

Welcome!



SAINT JOHN'S
CATHEDRAL
EPISCOPAL DIOCESE OF FLORIDA

August 1, 2021
10 a.m.

LOVE *at the* **CORE.**

THE HOLY EUCHARIST
AUGUST 1, 2021 ~10:00 A.M.

A joyous and warm welcome to our visitors and guests. Please know how happy our Cathedral community is to have you worship with us. We'd love to know our guests, so please fill out a visitor card and drop it in the offering plate as it comes by. Thank you for silencing your cell phone. Masks are optional if you are fully vaccinated. Socially distanced worship and Eucharist are available in the southern transept. An usher would be happy to guide you there.

Voluntary Sheep may safely graze J. S. Bach

Introit Verily, verily I say unto you Thomas Tallis

Verily, verily I say unto you: except ye eat the flesh of the son of man,
and drink his blood, ye have no life in you. Whoso eateth my flesh,
and drinketh my blood, hath eternal life; and I will raise him up at the last day.
For my flesh is meat indeed, and my blood is drink indeed. He that eateth my flesh,
and drinketh my blood, dwelleth in me, and I in him.

THE WORD OF GOD

In Procession, Hymn 522 "Glorious things of thee are spoken" *Austria*

Celebrant Blessed be our God.
People Forever and ever. Amen.

Celebrant and People
Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Celebrant and the People say together

The Trisagion

Holy God, Holy and Mighty, Holy Immortal one, Have mercy upon us.
Holy God, Holy and Mighty, Holy Immortal one, Have mercy upon us.
Holy God, Holy and Mighty, Holy Immortal one, Have mercy upon us.

The Collect of the Day

Celebrant The Lord be with you.
People And also with you.
Celebrant Let us pray.

The Celebrant continues
Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The People are seated.

The Lesson Ephesians 4:1-16

Lector A reading from Paul's letter to the Ephesians.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.)

The Blessing

The Celebrant blesses the People with these words

May Almighty God, who enlightened the minds of the disciples by pouring out upon them the Holy Spirit, make you rich with his blessing, that you may abound more and more in that Spirit for ever. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen.*

In Procession, Hymn 690 "Guide me, O thou great Jehovah" *Cwm Rhondda*

The Dismissal

People Alleluia! Alleluia! Let us go forth into the world, rejoicing in the power of the Spirit.
Thanks be to God. Alleluia! Alleluia!

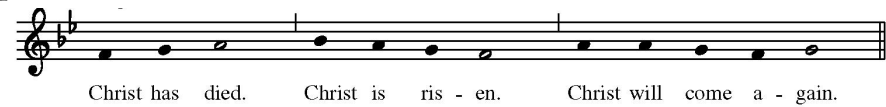
Voluntary In thee is gladness J. S. Bach

† † †

The flowers at the High Altar are given to God's Glory

Therefore we proclaim the mystery of faith:

The Celebrant and People sing



The Celebrant continues.

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

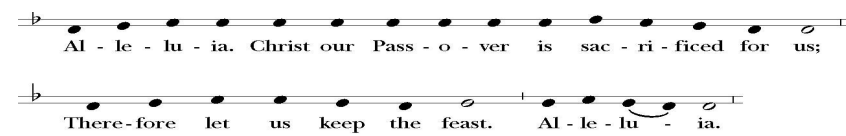
The Celebrant and People say together

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

Hymnal S-152

Mason Martens



The Celebrant continues

The Gifts of God for the People of God. Take them in remembrance that Christ died and was raised for you; feed on him in your hearts by faith, with thanksgiving.

Please join us at God's table.

All are invited to stand or kneel at the altar rail to receive the sacrament of bread and wine- from the chalice or by intinction. If you prefer to be socially distanced and wear a mask, cups of bread and wine may be received in the Ascension Chapel. Please indicate your desire to receive a blessing from a member of the clergy by crossing your arms over your chest.

Music at Communion

Organ Ach bleib bei uns, Herr Jesu Christ J. S. Bach

Psalm 78: 24-30 John Randall

The Postcommunion Prayer

After Communion the Celebrant says

Let us pray.

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

Lector The Word of the Lord.

People Thanks be to God.

A period of silence for reflection follows the reading.

The Psalm is read in unison.

Psalm 78:23-29

23 So he commanded the clouds above * and opened the doors of heaven.

24 He rained down manna upon them to eat * and gave them grain from heaven.

25 So mortals ate the bread of angels; * he provided for them food enough.

26 He caused the east wind to blow in the heavens * and led out the south wind by his might.

27 He rained down flesh upon them like dust * and winged birds like the sand of the sea.

28 He let it fall in the midst of their camp * and round about their dwellings.

29 So they ate and were well filled, * for he gave them what they craved..

A period of silence for reflection follows.

The People stand.

Hymn 8 St. 1-2

“Morning has broken”

Bunessan

The People stand.

The Gospel

John 6:24-35

Gospeler The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, “Rabbi, when did you come here?” Jesus answered them, “Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.” Then they said to him, “What must we do to perform the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Then Jesus said to them, “Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.” They said to him, “Sir, give us this bread always.” Jesus said to them, “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.”

Gospeler The Gospel of the Lord.

People Praise to you, Lord Christ.

Hymn 8 St. 3

“Morning has broken”

Bunessan

The People are seated.

The Sermon

The Reverend Canon Beth Tjoflat

The People stand.

The Nicene Creed

The Celebrant and People say

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

All remain standing as able.

Almighty God, during the summer help us to bring you with us into every aspect of our lives. Holy Spirit, *Come among us.*

We pray for all who are sick, lonely, grieving or in pain. Comfort them with the light of your presence. Holy Spirit, *Come among us.*

Watch over this cathedral and this city, that we may serve you and bring new life to downtown Jacksonville. Holy Spirit, *Come among us.*

We pray for your discerning Spirit as we nominate candidates for Bishop. Holy Spirit, *Come among us.*

Bring peace to our broken world, that there may be greater understanding among races and peoples. Holy Spirit, *Come among us.*

Foster in us the awareness that this earth is yours and help us to care for it with love and devotion. Holy Spirit, *Come among us.*

Bless all who have died especially, those of our parish family and those who have died from COVID 19. We leave them in your loving arms. Holy Spirit, *Come among us.*

Silence

The Celebrant concludes with a prayer.

The Confession of Sin

The People kneel. The Celebrant says

Let us confess our sins against God and our neighbor.

Celebrant and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant continues

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

All stand. The Celebrant says to the People

The Peace of the Lord be always with you.

People

And also with you.

The Clergy and People greet one another in the name of the Lord.

Welcome

THE HOLY COMMUNION

Representatives of the congregation bring forward the People's offerings of money, and other gifts. You may also text jaxcathedral \$ (amount) to 73256. The People stand when the offerings are brought forward and placed on the Altar.

The Offertory

Ave verum corpus

W. A Mozart

*Ave, verum corpus
natum de Maria Virgine,
Vere passum immolatum
in Cruce pro homine,
Cujus latus perforatum
unda fluxit et sanguine,
Esto nobis prae gustatum
in mortis examine.*

Hail, true body
born of the Virgin Mary,
Who truly suffered, sacrificed
on the Cross for man,
Whose pierced side
overflowed
with water and blood,
Be for us a foretaste
In the test of death.

Hymn 380 vs. 3

“Praise God, from whom all blessings flow”

Old 100th

The Great Thanksgiving

Eucharistic Prayer A

Celebrant

The Lord be with you.

People

And also with you.

Celebrant

Lift up your hearts.

People

We lift them to the Lord.

Celebrant

Let us give thanks to the Lord our God.

People

It is right to give him thanks and praise.

The Celebrant continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Celebrant and People sing

Sanctus

S-125

Richard Proulx

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The People stand or kneel.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”