Pilgrimage to Washington, D.C., July 20-27: “Living Faithfully in the City.” The quote is on our pilgrimage T-shirts.



Overlapping the time that our Cathedral Choir is in residence at Washington National Cathedral, the Youth Pilgrimage will bring six high-school-age pilgrims and five adult chaperones to our nation’s capital. Several questions will serve as pilgrimage guideposts: What does a faithful life look like today? What is the nature of our vocation—what is God calling us specifically to be and do in urban Jacksonville? Last but not least, how are each of us accountable as stewards of God’s creation? This last question serves as a centerpiece of our pilgrimage experience. In partnership with local environmental groups, a full day is devoted to a boat tour of the Anacostia River with hands-on activities that serve to revitalize the Chesapeake Bay watershed area.

Spiritual formation is key to our pilgrimage, but not to the exclusion of fun and fellowship. A balance will be struck between worship, learning, and recreation. At the heart of our faithful sojourn is a desire to deepen our appreciation of, and participation in, *faithful community with Christ*. This spirit of companionship will travel with us and, we pray, bring us back with renewed enthusiasm for the mission of the Church.

Please pray with us to that end. If you wish to know more about our plans, be in touch. Thank you for your support! God bless you.

Faithfully yours,  
Allen+

LOVE at the CORE.

Please join me in thanking Nancy Parks for her gift of \$100,000 to preserve this beautiful Cathedral. Her husband Bob Parks was Dean here for ten years and started three nonprofit ministries—the Episcopal School of Jacksonville, Aging True and Cathedral Care (formerly the Gerontology

Center). Nancy loves the Cathedral and her gift helps ensure it remains a place of worship and beauty for future generations.

A table is set up in the back of the Sanctuary with note cards and pens for you to write a note of thanks. Our Chief Development Officer Cindy Cooper will send your notes in a beautiful package. Let’s show Nancy our love! ~Dean Kate

# SERMON NOTES

## ST. JOHN'S CATHEDRAL

256 East Church Street

Jacksonville, Florida 32202

(904) 356-5507 - [www.jaxcathedral.org](http://www.jaxcathedral.org)

Office Hours: Monday-Thursday 8 a.m. - 4 p.m.

Friday 8 a.m. - 3 p.m.

**Please remember St. John's Cathedral in your will or trust.**