

The People stand when the offerings are brought forward and placed on the Altar.

Hymn 380 (8 am. St. 3) “Praise God from whom all blessings flow” Old 100th

Hymn 573 (10 a.m. St. 1 & 3) “Father eternal, Ruler of creation” Langham

The Great Thanksgiving, Eucharistic Prayer B Book of Common Prayer

Celebrant The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give him thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The Celebrant and People (Spoken at 8 a.m., sung at 10 a.m.)

Hymn S-114 Healey Willan

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The People stand or kneel. The Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People



The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

The Celebrant and People sing the Fraction Anthem.

Hymnal S-158 Healey Willan

O Lamb of God, that takest away the sins of the world, have mercy upon us.
O Lamb of God that takest away the sins of the world, have mercy upon us.
O Lamb of God, that takest away the sins of the world, grant us thy peace.

The Celebrant continues

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Celebrant continues

The gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The Lord's Table is open to all. Baptized persons are welcome to receive communion. Unbaptized persons are invited to the altar to receive a blessing. To signify that you do not desire communion, please cross your arms over your chest, and a priest will administer a blessing. You are also invited to receive prayers and anointing with holy oil in one of our transept chapels (Ascension to the south, and Holy Communion to the north) where anointers wait to pray with you.

Music at Communion

Organ Eleven Chorale Preludes Johannes Brahms
V. Schmücke dich, o liebe Seele

Hymn 339 “Deck thyself, my soul, with gladness” Schmücke dich

Motet Adoramus te, Christe G. P. da Palestrina

Postcommunion Prayer

The Celebrant says

Let us pray.

The People kneel. The Celebrant and People say

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

The Celebrant blesses the people.

Hymn 149 “Eternal Lord of love, behold your Church” Old 124th

Dismissal

Let us bless the Lord.
People Thanks be to God.

Voluntary As Jesus stood beside the cross J. S. Bach

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The greens at the High Altar and in Cummings Chapel are given to the glory of God.

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THE HOLY EUCHARIST
FIRST SUNDAY IN LENT
March 6, 2022 - 8 & 10 a.m.

A joyous and warm welcome to our visitors and guests. Please know how happy our Cathedral community is to have you worship with us. We'd love to know our guests, so please fill out a visitor card and drop it in the offering plate. Thank you for silencing your cell phone.

Masks are optional as we are following the most recent CDC guidelines. Your safety is important to us.

Prelude Partita on St. Flavian Healey Willan

Introit Thou knowest, Lord, the secrets of our hearts Henry Purcell

Thou knowest, Lord, the secrets of our hearts; shut not Thy merciful ear unto our prayer; but spare us, Lord most holy, O God most mighty, O holy and most merciful Savior, Thou most worthy Judge eternal, suffer us not at our last hour, for any pains of death to fall from Thee. Amen.

THE WORD OF GOD

In Procession, The Great Litany

The People's responses are in italics.

O God the Father, Creator of heaven and earth.
Have mercy upon us.

O God the Son, Redeemer of the World.
Have mercy upon us.

O God the Holy Ghost, Sanctifier of the faithful.
Have mercy upon us.

O holy, blessed, and glorious Trinity, one God.
Have mercy upon us.

For all who are hungry and for the 900,000 people who died in 2021 from Covid 19.
Have mercy upon us.

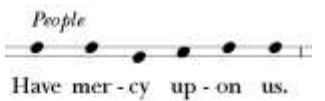
For the 957 million people who are hungry and those who struggle with food insecurity.
Have mercy upon us.

For the victims of natural disasters, especially those affected by the earthquake in Haiti, typhoon in the Philippines, flooding in China, India, Nepal, Germany and Belgium, tsunami and volcano in Indonesia, Hurricane Ida in Louisiana and tornadoes in Kentucky.
Have mercy upon us.

For the victims of war, terrorism, and violence, especially those injured or killed while at school or worship. We pray especially for the people of Ukraine and Afghanistan.
Have mercy upon us.

For all poor and weary people who are unemployed and looking for work, and for all refugees looking for a home.
Have mercy upon us.

For the homeless and the destitute, the old and the sick, those who suffer from addiction, those who are in prison, the mentally ill and all who have none to care for them.
Have mercy upon us.



For civility and reconciliation among peoples of all races and creeds, that we may know your peace.

Have mercy upon us.]

For all those who have died.

Have mercy upon us.

For peace in the Middle East and Asia: Turkey, Israel, Syria, Egypt, Yemen, Iraq, Iran, Afghanistan, and Myanmar.

Have mercy upon us.

For peace in Africa: Libya, South Sudan, and the central African Republic, Northern Mozambique, Ethiopia and Cameroon.

Have mercy upon us.

For peace in the Americas: Venezuela, Guatemala, El Salvador, and Honduras.

Have mercy upon us.

For people in every land who live with injustice, terror, disease, and death as their constant companions.

Have mercy upon us.

We pray that you will bless and watch over this country.

Have mercy upon us.

We pray that you will bless and watch over this city and this Cathedral.

Have mercy upon us.

We pray that you will draw all people to your presence.

Have mercy upon us.

Give us courage to face the challenges of our time and build your kingdom in the days to come.

Have mercy upon us.

We pray that you would change the hearts of all who fear and run from your presence.

Have mercy upon us.

We pray that you would guide and bless the President of the United States, the governor, the mayor and all others who serve in government.

Have mercy upon us.

We pray that you would teach us how to truly repent and change our lives, forgiving us of our sins and granting us the gift of your Holy Spirit.

Have mercy upon us.

We pray that you would bless our enemies and give us the courage to forgive them.

Have mercy upon us.

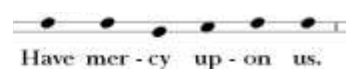
Son of God, we beseech thee to hear us.

Son of God, we beseech thee to hear us.



O Lamb of God, who takes away the sins of the world

Have mercy upon us.



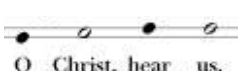
O Lamb of God, who takes away the sins of the world.

Have mercy upon us.



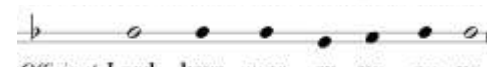
O Lamb of God, who takes away the sins of the world.

Grant us thy peace.



O Christ, hear us.

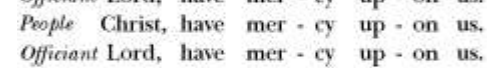
O Christ, hear us.



Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.



The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

The People are seated.

The Lesson

Deuteronomy 26:1-11

Lector A Reading from the Book of Deuteronomy.

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

Lector The Word of the Lord.

People Thanks be to God.

A period of silence for reflection follows the reading.

The Psalm is read in unison.

Psalms 91:1-2, 9-16

He who dwells in the shelter of the Most High, *
abides under the shadow of the Almighty.

He shall say to the Lord, "You are my refuge and my stronghold, *
my God in whom I put my trust."

Because you have made the Lord your refuge, *
and the Most High your habitation,

There shall no evil happen to you, *
neither shall any plague come near your dwelling.

For he shall give his angels charge over you, *
to keep you in all your ways.

They shall bear you in their hands, *
lest you dash your foot against a stone.

You shall tread upon the lion and adder; *
you shall trample the young lion and the serpent under your feet.

Because he is bound to me in love, therefore will I deliver him; *
I will protect him, because he knows my Name.

He shall call upon me, and I will answer him; *
I am with him in trouble; I will rescue him and bring him to honor.

With long life will I satisfy him, *
and show him my salvation.

Hymn 142 (10 a.m.)

“Lord, who throughout these forty days”

St. Flavian

The Gospel

Luke 4:1-13

Gospeler

The Holy Gospel of our Lord Jesus Christ according to Luke.

People

Glory to you, Lord Christ.

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished.

The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.'" Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'" Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

Gospeler

The Gospel of the Lord.

People

Praise to you, Lord Christ.

The Sermon

The Very Reverend Kate Moorehead

A period of silence for reflection follows the sermon.

The People stand.

The Nicene Creed

The Celebrant and People say

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Peace

All stand as the Celebrant says

The Peace of the Lord be always with you.

People

And also with you.

The Ministers and People greet one another in the name of the Lord.

Welcome and Announcements

THE HOLY COMMUNION

As the Altar is prepared for Communion, representatives of the congregation collect the offerings of the People.

The Offertory

Ave verum corpus

William Byrd

All hail, O true Body, of the blessed Virgin born,
Which in anguish to redeem us did'st suffer upon the cross;
From whose side, when pierced by spear, there came forth both water and blood:
Be to us at our last hour the source of consolation.
O loving, O holy, O Jesu, thou Son of Mary,
O have mercy on me. Amen.