

8 AM & 10:30 AM

February 15, 2026

*Last Sunday after the Epiphany*



SAINT JOHN'S  
CATHEDRAL  
EPISCOPAL DIOCESE OF FLORIDA



# SAINT JOHN'S CATHEDRAL

EPISCOPAL DIOCESE OF FLORIDA

## TODAY

### Last Sunday after the Epiphany

#### 126th Anniversary of Lift Every Voice and Sing 10:30am | Cathedral Nave

Join the Friends of Brentwood Library for **A World Day of Worship** in celebration of the 126th anniversary of *Lift Every Voice and Sing* during the 10:30 a.m. service, with the theme of "Acknowledging the Past and Triumph over Struggle." During lunch in Taliaferro Hall, Dean Kate will interview Sharon Coon, founder of the Friends of Brentwood Library. The celebration will continue at 2 p.m. with a dramatic reading from of James Weldon Johnson's "God's Trombones" at the Ritz Theater, read by The Rev. Dr. Linda Privitera.

#### Lenten Art Exhibition: Crosses

During Lent, Dean Kate invites parishioners to loan a cross for a parish-wide exhibition in Taliaferro Hall. Drop off crosses in Room 301, The Center for Wellbeing, and complete the registration form provided. Each cross will help tell the story of faith we carry and share during the Lenten journey.

*Thank you for continually and faithfully bringing bags of groceries for St. Mary's Food Pantry. You can find their list of their most-needed items at [stmarysjax.org/outreach](http://stmarysjax.org/outreach).*

*This Lent, we are encouraging our children and families to participate in a plastic fast. If you'd like to learn more about this effort and join us, please contact Felicia Bullock at [fbullock@jaxcathedral.org](mailto:fbullock@jaxcathedral.org).*

## ASH WEDNESDAY, FEB. 18

Ash Wednesday, the first of the forty days of Lent, is named for the custom of placing blessed ashes on the foreheads of worshipers. The ashes are a sign of penitence and a reminder of mortality. Join us for one of our three Ash Wednesday services as we begin our Lenten fast. **Ash Wednesday Services will be held at 7 a.m., 12 p.m., and 6 p.m.\*** NOTE THE TIME CHANGE: This year, the last service with the Choir will be at 6 p.m. and will be livestreamed.

This Ash Wednesday, St. John's Cathedral will take part in **Ashes to Go**, an opportunity to receive ashes outside the walls of the church—in the midst of daily life. From **9-11:15 a.m. in James Weldon Johnson Park**, The Rev. Dr. Linda Privitera and The Rev. Catherine Montgomery will offer the imposition of ashes and a brief prayer to all who pass by. "When we receive ashes in public, we proclaim where we have come from—God—and where we are going—back to God," shares Linda. "The ashes remind us to be the best humans we can be." If you are unable to attend the scheduled Ash Wednesday services at the Cathedral, we invite you to stop by the park, receive ashes, and begin the season of Lent with prayer and intention. All are welcome.

## NEXT SUNDAY, FEB. 22

#### 9:10am - Dean's Forum: "The Chosen: Becoming Disciples," Taliaferro Hall

Jesus arrives in Jerusalem. With his disciples, we share this emotional time through his arrest in the Garden of Gethsemane. Clergy will walk us through the scriptures, and we will watch and discuss clips of Season 5 of "The Chosen." We will also revisit favorites of Jesus' ministry from past seasons. Join us!



#### Feb. 20-21 - Finding Joy in Lent: Women's Retreat at Camp Weed

Registration is still open! All women are invited to join us on retreat to "Find Joy in Lent."

- Speakers: Rev. Neely Towe & Dean Kate Moorehead Carroll
- Register at <https://www.campweed.org/events> or scan the QR code shown here.
- For more information, contact Linda O'Dell at [lodell@jaxcathedral.org](mailto:lodell@jaxcathedral.org).

#### 4pm - Lenten Choral Evensong, Cathedral Nave

Offered on the First Sunday in Lent, this choral service provides the perfect opportunity to mentally unwind, find peace, and spiritually prepare oneself for the Lenten season. Directed by Timothy Tuller, Canon for Music.

Phone: (904) 356-5507

Email: [info@jaxcathedral.org](mailto:info@jaxcathedral.org)

Address: 256 E. Church Street Jacksonville, FL 32202

Website: [JAXCATHEDRAL.ORG](http://JAXCATHEDRAL.ORG)

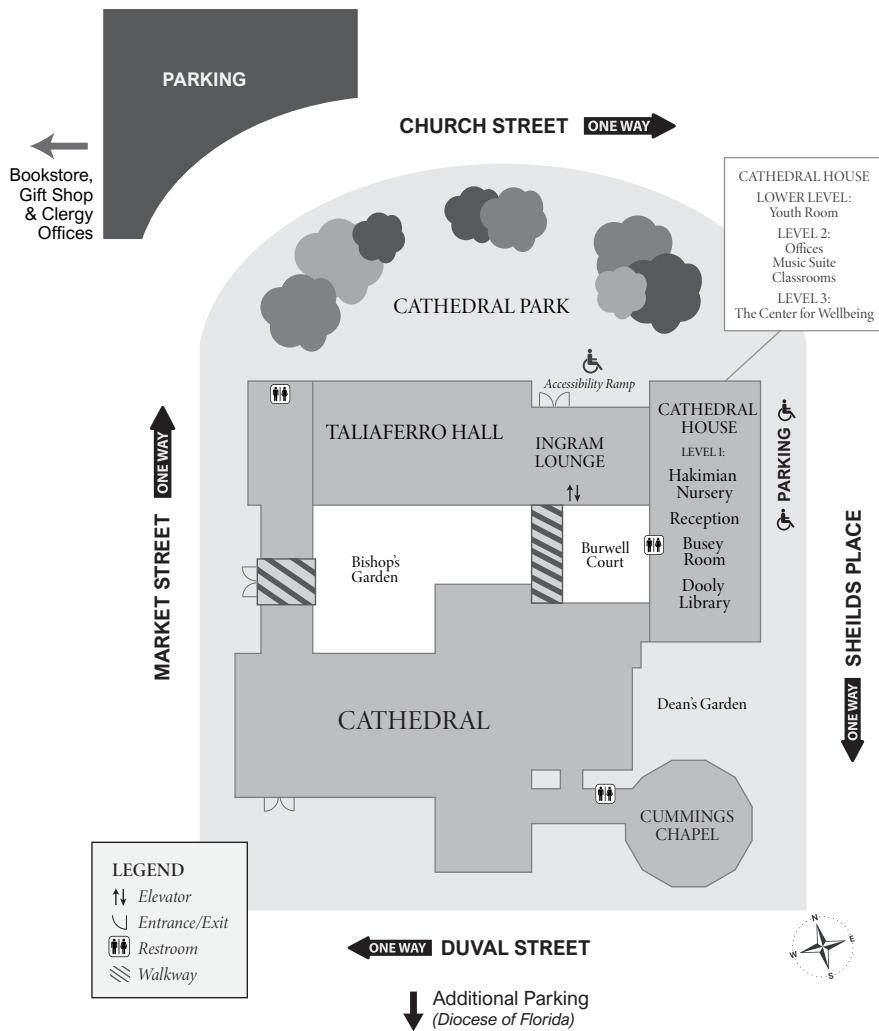
## WELCOME

Whether you're visiting for the first time or you've been worshiping here for years, our welcome ministry, **Engage@JaxCathedral**, is here to help you make a home for your faith at St. John's Cathedral.

Fill out the Welcome card in the pew back and place it in the offering plate, or complete the form online at [jaxcathedral.org/welcome](http://jaxcathedral.org/welcome) (or scan the QR code) so we can get to know you.



## MAP



## HOURS & INFORMATION

### SUNDAY SCHEDULE

8am Holy Eucharist, spoken  
9am Breakfast, *Taliaferro Hall*  
Dean's Forum, *Taliaferro Hall* (no Dean's Forum today)

For Children & Families: Family Eucharist (First Sundays), *Cummings Chapel*, Family Flex Cafe (activities for children ages 4 - 10), *Ingram Lounge*

10:30am Holy Eucharist, Rite II  
with organ and choir

Children gather in the Taliaferro Hall foyer before the 10:30 a.m. service, and return to their families at the Peace. Blessing Bags with quiet activities are available for children who remain in the service.

11:45am Lunch and Fellowship, *Taliaferro Hall*

### Hakimian Family Nursery Hours

10am to Noon

### St. John's Cathedral Bookstore & Gift Shop Hours

Sun: 9am to 12:30pm  
M-Th: 10am to 4pm  
F: 10am to 3pm

### Vestry

John Sefton, *Chancellor*; Martha Cox, *Sr. Warden*; Patrick Kimball, *Jr. Warden*; Paul Arrington, *Treasurer*; John Bass, Rebecca Black, John Erstling, Glenn Guiler, T. R. Hainline, Paige Hakimian, J.J. Howell, Laura Jane Pittman, Louis Russo, Adam Smith, Shane Williams

### Clergy

The Very Rev. Kate Moorehead Carroll, *Dean*; The Rev. Canon Mark S. Anderson, *Vicar*; The Rev. Dr. Linda Privitera, *Associate Priest of Theology and the Arts*; The Rev. Thomas O'Dell, *Associate Priest for Welcome and Engagement*; The Rev. Saundra Kidd, *Deacon for Pastoral Care and Outreach*

### Music

Timothy Tuller, *Canon for Music*

Throughout this service, items in **bold** are spoken by the congregation in unison.

*At the sound of the bell, all stand. The bell tolls nine times, three times three is a symbol of the Trinity.*

*LEVAS Hymnal  
We follow a cross to worship as Jesus said, "Take up your cross and follow me."*

*This prayer is said every Sunday. We ask God to purify our hearts for worship.*

*Silence.*

*This prayer changes each Sunday and summarizes a theme from today's Scripture readings.*

*All sit.*

## THE HOLY EUCHARIST

*We are pleased to welcome The Rev. Yvette Richardson-Hauser, St. Paul AME Church, and The Rev. Atticus T. Taylor, Historic Mt. Zion Church, as guest clergy at the 10:30 a.m. service today.*

**Voluntary**

Benedictus, Alec Rowley

**Introit (10:30 a.m.)**

Let the Heaven Light Shine on me, Roland M. Carter

Let the heav'n light shine on me for low is the way to the upper bright world. Let the light from heav'n shine on me. Amen.

In Procession, LEVAS Hymn #184

"Blessed Assurance"

## THE LITURGY OF THE WORD

Blessed be God.

**Forever and ever. Amen.**

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

The Collect of the Day

God be with you.

**And also with you.**

Let us pray.

O God, who before the passion of your only begotten Son revealed his glory upon the holy mountain: Grant to us that we, beholding by faith the light of his countenance, may be strengthened to bear our cross, and be changed into his likeness from glory to glory; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lesson: 2 Peter 1:16-21

We did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honor and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, "This is my Son, my Beloved, with whom I am well pleased." We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God.

The Words of Holy Scripture.

**Thanks be to God.**

*The Psalter was the hymnal of the ancient Hebrew people.*

Why are the nations in an uproar? Why do the peoples mutter empty threats?  
Why do the kings of the earth rise up in revolt, and the princes plot together,  
against the Lord and against his Anointed?

“Let us break their yoke,” they say; “let us cast off their bonds from us.”

He whose throne is in heaven is laughing; the Lord has them in derision.

Then he speaks to them in his wrath, and his rage fills them with terror.

“I myself have set my king upon my holy hill of Zion.”

Let me announce the decree of the Lord: he said to me, “You are my Son; this day  
have I begotten you.

Ask of me, and I will give you the nations for your inheritance and the ends of the  
earth for your possession.

You shall crush them with an iron rod and shatter them like a piece of pottery.”

And now, you kings, be wise; be warned, you rulers of the earth.

Submit to the Lord with fear, and with trembling bow before him;

Lest he be angry and you perish; for his wrath is quickly kindled.

Happy are they all who take refuge in him!

Gospel Chant: “Hold On,” by Heidi Wilson

Hold on hold on

my dear ones here comes the dawn

The Holy Gospel: Matthew 17:1-9

The Holy Gospel of our Savior Jesus Christ according to Matthew.  
**Glory to you, O Christ.**

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, “Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.” While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, “This is my Son, the Beloved; with him I am well pleased; listen to him!” When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, “Get up and do not be afraid.” And when they looked up, they saw no one except Jesus himself alone. As they were coming down the mountain, Jesus ordered them, “Tell no one about the vision until after the Son of Man has been raised from the dead.”

The good news of our Savior.  
**Praise to you, O Christ.**

*All stand.*

*“This song is for getting through the long nights of winter, and the long nights of healing, and the long dark spells of doubt.” - Heidi Wilson*

*The Gospel is read from a golden book. Gold symbolizes heaven.*

Repeat chant, page 5.

All sit.

*A period of silence is kept following the sermon.*

All stand.

*The Nicene Creed is a statement of trust, and not of certainty. We are saying “We believe in you, God.”*

*The Prayers of the People are read by a member of our congregation and reflect the concerns of our day and our community.*

“Hold On”

The Sermon

The Nicene Creed

The Very Rev. Kate Moorehead Carroll

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

The Prayers of the People

As the light of Christ was made known thousands of years ago – drawing seekers, scattering shadows, shining where we least expected – so open our eyes to see that same light among us today. Let us pray to the God whose light no darkness can overcome.

Light of Christ,

**Shine upon us.**

For your Church in every place: where faith is bold, where faith is fragile, where faith is hidden. Make us a people of welcome and witness, of truth and tenderness. And within our community, may our life together be a shining light so that our city is drawn toward deeper love and abiding justice. Light of Christ,

**Shine upon us.**

For the nations of the earth, and for all in authority: give wisdom without cynicism, courage without cruelty, and strength shaped by mercy. Where violence rages, inspire peace. Where fear rules, kindle hope. Where truth is distorted, set it straight. Light of Christ,

**Shine upon us.**

For our city and our neighbors – especially those who feel unseen: the poor, the lonely, the immigrants, the unhoused, the incarcerated, and those carrying burdens no one knows. Make us attentive, generous, and brave in love. Light of Christ,

**Shine upon us.**

For the sick, the weary, and the grieving; for those anxious in the night, and those numb in the day; for those strained by addiction, depression, or despair. Be near to all who suffer, and inspire us to bring healing where it is needed most. Light of Christ, **Shine upon us.**

For our own lives: where we are tempted to withdraw, guide us into community; where we are tempted to anger, give us peace; where we are tempted to despair, hold us fast. Teach us to walk as children of light. Light of Christ,  
**Shine upon us.**

For those who have died, and for all who mourn. Gather them into your eternal day, and comfort us with the promise that love is stronger than death, and that nothing can separate us from your life. Light of Christ,

Shine upon us.

We give you thanks: for joys we can name and joys we haven't yet acknowledged; for beauty that steadied us; for grace that found us. Transform our thanksgiving into a way of life and a beacon of your love. Light of Christ,

Shine upon us.

## Confession of Sin

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## The Peace

The Peace of the Lord be always with you.  
**And also with you.**

## Welcome and Announcements

### Children's Sermon (10:30 a.m.)

## THE HOLY COMMUNION

Deep river, my home is over Jordan. Deep river, Lord, I want to cross over into campground. Oh, don't you want to go to that gospel feast, that promised land, where all is peace?

*The celebrant concludes the prayers.*

*All kneel or stand as able.  
A period of silence invites us  
to reflect on our own lives and  
our need for forgiveness.*

*Confession is a process of letting go, forgiving others, and being forgiven by God.*

*The Resurrected Christ, when he appeared to the disciples, said these words.*

*All children are invited to come and sit at the altar for a brief sermon.*

*As the altar is prepared for  
Holy Communion, please  
place your offering in the  
collection plate as it is passed.*

You may also give by texting “jaxcathedral \$(amount)” to 73256, or use the QR code to give online. Thank you for your generosity.



Hymn #9 (St. 1-4)

The Great Thanksgiving

“Not here for high and holy things” *Morning Song*

Eucharistic Prayer C

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us. By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

The Sanctus is sung 3 times.

This ancient song, called the Sanctus, is sung by the angels in the book of Revelation.

All kneel or stand as able.

These words come from Scripture:

Matthew 26:26-29  
Mark 14:22-25  
Luke 22:14-20  
1 Corinthians 11:23-26

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving:

**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Ancestors; God of Abraham, Isaac, and Jacob; Sarah, Rebekah, Leah, and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

**Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Alleluia. Christ our Passover is sacrificed for us; therefore let us keep the feast.**  
**Alleluia.**

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Music at Communion (10:30 a.m.)

Gospel Offering

"No one ever cared for me like Jesus," by Charles Frederick Weigle  
*Byron Rowe, soloist; Cedric Williams, accompanist*

LEVAS Hymn #146

"Break Thou the Bread of Life"

Psalm 99

Edgar Day

Prayer of Sending and Service

Let us pray.

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

*All who long for God are welcome to receive Communion. If you are not baptized, we invite you to speak with a member of the clergy about Baptism, the doorway into the Church's full sacramental life.*

*Everyone is also welcome to come to the altar for a blessing, indicated by folding your arms across your chest.*

*Please let clergy know if you would like a gluten-free wafer.*

*If you would like to receive communion and are unable to come to the altar, please ask an usher for assistance.*

*If you are in need of confidential prayers, please come to the chapel to the right of the altar (the South Transept).*

*At 10:30 a.m., a socially-distant communion table is set in the chapel to the left of the altar (the North Transept).*

*All sing. LEVAS Hymnal.*

*Sung by the Cathedral Choir.*

## The Blessing

May Almighty God, who led the Wise Men by the shining of a star to find the Christ, the Light from Light, lead you also, in your pilgrimage, to find the Lord. And may the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. **Amen.**

*All stand. LEVAS Hymnal.  
We follow the cross into the  
world to be the hands and feet  
of Christ.*

In Recession, LEVAS Hymn #1

“Lift ev’ry voice and sing!” *Lift Every Voice*

The Dismissal

Go in peace to love and serve the Lord. Alleluia, alleluia!  
**Thanks be to God. Alleluia, Alleluia!**

Voluntary

Gloria, Marcel Dupré



*The flowers at the altar today are given to the Glory of God.*

# Calendar

## MON. 2/16

**St. John's Cathedral Offices, Bookstore, and Center for Wellbeing will be closed in observance of President's Day.**

## TUES. 2/17

**7:30am - Early Morning Bible Study: Philippians, "A Roadmap to Freedom," Ingram Lounge**

Led by Mark Anderson and Tom O'Dell. Come when you can, the coffee's ready!

**10am - Art Group, The Painting Place (under Taliaferro Hall)**

Come paint with us. Contact Kathie at [meuselbachkl@yahoo.com](mailto:meuselbachkl@yahoo.com).

**4pm - Cancer Support Group, Room 303**

All are welcome, regardless of faith tradition or stage in the journey. Contact Lisa at [lisamck@bellsouth.net](mailto:lisamck@bellsouth.net).

**5:30pm - Shrove Tuesday Pancake Supper, Taliaferro Hall**

The Brotherhood of St. Andrews cordially invites you to this fun-filled event. Bring your appetite and be ready to indulge in some tasty pancakes, eggs, and sausages. Register on Realm.

## WED. 2/18

**Ash Wednesday: See page 2 for information about Ash Wednesday services and Ashes To Go.**

**11:30am - Beginning Meditation, Room 303**

This six-week class is designed for those who are new to meditation, as well as those who would welcome a refresher in a supportive, guided setting.

**6pm - Art Group, The Painting Place (under Taliaferro Hall)**

Gather with fellow artists and paint to your heart's content. Contact Heather at [chihuahua7044@att.net](mailto:chihuahua7044@att.net).

## THURS. 2/19

**8:15am - Divorce Support Group, Room 304**

**9:30am - Centering Prayer, Dooly Library**

Let go of distractions; open your heart to the divine within.

**12:30pm - Introduction to Wellbeing, Room 302**

A free, six-session group experience designed to help you explore what truly matters to you—and take practical, meaningful steps toward better well-being.

## FRI. 2/20

**9am - Reading Between the Lines, Zoom**

An online Scripture study supplemented by art, literature, poetry. Contact Owene at [ocourtney@jaxcathedral.org](mailto:ocourtney@jaxcathedral.org).

## SAT. 2/21

**No Cathedral Events**

## SUN. 2/22

**9:10am - Dean's Forum, Taliaferro Hall**

Join us as we watch and discuss Season 5 of "The Chosen," as Jesus and his disciples experience Holy Week. See page 2 for more information.

**4pm - Lenten Choral Evensong, Cathedral Nave**

Offered on the First Sunday in Lent, this choral service provides the perfect opportunity to mentally unwind, find peace, and spiritually prepare oneself for the Lenten season. Directed by Timothy Tuller, Canon for Music.

## MON. 2/23

**8am - Centering Prayer, Zoom**

Start your week off with guided centering prayer. Contact Owene at [owene\\_courtney@yahoo.com](mailto:owene_courtney@yahoo.com).

**6-7:15pm - Yoga, Cummings Chapel**

Free, gentle yoga practice, led by Megan Cochran.

## TUES. 2/24

**10am - Art Group, The Painting Place (under Taliaferro Hall)**

Come paint with us. Contact Kathie at [meuselbachkl@yahoo.com](mailto:meuselbachkl@yahoo.com).

**4pm - Cancer Support Group, Room 303**

All are welcome, regardless of faith tradition or stage in the journey. Contact Lisa at [lisamck@bellsouth.net](mailto:lisamck@bellsouth.net).

## WED. 2/25

**11:30am - Beginning Meditation, Room 303**

This six-week class is designed for those who are new to meditation, as well as those who would welcome a refresher in a supportive, guided setting.

**12:10pm - Healing Service, Cummings Chapel**

A weekly gathering of prayer and the Holy Eucharist.

## 5:30pm - Praying with Jesus: Lenten

### Prayer and Dinner, *Taliaferro Hall*

Dean Kate and clergy invite you to come find out how simple, comforting, and necessary prayer can be, now more than ever. At 6:30 p.m., a simple meal of soup, salad, and bread will be served.

## 6pm - Art Group, *The Painting Place (under Taliaferro Hall)*

Gather with fellow artists and paint to your heart's content. Contact Heather at [chihuahua7044@att.net](mailto:chihuahua7044@att.net).

## THURS. 2/26

### 8:15am - Divorce Support Group, *Room 304*

## 9:30am - Centering Prayer, *Dooly Library*

Let go of distractions; open your heart to the divine within.

## 12:30pm - Introduction to Wellbeing, *Room 302*

A free, six-session group experience designed to help you explore what truly matters to you—and take practical, meaningful steps toward better well-being.

## FRI. 2/27

### 9am - Reading Between the Lines, *Zoom*

An online Scripture study supplemented by art, literature, poetry. Contact Owene at [ocourtney@jaxcathedral.org](mailto:ocourtney@jaxcathedral.org).

## SAT. 2/28

### 8:30am-3pm - Meditation Retreat, *Center for Wellbeing*

Join us for a day of silence and relaxation. A time to come away, be present and meditate in a loving community. Enjoy teaching, readings, soundbath, breathing relaxation and the simple practice of meditation. \$20 per person; registration includes lunch. Register on Realm. For further information, contact Carol Whitefield at [cwhitefield@jaxcathedral.org](mailto:cwhitefield@jaxcathedral.org).

## SUN. 2/29

### 9:10am - Dean's Forum, *Taliaferro Hall*

Join us as we watch and discuss Season 5 of "The Chosen," as Jesus and his disciples experience Holy Week. See page 2 for more information.

## Visit. Follow. Engage.

Follow St. John's Cathedral, Bookstore, and Center for Wellbeing on social media for updates and announcements!



St. John's Cathedral

St. John's Cathedral Bookstore & Gift Shop  
Center For Wellbeing at SJC



@JaxCathedral

@JaxCathedralBooks

@CenterForWellbeingAtSJC



@JaxCathedral

@JaxCathedralBooks



@StJohnsCathedralJax



Center for Wellbeing at St. John's Cathedral



Scan the QR code to subscribe to our weekly newsletter, the Eagle.



Realm is an online church community where we can connect with each other outside our Sunday gatherings. We'd love for you to take part! Connecting on Realm gives you access to register for upcoming events, join ministry groups, and manage your giving. To request an account setup link, contact Linda O'Dell at [lodell@jaxcathedral.org](mailto:lodell@jaxcathedral.org)

## Pastoral Care

If you are in need of pastoral care, visit [jaxcathedral.org/pastoral-care](http://jaxcathedral.org/pastoral-care) to complete the request form, and we will respond quickly and confidentially. If you have an emergency and want to reach a priest, please call **(904) 356-5507 and press 4**. For information on Baptisms, Confirmations, Weddings, and Funerals, please visit [jaxcathedral.org/life-events](http://jaxcathedral.org/life-events).