

The First Sunday in Lent



SAINT JOHN'S
CATHEDRAL
EPISCOPAL DIOCESE OF FLORIDA

March 10, 2019
8 a.m.

LOVE *at the* CORE.

Welcome to St. John's Cathedral!

We are so glad that you are here.

We worship God in the heart of the city. We are surrounded by the poor in an area of town that is often neglected. In his life, Jesus often ministered to the poor and needy, and we believe that by **worshipping God in the urban core, we can catch a glimpse of God's love.**

We welcome all people. Our nursery is open all morning on Sundays. We would love to get to know you better, and you can help us by filling out a visitor card located in your pew and placing it in the offering plate as it comes by, or by handing it to an usher. Please let us know if you need prayers and if you would like us to email you our online newsletter. Listening devices are always available for the hearing impaired and large-print bulletins for those who have trouble with their eyesight. Please ask an usher if you need these items or anything else. We want to help you feel at home here.

We believe that worship should be beautiful and sacred, a moment to hush the hurriedness of our lives **and experience the peace of God. I hope that you feel God's love this morning.**

Faithfully,

The Very Reverend Kate Moorehead,
Dean

For the latest news and events at the Cathedral, visit our website (jaxcathedral.org) and follow us on Facebook, Instagram and Twitter (@jaxcathedral). On the website, you may subscribe to our weekly e-newsletter, the SJC Eagle. Print copies of the Eagle are available at the back of the Sanctuary and on the credenza outside Cummings Chapel.

The Holy Eucharist
The First Sunday in Lent
March 10, 2019 - 8 a.m.

THE WORD OF GOD

In Procession, The Great Litany

The People's responses are in italics.

O God the Father, Creator of heaven and earth,
Have mercy upon us.

O God the Son, Redeemer of the World,
Have mercy upon us.

O God the Holy Ghost, Sanctifier of the faithful,
Have mercy upon us.

O holy, blessed, and glorious Trinity, one God,
Have mercy upon us.

For all who are hungry and for the two million children who die each year because their families cannot afford proper treatment for preventable diseases.

Have mercy upon us.

For the more than 250 million children who do not attend school.

Have mercy upon us.

For the victims of nature, especially those affected by tsunamis or earthquakes in Indonesia and Papua New Guinea, volcanic eruption in Guatemala, flooding in India, Japan, North Korea, Nigeria and Australia, wildfires in Greece and the United States, and hurricanes Michael and Florence.

Have mercy upon us.

For the victims of war, terrorism, and violence, especially those injured or killed while at school or worship. We pray especially for the families in Parkland, FL, Marshal County, KY, Santa Fe, TX, and Pittsburgh, PA.

Have mercy upon us.

For all poor and weary people who are unemployed and looking for work, and all the refugees looking for a home.

Have mercy upon us.

For the homeless and the destitute, the old and the sick, for those who suffer from addiction, those who are in prison, the mentally ill and all who have none to care for them.

Have mercy upon us.

For all those who have died.

Have mercy upon us.

For civility and reconciliation among peoples of all races and creeds, that we may know your peace.

Have mercy upon us.

For peace in the Middle East and Asia: Ukraine, Turkey, Israel, Syria, Jordan, Egypt, Yemen, Iraq, Iran, Afghanistan, and Pakistan, Myanmar, and North Korea.

Have mercy upon us.

For peace in Africa: Somalia, Libya, Sudan, South Sudan, and Nigeria, and Congo.

Have mercy upon us.

For peace in the Americas: Venezuela, Guatemala, El Salvador, and Honduras.

Have mercy upon us.

For people in every land who live with injustice, terror, disease, and death as their constant companions.

Have mercy upon us.

We pray that you will bless and watch over this country.

Have mercy upon us.

We pray that you will bless and watch over this City and this Cathedral.

Have mercy upon us.

We pray that you will draw all people to your presence.

Have mercy upon us.

Give us courage to face the challenges of our time and build your kingdom in the days to come.

Have mercy upon us.

We pray that you would change the hearts of all who fear and run from your presence.

Have mercy upon us.

We pray that you would guide and bless the President of the United States, the governor, the mayor and all others who serve in government.

Have mercy upon us.

We pray that you would teach us how to truly repent and change our lives, forgiving us of our sins and granting us the gift of your Holy Spirit.

Have mercy upon us.

We pray that you would bless our enemies and give us the courage to forgive them.

Have mercy upon us.

Son of God, we beseech thee to hear us.

Son of God, we beseech thee to hear us.

O Lamb of God, who takes away the sins of the world

Have mercy upon us.

O Lamb of God, who takes away the sins of the world.

Have mercy upon us.

O Lamb of God, who takes away the sins of the world.

Grant us thy peace.

O Christ, hear us.

O Christ, hear us.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The People are seated.

The Lesson

Deuteronomy 26:1-11

Lector A Reading from the Book of Deuteronomy.

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God.

Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Lector The Word of the Lord.

People Thanks be to God.

A period of silence for reflection follows the reading.

The Psalm is read in unison.

Psalm 91:1-2, 9-16

He who dwells in the shelter of the Most High, *
abides under the shadow of the Almighty.

He shall say to the Lord, "You are my refuge and my stronghold, *
my God in whom I put my trust."

Because you have made the Lord your refuge, *
and the Most High your habitation,

There shall no evil happen to you, *
neither shall any plague come near your dwelling.

For he shall give his angels charge over you, *
to keep you in all your ways.

They shall bear you in their hands, *
lest you dash your foot against a stone.

You shall tread upon the lion and adder; *
you shall trample the young lion and the serpent under your feet.

Because he is bound to me in love, therefore will I deliver him; *
I will protect him, because he knows my Name.

He shall call upon me, and I will answer him; *
I am with him in trouble; I will rescue him and bring him to honor.

With long life will I satisfy him, *
and show him my salvation.

A period of silence for reflection follows the reading.

The Gospel

Luke 4:1-13

Gospeler The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Christ.

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'" Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'" Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

Gospeler The Gospel of the Lord.

People Praise to you, Lord Christ.

The Sermon

The Very Reverend Kate Moorehead

A period of silence for reflection follows the sermon.

The People stand.

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.
We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God,

Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Peace

Celebrant The Peace of the Lord be always with you.
People And also with you.

The Ministers and People greet one another in the name of the Lord.

Welcome and Announcements

THE HOLY COMMUNION

As the Altar is prepared for Communion, representatives of the congregation collect the offerings of the People.

The People stand when the offerings are brought forward and placed on the Altar.

Hymn 380, St. 3

“Praise God, from whom all blessings flow”

Old 100th

The Great Thanksgiving, Eucharistic Prayer A

Book of Common Prayer

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give him thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Celebrant and People say

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The People stand or kneel. The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever

you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

The Celebrant and People say

Christ has died:

Christ is risen:

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

The Celebrant continues

The gifts of God for the People of God. (Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.)

The Celebrant and People say the Agnus Dei

Celebrant Lamb of God, you take away the sins of the world:
People have mercy on us.

Celebrant Lamb of God, you take away the sins of the world:
People have mercy on us.

Celebrant Lamb of God, you take away the sins of the world:
People grant us peace.

The Lord's Table is open to all. Baptized persons are welcome to receive communion. Unbaptized persons are invited to the altar to receive a blessing. To signify that you do not desire communion, please cross your arms over your chest, and a priest will administer a blessing.

Postcommunion Prayer

The Celebrant says

Let us pray.

The People kneel. The Celebrant and People say

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

The Celebrant blesses the people.

Hymn 149

“Eternal Lord of love, behold your Church”

Old 124th

Dismissal

People Let us bless the Lord.
Thanks be to God.

+ + +

The greens at the High Altar and in Cummings Chapel are given to the glory of God.

Explore Your Faith with the Catechumenate

Christian formation may be a term that is unfamiliar to you. Some like to describe it as Sunday School and others as Adult Education. But the term really means more than either of those substitutions suggest. Christian Formation embodies the forming of a follower of Christ. It is education, as well as spiritual growth and discipleship. Christian formation is the life-long process of growing in our relationship with God, self, others, and all creation. Every experience in our lives can provide us with the opportunity to express our faith; the challenge we face is recognizing these opportunities and learning ways to live a sometimes counter-cultural life in a secular world.



At St. John's, we offer many opportunities for people of all ages and stages to come together every day of the week, to "read, mark, and inwardly digest" the Word of God, the Love of Christ and the many different ways to express our faith. We believe that through Christian Formation we can be agents of Transformation and thus our logo: Formation for *Transformation*.

This Lent we are introducing a new group of offerings call the Catechumenate. It is an organized time of Christian formation and education that prepares adults for baptism, confirmation, reception and reaffirmation. The course is open to all - members and nonmembers, including adults who are baptized and wish to deepen their faith and grow spiritually. It includes the Dean's Forum on Sunday morning and/or The Path and The Way of Love on Wednesday evening. For more information please pick up a brochure in the tract rack or visit the Christian Formation page on the website (under Called to Serve).

No matter which courses you choose, those on Sunday or Wednesday or both, participants are encouraged to discern how God is working in their life by reflecting on God's Word, through prayer and worship, so that they may discern, appreciate and put into practice their God-given gifts for ministry and work for justice and peace. Each participant will have a sponsor who is committed to being present to assist them in their growing life of faith. At the end of the course, participants have the opportunity to be baptized, confirmed, received, or reaffirm their baptismal covenant on Pentecost Sunday, June 9.

~Owene Courtney,
Director of Christian Formation and the Center for Prayer and Spirituality

For a complete list of our Lenten programs and offerings please check out our website www.jaxcathedral.org.

ST. JOHN'S CATHEDRAL

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Office Hours: Monday-Thursday 8 a.m. - 4 p.m.
and Friday 8 a.m. - 3 p.m.

Please remember St. John's Cathedral in your will or trust.