

# Welcome to **St. John's Cathedral**



July 15, 2018 - 10:30 a.m.  
The Eighth Sunday after Pentecost

LOVE *at the* CORE.

Welcome to St. John's Cathedral! We are so glad that you are here.

St. John's Cathedral has always stood on this very spot, Billy Goat Hill, the highest geographical point in Jacksonville. When the population began moving out of the downtown area in the 1960s, this congregation felt strongly that God was calling us to stay here in the heart of the city. Since that time, the Cathedral has birthed all kinds of ministries, caring for the homeless, for children and the elderly, and working to promote the arts, education and healthcare.

We are now striving to create a vibrant neighborhood around Billy Goat Hill called Cathedral District-Jax—a place where diverse peoples of many income levels can live and grow together. We believe that by worshiping and serving God in the **urban core, we can catch a glimpse of God's love.**

We believe that worship should be beautiful and sacred, a moment to hush the hurriedness of our lives and experience the peace of God. I hope that you feel **God's love this morning.**

Faithfully,

The Very Reverend Kate Moorehead,  
Dean

For the latest news and events at the Cathedral, visit our website ([jaxcathedral.org](http://jaxcathedral.org)) and follow us on Facebook, Instagram and Twitter (@jaxcathedral). On the website, you may subscribe to our weekly e-newsletter, the SJC Eagle. Print copies of the Eagle are available at the back of the Sanctuary and on the credenza outside Cummings Chapel.

# THE HOLY EUCHARIST

*A joyous and warm welcome to our visitors and guests. Please know how happy our Cathedral community is to have you worship with us. We'd love to know our guests, so please fill out a visitor card and drop it in the offering plate as it comes by.*

Voluntary

Cantabile

César Franck

Introit

God be in my head

H. Walford Davies

God be in my head and in my understanding; God be in mine eyes, and in my looking; God be in my mouth, and in my speaking; God be in my heart, and in my thinking; God be at mine end, and at my departing.

In Procession, Hymn 48

“O day of radiant gladness”

*Es flog ein kleins Waldvögelein*

*Children age four through fifth grade follow the Cross in procession to Children's Chapel in Cummings Chapel. The children rejoin their families at the Peace.*

## THE LITURGY OF THE WORD

*Celebrant*

Blessed be our God.

*People*

Forever and ever. Amen.

*Celebrant and People*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Hymn 9

“Not here for high and holy things” (Stanzas 4-6)

*Morning Song*

The Collect of the Day

*Celebrant*

The Lord be with you.

*People*

And also with you.

*Celebrant*

Let us pray.

*The Celebrant continues*

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

*The People are seated.*

The Lesson

Ephesians 1:3-14

*Lector*

A reading from the letter of Paul to the Ephesians.

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery



that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptizer." Immediately she rushed back to the king and requested, "I want you to give me at once the head of John the Baptist on a platter." The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

*Gospeler*                    The Gospel of the Lord.  
*People*                      Praise to you, Lord Christ.

*The People are seated.*

The Sermon

The Reverend Canon Allen LaMontagne

*A period of silence for reflection follows the sermon.*

*The People stand.*

The Nicene Creed

*The Celebrant and People say*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

*All remain standing as able. The Leader and People pray responsively.*

Almighty God, as we move into the summer help us to bring you with us into every aspect of our lives. Holy Spirit,  
*Come among us.*

We pray for all who are sick, lonely, grieving or in pain. Comfort them with the light of your presence. Holy Spirit,  
*Come among us.*

Watch over this cathedral and this city, that we may serve you and bring new life to downtown Jacksonville. Holy Spirit,  
*Come among us.*

Bring peace to our broken world, that there may be greater understanding among races and peoples. Holy Spirit,  
*Come among us.*

Foster in us the awareness that this earth is yours and help us to care for it with love and devotion. Holy Spirit,  
*Come among us.*

Bless all who have died. We leave them in your loving arms. Holy Spirit,  
*Come among us.*

*Silence*

*The Celebrant concludes the prayers.*

## The Confession of Sin

*The People kneel. The Celebrant says*

Let us confess our sins against God and our neighbor.

*Celebrant and People*

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*The Celebrant continues*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
*Amen.*

## The Peace

*The People stand.*

*Celebrant* The peace of the Lord be always with you.

*People* And also with you.

*The Clergy and People greet each other in the name of the Lord.*

## Welcome and Announcements

## THE HOLY COMMUNION

The Offertory

How lovely are the messengers (*St. Paul*)

Felix Mendelssohn

How lovely are the messengers that preach us the gospel of peace. To all the nations is gone forth the sound of their words, throughout all the lands their glad tidings.

*Representatives of the congregation bring forward the People's offerings of money, and other gifts. You may also text the dollar amount of your gift to 904-584-3116. The People stand when the offerings are brought forward and placed on the Altar.*

Hymn 487

“Come, my Way, my Truth, my Life”

*The Call*

The Great Thanksgiving

Eucharistic Prayer C

*Celebrant* The Lord be with you.

*People* And also with you.

*Celebrant* Lift up your hearts.

*People* We lift them to the Lord.

*Celebrant* Let us give thanks to the Lord our God.

*People* It is right to give him thanks and praise.

*Then, facing the Holy Table, the Celebrant proceeds. The People's responses are in italics.*

God of all power, Ruler of the Universe, you are worthy of glory and praise.

*Glory to you for ever and ever.*

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

*By your will they were created and have their being.*

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

*Have mercy, Lord, for we are sinners in your sight.*

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

*By his blood, he reconciled us. By his wounds, we are healed.*

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, heav - en and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Blessed is he who comes in the name of the Lord. Ho san na in the high - est.

*The People stand or kneel.*

*The Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

*At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it, and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,  
*We celebrate his death and resurrection, as we await the day of his coming.*

Lord God of our holy and righteous ancestors, God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

*Risen Lord, be known to us in the breaking of the Bread.*

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

*Celebrant and people*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

My flesh is food and drink and my blood is drunk in death says the Lord. These who eat my flesh and drink my blood dwell in me and I in them. My flesh is food and drink and my blood is drunk in death says the Lord.

*The Celebrant continues*

The gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

***Please join us at God's table.***

*All baptized people are welcome to receive communion. Everyone is welcome to come to the altar for a blessing. If you would like a blessing, please fold your arms across your chest. You are also invited to receive prayers and anointing with holy oil in one of our transept chapels (Ascension to the south, and Holy Communion to the north) where anointers wait to pray with you.*

## Music at Communion

Organ

Vingt-quatre pièces en style libre  
*XIX. Berceuse*

Louis Vierne

Hymn 318

“Here, O my Lord”

*Nyack*

Motet

Lead me, Lord

S. S. Wesley

Lead me, Lord, lead me in thy righteousness, make thy way plain before my face. For it is thou, Lord, thou, Lord, only, that makest me dwell in safety.

## The Postcommunion Prayer

*After Communion the Celebrant says*

Let us pray.

*Celebrant and People*

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

## The Blessing

*The Celebrant blesses the people.*

In Procession, Hymn 637 “How firm a foundation, ye saints of the Lord”

*Lyons*

## The Dismissal

Alleluia! Alleluia! Let us go forth into the world, rejoicing in the power of the Spirit.  
*People* Thanks be to God. Alleluia! Alleluia!

Voluntary

Vingt-quatre pièces en style libre  
*XXI. Carillon*

Louis Vierne

+ + +

*The flowers in Cummings Chapel and at the High Altar are given to the glory of God and in loving memory of his sister Janice Avery by David Avery and in thanksgiving for the marriage of Tamara Laurel Gayle and Christopher Alexander Blackwood on Saturday, July 14, 2018.*

## SERMON NOTES

## EDUCATION FOR MINISTRY

We are fortunate at the Cathedral to offer an outstanding educational program for adults wishing to further understand their faith and to be better equipped for ministry—Education

for Ministry (EfM). We offer two classes which are led by Joe and Laura O’Shields and Jay Wright. EfM is a unique four-year learning certificate program in theological education based upon small-group study and practice. During the four years of study, participants read and reflect on the Bible, learn about the history of Christianity and delve into theology, ethics and ways of living in our diverse world, all for the purpose of growing into their existing or new ministries.

This spring Dianne Larson, Jan Miller and Leland Pettis graduated from the program. In talking with each of them, I learned that you should be prepared to spend on average 4 to 6 hours a week on the readings and preparation for the weekly course meeting. They all agreed this was time well spent. Leland remarked that what he learned was eye-opening and enriched the understanding of his faith. Jan echoed that thought by saying that EfM helped her to define what she believes as it will for every participant (and not always in the same way). Dianne wouldn’t hesitate to take the course again, explaining that while she learned so much, with that knowledge came new questions, and every exploration for meaning only served to deepen her understanding.



Are you ready to explore the Bible, better understand your faith and grapple with some theology? EfM groups are forming for the 2018-2019 academic year and will start meeting in September. For more information, please contact Laura O’Shields (399-5916, [joeoshie@comcast.net](mailto:joeoshie@comcast.net)).

~Nancy Purcell, Marketing and Communications Director

### LOVE at the CORE.

What does Love at the Core mean to you? At the close of our Tuesday staff meetings, we are asked, “How have you seen Love at the Core practiced here this week?” This week two beautiful examples were given. In one, a parishioner graciously donated flowers for a funeral service and in the other a young girl who had helped with Children’s Chapel told her parents that she felt at home in this church. How have you seen Love at the Core in action this week? Be on the lookout for examples at the Cathedral, in your home and in your community and share them with us. Send your examples to Nancy Purcell: [npurcell@jaxcathedral.org](mailto:npurcell@jaxcathedral.org).

BISHOP OF THE EPISCOPAL DIOCESE OF FLORIDA  
The Right Reverend Samuel Johnson Howard

ASSISTING BISHOPS OF THE EPISCOPAL DIOCESE OF FLORIDA  
The Right Reverend Charles L. Keyser  
The Right Reverend Dorsey F. Henderson

CATHEDRAL CLERGY

The Very Reverend Katherine B. Moorehead, Dean  
The Reverend Canon Allen LaMontagne, Sub-Dean  
The Reverend Raja Zabaneh, Chaplain to the Cathedral Residences  
The Reverend Louis A. Towson, Priest Associate  
The Reverend Bennett B. Clance, Deacon

CANON FOR MUSIC  
Timothy Tuller

VESTRY

Forrest Andrews  
Deborah Baker  
Bruce Barcelo  
Tom Burrell  
Martha Cox, Jr. Warden  
Tommy Donahoo, Sr. Warden  
Bill Fouraker  
Chris Haley  
Claude Moulton  
Lindsey Riggs  
John Sefton  
Chris Steilberg  
Patricia Young-Jones

Steven Busey, Chancellor  
Charles Winney, Treasurer

**ST. JOHN'S CATHEDRAL**

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Office Hours: Monday-Thursday 8 a.m. - 4 p.m.  
Friday 8 a.m. - 3 p.m.

**Please remember St. John's Cathedral in your will or trust.**