

# Welcome!



SAINT JOHN'S  
CATHEDRAL  
EPISCOPAL DIOCESE OF FLORIDA

Holy Eucharist  
September 30, 2018 - 8 a.m.  
The Nineteenth Sunday after Pentecost

LOVE *at the* CORE.

Welcome to St. John's Cathedral! We are so glad that you are here.

Since 1834, St. John's Cathedral has stood on this very spot, Billy Goat Hill, the highest geographical point in Jacksonville. When the population began moving out of the downtown area in the 1960s, this congregation felt strongly that God was calling us to stay here in the heart of the city. Since that time, the Cathedral has birthed all kinds of ministries, caring for the homeless, for children and the elderly, and working to promote the arts, education and healthcare.

We are now striving to create a vibrant neighborhood around Billy Goat Hill called Cathedral District-Jax—a place where diverse peoples of many income levels can live and grow together. We believe that by worshiping and serving God in the urban core, we can catch a glimpse of God's love.

We believe that worship should be beautiful and sacred, a moment to hush the hurriedness of our lives and experience the peace of God. I hope that you feel God's love this morning.

Faithfully,

The Very Reverend Kate Moorehead,  
Dean

For the latest news and events at the Cathedral, visit our website ([jaxcathedral.org](http://jaxcathedral.org)) and follow us on Facebook, Instagram and Twitter (@jaxcathedral). On the website, you may subscribe to our weekly e-newsletter, the SJC Eagle. Print copies of the Eagle are available at the back of the Sanctuary and on the credenza outside Cummings Chapel.

# THE HOLY EUCHARIST

*A joyous and warm welcome to our visitors and guests. Please know how happy our Cathedral community is to have you worship with us. We'd love to know our guests, so please fill out a visitor card and drop it in the offering plate as it comes by.*

Hymn 509

“Spirit divine, attend our prayers” *Nun danket all und bringet Ehr*

## THE LITURGY OF THE WORD

*Celebrant* Blessed be our God.  
*People* Forever and ever. Amen.

*Celebrant and People*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

*The Celebrant and the People say together*

### The Trisagion

Holy God, Holy and Mighty, Holy Immortal one, Have mercy upon us.  
Holy God, Holy and Mighty, Holy Immortal one, Have mercy upon us.  
Holy God, Holy and Mighty, Holy Immortal one, Have mercy upon us.

### The Collect of the Day

*Celebrant* The Lord be with you.  
*People* And also with you.  
*Celebrant* Let us pray.

*The Celebrant continues*

O God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

*The People are seated.*

### The Lesson

James 5:13-20

*Lector* A Reading from the Letter of James.

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest. My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

*Lector*           The Word of the Lord.  
*People*            Thanks be to God.

*A period of silence for reflection follows the reading.*

*The Psalm is read in unison.*

## Psalm 124

If the Lord had not been on our side, \*  
let Israel now say;

If the Lord had not been on our side, \*  
when enemies rose up against us;

Then would they have swallowed us up alive \*  
in their fierce anger toward us;

Then would the waters have overwhelmed us \*  
and the torrent gone over us;

Then would the raging waters \*  
have gone right over us.

Blessed be the Lord! \*  
he has not given us over to be a prey for their teeth.

We have escaped like a bird from the snare of the fowler; \*  
the snare is broken, and we have escaped.

Our help is in the Name of the Lord, \*  
the maker of heaven and earth.

*The People stand.*

## The Gospel

Mark 9:38-50

*Gospeler*        The Holy Gospel of our Lord Jesus Christ according to Mark.  
*People*        Glory to you, Lord Christ.

John said to Jesus, “Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us.” But Jesus said, “Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward. “If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched. “For everyone will be salted with fire. Salt is good; but if salt has lost its

saltiness, how can you season it? Have salt in yourselves, and be at peace with one another.”

*Gospeler*            The Gospel of the Lord.  
*People*                Praise to you, Lord Christ.

*The People are seated.*

The Sermon

The Reverend Khalil Osiris

*A period of silence for reflection follows the sermon.*

*The People stand.*

The Nicene Creed

*The Celebrant and People say*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

*All remain standing as able. The Leader and People pray responsively.*

Almighty God, as we move through the fall season help us to bring you with us into every aspect of our lives. Holy Spirit,

*Come among us.*

We pray for all who are sick, lonely, grieving or in pain. Comfort them with the light of your presence. Holy Spirit,

*Come among us.*

Watch over this cathedral and this city, that we may serve you and bring new life to downtown Jacksonville. Holy Spirit,

*Come among us.*

Bring peace to our broken world, that there may be greater understanding among races and peoples. Holy Spirit,

*Come among us.*

Foster in us the awareness that this earth is yours and help us to care for it with love and devotion. Holy Spirit,  
*Come among us.*

Bless all who have died. We leave them in your loving arms. Holy Spirit,  
*Come among us.*

*The Celebrant concludes the prayers.*

## The Confession of Sin

*The People kneel. The Celebrant says*

Let us confess our sins against God and our neighbor.

*Celebrant and People*

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

*The Celebrant continues*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
*Amen.*

## The Peace

*The People stand.*

*Celebrant* The peace of the Lord be always with you.  
*People* And also with you.

*The Clergy and People greet each other in the name of the Lord.*

## Welcome and Announcements

### THE HOLY COMMUNION

*Representatives of the congregation bring forward the People's offerings of money, and other gifts. You may also text the dollar amount of your gift to 904-584-3116. The People stand when the offerings are brought forward and placed on the Altar.*

Hymn 380, stanza 3      **“Praise God, from whom all blessings flow”**      *Old 100th*

The Great Thanksgiving, Eucharistic Prayer A      Book of Common Prayer

*Celebrant* The Lord be with you.  
*People* And also with you.  
*Celebrant* Lift up your hearts.  
*People* We lift them to the Lord.  
*Celebrant* Let us give thanks to the Lord our God.  
*People* It is right to give him thanks and praise.

*Then, facing the Holy Table, the Celebrant proceeds*

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*The Celebrant and People say*

Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

*The People stand or kneel. The Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

*At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*The Celebrant and People say*

Christ has died.

Christ is risen.

Christ will come again.

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

*People and Celebrant*

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

## The Breaking of the Bread

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

*Celebrant* Alleluia. Christ our Passover is sacrificed for us.  
*People* Therefore let us keep the feast. Alleluia.

*The Celebrant continues*

The Gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

### ***Please join us at God's table.***

*All baptized people are welcome to receive communion. Everyone is welcome to come to the altar for a blessing. If you would like a blessing, please fold your arms across your chest.*

## The Postcommunion Prayer

*The Celebrant says*

Let us pray.

*The Celebrant and People say together*

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

## The Blessing

Hymn 552

“Fight the good fight with all thy might”

*Pentecost*

## The Dismissal

*People* Alleluia, alleluia! Let us go forth in the name of Christ.  
Thanks be to God. Alleluia, alleluia!

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*The flowers at the High Altar and in Cummings Chapel are given to the glory of God and in loving memory of Benny Zabaneh.*



# SERMON NOTES

## KHALIL OSIRIS: A FREEDOM THAT COMES FROM WITHIN

In his book *The Cost of Discipleship*, Dietrich Bonhoeffer spells out what it means to be a Christian, emphasizing the cost of grace: “free but not cheap, the cost is nothing less than everything.” Today, St. John’s has the honor of introducing Khalil Osiris. Khalil is an international speaker on restorative justice and transformational leadership, who discovered during 20 years of incarceration, that grace was free, but not cheap. In response to that powerful truth, he turned his life into a testimony to “a freedom that comes from within.”



Khalil has recently relocated to Jacksonville after seven years in South Africa working on critical social issues including preventing the school-to-prison pipeline and recidivism. His work on promoting transformational leadership through deeper more inclusive restorative justice dialogue and action has led to the publication of a substantial body of work and products, which are soon to be published in the United States. Khalil calls his work “Reflecting Freedom” and will be working with local schools and prison ministries in the Diocese of Florida to bring his work to our community. Khalil’s most recent book, *A Freedom that Comes from Within* tells his story and guides the reader through the work required to identify and live from that freedom.

For more information about this remarkable man and his even more remarkable work, visit his website: [aboutkhalilosiris.com](http://aboutkhalilosiris.com). The power of recognizing the freedom that comes from within will change your life and in so doing give you the opportunity to help change lives around you. It is a message of costly grace: free but not cheap, costing everything, but a journey that is compelling and transformative.

And after all, that is what being a disciple of Jesus Christ is all about.

~Owene Courtney  
Director, Center for Prayer & Spirituality



DO YOU KNOW WHERE  
YOUR PLEDGE MONEY GOES?

The Cathedral is a \$23 million campus. Our monthly utility bills average \$6000.

Thank you to all who have pledged!

BISHOP OF THE EPISCOPAL DIOCESE OF FLORIDA

The Right Reverend Samuel Johnson Howard

ASSISTING BISHOPS OF THE EPISCOPAL DIOCESE OF FLORIDA

The Right Reverend Charles L. Keyser

The Right Reverend Dorsey F. Henderson

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The Very Reverend Katherine B. Moorehead, Dean

The Reverend Canon Allen LaMontagne, Sub-Dean

The Reverend Raja Zabaneh, Chaplain to the Cathedral Residences

The Reverend Louis A. Towson, Priest Associate

The Reverend Bennett B. Clance, Deacon

CANON FOR MUSIC

Timothy Tuller

CATHEDRAL STAFF

Nicole Andress, Executive Assistant to the Dean and Calendar Administrator

Kathryn Bissette, Bookstore Manager

Meredith Cataland, Cathedral Director of Finance & Administration

Cindy Cooper, Chief Development Officer

Owene Courtney, Director of the Center for Prayer and Spirituality

Tim Engemann, Facilities Manager

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**Terry Jamerson Hunt, Director of Children's Ministries**

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Office Hours: Monday-Thursday 8 a.m. - 4 p.m.

Friday 8 a.m. - 3 p.m.

**Please remember St. John's Cathedral in your will or trust.**