



Two Thousand and Twenty Acts of Gratitude

2020 has thrown us some curve balls! How do we respond?

The Vestry and Clergy of St. John's Cathedral challenge everyone to participate in a united response of service. We believe as we act on our faith it will deepen our relationship with God and each other, and that we will be blessed in the serving.

When: November 1-December 31

Who: Everyone! This is a challenge for all ages, individuals, families, ministry groups, Virtual/Online friends, youth, Christian Formation classes and friends.

What: Choose the ways that you are most comfortable, with your health and safety in mind, to offer 2020 Acts of Gratitude. Service opportunities may be formal or informal. See a few examples in the list to the right or create your own!

Share: Share your service by posting on Realm and use #SJCGratitude. See instructions on page 3. Print the tags on the following page and attach to your gift or leave with those who receive your act of gratitude.

IDEAS FOR ACTION

♥ Blessings in a Backpack is looking for volunteers
Contact: Joan Burchell
burchelli@aol.com

♥ Donate a Bag of Groceries to St. Mary's | Drop off at Office and let Receptionist know

♥ Make a phone call to someone you miss seeing

♥ Help a neighbor with yardwork or another chore

♥ Care for the children of a church friend or neighbor

♥ Bake cookies for your neighbors

♥ Children can create cards for Cathedral Towers residents

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Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind.
Psalm 107:21

This 2020 Act of Gratitude is given to you with thanksgiving and a grateful heart.

#SJCGratitude



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EPISCOPAL DIOCESE OF FLORIDA
JAXCATHEDRAL.ORG

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Posting Your Act of Gratitude in Realm It's easy...

On your computer:

Click **Community** > **Communications** > **News**.



1. To add a post, click .
 2. Select the group **St John's Cathedral**
 3. Enter the post title and body text. Add **#SJCGratitude**
 4. Add an attachment (click **Attach files**) or a photo (click )
 5. Turn comments on or off, click **Allow Comments**
 6. Click **Post**.
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In the app on your phone:

To share a text message:

1. Click **Post** at the top left of page.
2. Select group: **St. John's Cathedral**
3. Enter the post title and body text. Add **#SJCGratitude**
4. Add and attachment.
5. Turn comments on or off, allow comments
6. Click **Post** in top right corner.

To share a photo:

1. Click **Photo** in the center at the top of the page.
2. Follow steps 2 through 6 above.