



8 AM & 10:30 AM

June 21, 2026

Fourth Sunday after Pentecost



**SAINT JOHN'S
CATHEDRAL**
EPISCOPAL DIOCESE OF FLORIDA



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Thank you for continually and faithfully bringing bags of groceries for St. Mary's Food Pantry. You can find their list of their most-needed items at stmarysjax.org/outreach.

TODAY

Fourth Sunday after Pentecost

Dean's Forum: "Breakfast with Friends"

Every Sunday in June, 9-10am, Taliaferro Hall

This is all about Christian community and fellowship. Enjoy a cup of coffee and a wonderful breakfast. Catch up on the latest "News at St. John's!" Delivered right to your tables, you will find: the "Good News" of the week, the "Social Page," and a weekly "Op-Ed!" And maybe a "Comic of the week." This newspaper will provide plenty of topics to talk about at the tables. Make a date with a friend or just join others there!

11:45am - Art Walk & Talk, Taliaferro Hall
Led by Linda Privitera and Denise Sawyer-Johnson, take a closer look at the artist's exhibition: *Faces and Masks*, featured in Taliaferro Hall. This is a unique opportunity to engage more deeply with the work and hear directly from the artist.

4pm - De Profundis Concert: Solstice IV, Taliaferro Hall
Celebrate the Summer Solstice and Father's Day with an afternoon of sacred jazz and inspired improvisation featuring the De Profundis trio: Joe Yorio (saxophone), Bob Moore (keyboards), and Tony Steve (percussion). Drawing from chant, hymn, and spiritual traditions, this performance offers music to engage both the ear and the heart.

July Dean's Forum: "Great Summer Reads!"

- **July 5:** "Project Hail Mary" presented by Mark Anderson
- **July 12:** "A Prayer for Owen Meany" presented by Linda & Tom O'Dell
- **July 19:** "Theo of Golden" presented by Dean Kate Moorehead Carroll
- **July 26:** "Orbital" presented by Ash Faulkner, Ph.D. English Literature

Fun presentations! Summaries on the tables. Table discussion on fascinating themes running through these books. Teens very welcome! Books available at St. John's Cathedral Bookstore.

Phone: (904) 356-5507

Email: info@jaxcathedral.org

Address: 256 E. Church Street Jacksonville, FL 32202

Website: JAXCATHEDRAL.ORG

"Two Become One?"

**A Couples Retreat at Camp Weed with
Dean Kate & Dr. Chris Carroll
Fri., Nov. 6 at 4pm – Sat., Nov. 7 at 4pm**

Two do become one in marriage, but they also remain as two strong individuals: that is the gift and purpose of the holy union of marriage. Two are eternally united with the purpose of sharing mutual love and caring for each other.

Dean Kate & Dr. Chris Carroll invite you to come and join them as they celebrate and explore this journey called marriage, with 24 hours to get to know each other (and possibly our partners) a little better. The time will be spent having fun in play and in learning (both spiritual and practical tools), with time to be outdoors and time to rest. Lots of options and choices make for a relaxing weekend.

Registration is Open! Contact Linda O'Dell at lodell@jaxcathedral.org. (This is the only way to register!)

Cost is \$205 per couple, payable only by check to "St. John's Cathedral" with "Retreat" in the memo and must be given to Linda O'Dell. We hope you'll join us for this wonderful weekend!

**CREATION KEEPER'S
DAY CAMP FOR KIDS**
Caring for Our Waterways

JULY 13-17, 2026
St. John's Cathedral | 256 E Church St | Jacksonville

Monday	(8:30 am - Noon)
Tuesday	(8:30 am - Noon)
Wednesday	(8:30 am - 1 pm) - River Cruise!
Thursday	(8:30 am - 1 pm) - Beach Day!
Friday	(8:30 am - Noon)

Activities

- Explore the Story of Noah
- Create Art from Recycled Materials
- Sing, Act & Tell Bible Stories
- Build an Ark Diorama
- Learn to Care for God's Creation
- Discover Faith Through Nature

FREE!

REGISTER NOW

Open to children ages 4-12
Parents warmly invited to join us on Field Trip days!
Limited to 25 campers

Offered by the Children's Ministry at St. John's Cathedral
Contact us! (904) 632-9104 x108 jaxcathedral.org

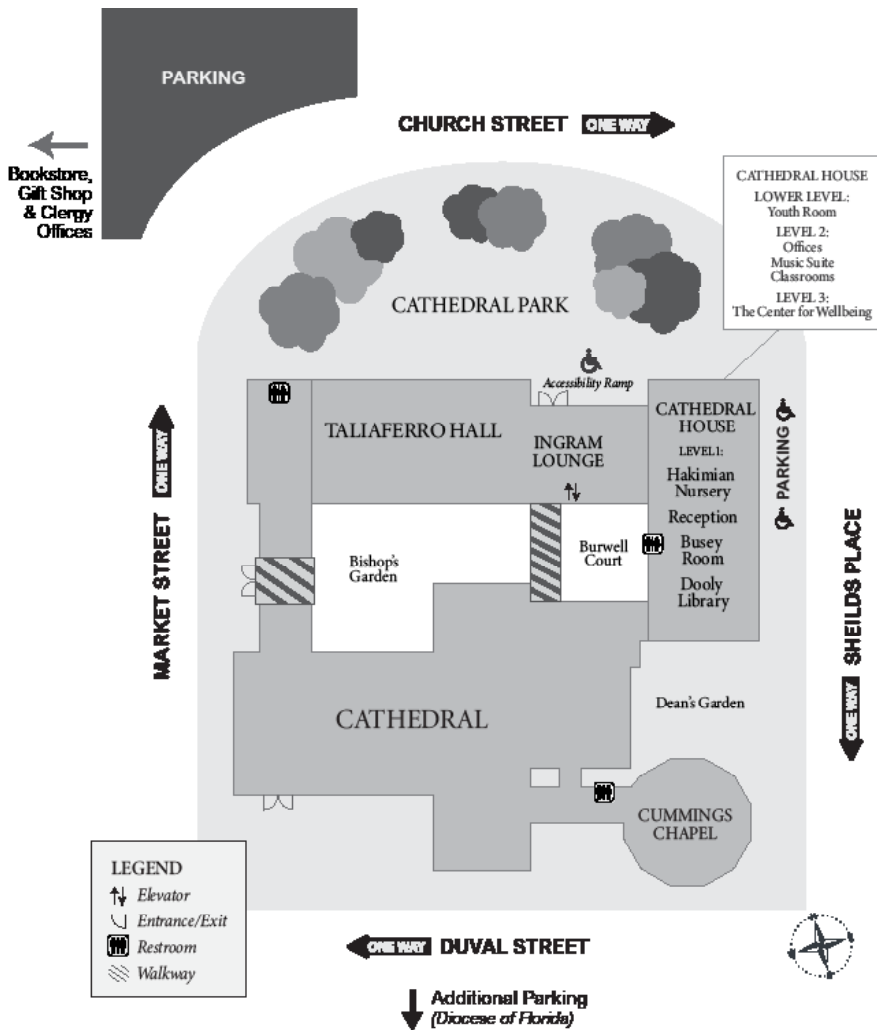
WELCOME

Whether you're visiting for the first time or you've been worshipping here for years, our welcome ministry, **Engage@JaxCathedral**, is here to help you make a home for your faith at St. John's Cathedral.

Fill out the Welcome card in the pew back and place it in the offering plate, or complete the form online at jaxcathedral.org/welcome (or scan the QR code) so we can get to know you.



MAP



HOURS & INFORMATION

SUNDAY SCHEDULE

8am Holy Eucharist, Rite II

9am Breakfast
Adult Formation: Dean's Forum,
Taliaferro Hall

For Children & Families: Family Eucharist (First Sundays), *Cummings Chapel*, Family Flex Cafe (activities for children ages 4 - 10), *Ingram Lounge*

10:30am Holy Eucharist, Rite II
with organ and choir

Blessing Bags with quiet activities are available for children. Please ask an Usher or Greeter for assistance. Children's Faith Formation will return in the fall.

11:45am Lunch and Fellowship, *Taliaferro Hall*

Hakimian Family Nursery Hours

10am to Noon

St. John's Cathedral Bookstore & Gift Shop Hours

Sun: 9am to 12:30pm

M-Th: 10am to 4pm

F: 10am to 3pm

Vestry

John Sefton, *Chancellor*; Martha Cox, *Sr. Warden*; Patrick Kimball, *Jr. Warden*; Paul Arrington, *Treasurer*; John Bass, Rebecca Black, John Erstling, Glenn Guiler, T. R. Hainline, Paige Hakimian, JJ Howell, Laura Jane Pittman, Louis Russo, Adam Smith, Shane Williams

Clergy

The Very Rev. Kate Moorehead Carroll, *Dean*; The Rev. Canon Mark S. Anderson, *Vicar*; The Rev. Dr. Linda Privitera, *Associate Priest of Theology and the Arts*; The Rev. Thomas O'Dell, *Associate Priest for Welcome and Engagement*; The Rev. Saundra Kidd, *Deacon for Pastoral Care and Outreach*

Music

Timothy Tuller, *Canon for Music*

*Throughout this service, items in **bold** are spoken by the congregation in unison.*

At the sound of the bell, all stand. The bell tolls nine times, three times three is a symbol of the Trinity.

1982 Hymnal

We follow a cross to worship as Jesus said, "Take up your cross and follow me."

This prayer changes each Sunday and summarizes a theme from today's Scripture readings.

All sit.

THE HOLY EUCHARIST

Opening Voluntary

Cantabile, César Franck

Introit (10:30 a.m.)

Laudate nomen Domini, vos servi Domini; ab ortu solis usque ad occasum ejus. Decreta Dei justa sunt, et cor exhilarant: laudate Deum principes et omnes populi.

Laudate nomen Domini, Christopher Tye

Praise the name of the Lord, you servants of the Lord; from the rising of the sun to its setting. The decrees of God are just, and delight the heart: praise God, rulers and all people.

In Procession, Hymn #372

"Praise to the living God!" *Leoni*

THE LITURGY OF THE WORD

Blessed be God.

Forever and ever. Amen.

The earth is the Lord's and all that is in it.

Let the heavens rejoice and the earth be glad.

Our help is in the name of the Lord:

The Maker of heaven and earth.

I was glad when they said to me:

"Let us go to the house of the Lord."

The Spirit is here.

The promise of God.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Collect of the Day

God be with you.

And also with you.

Let us pray.

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lesson: Genesis 21:8-21

The child grew, and was weaned; and Abraham made a great feast on the day that Isaac was weaned. But Sarah saw the son of Hagar the Egyptian, whom she had borne to Abraham, playing with her son Isaac. So she said to Abraham, "Cast out this slave woman with her son; for the son of this slave woman shall not inherit along with my son Isaac." The matter was very distressing to Abraham on account of his son. But God said to Abraham, "Do not be distressed because of the boy and because of your slave woman; whatever Sarah says to you, do as she tells you, for it is through Isaac that offspring shall be named for you. As for the son of the slave woman, I will make a nation of him also, because he is your offspring." So Abraham rose early in the morning, and took bread and a skin of water, and gave it

to Hagar, putting it on her shoulder, along with the child, and sent her away. And she departed, and wandered about in the wilderness of Beer-sheba. When the water in the skin was gone, she cast the child under one of the bushes. Then she went and sat down opposite him a good way off, about the distance of a bowshot; for she said, "Do not let me look on the death of the child." And as she sat opposite him, she lifted up her voice and wept. And God heard the voice of the boy; and the angel of God called to Hagar from heaven, and said to her, "What troubles you, Hagar? Do not be afraid; for God has heard the voice of the boy where he is. Come, lift up the boy and hold him fast with your hand, for I will make a great nation of him." Then God opened her eyes and she saw a well of water. She went, and filled the skin with water, and gave the boy a drink. God was with the boy, and he grew up; he lived in the wilderness, and became an expert with the bow. He lived in the wilderness of Paran; and his mother got a wife for him from the land of Egypt.

The Words of Holy Scripture.

Thanks be to God.

Psalms 86:1-10, 16, 17

**Bow down your ear, O Lord, and answer me, for I am poor and in misery.
Keep watch over my life, for I am faithful; save your servant who puts his trust in you.
Be merciful to me, O Lord, for you are my God; I call upon you all the day long.
Gladden the soul of your servant, for to you, O Lord, I lift up my soul.
For you, O Lord, are good and forgiving, and great is your love toward all who call upon you.
Give ear, O Lord, to my prayer, and attend to the voice of my supplications.
In the time of my trouble I will call upon you, for you will answer me.
Among the gods there is none like you, O Lord, nor anything like your works.
All nations you have made will come and worship you, O Lord, and glorify your Name.
For you are great; you do wondrous things; and you alone are God.
Turn to me and have mercy upon me; give your strength to your servant; and save the child of your handmaid.
Show me a sign of your favor, so that those who hate me may see it and be ashamed; because you, O Lord, have helped me and comforted me.**

Breathe on Me, Breath of God (St. 1-2)

1 Breathe on me, Breath of God, fill me with life a - new,
2 Breathe on me, Breath of God, un - til my heart is pure,
3 Breathe on me, Breath of God, till I am whol - ly thine,
4 Breathe on me, Breath of God, so shall I nev - er die;

that I may love what thou dost love, and do what thou wouldst do.
un - til with thee I will one will, to do or to en - dure.
till all this earth - ly part of me glows with thy fire di - vine.
but live with thee the per - fect life of thine e - ter - ni - ty.

Words: Edwin Hatch (1835-1889), alt. Music: Nova Vita, Lister R. Peace (1885-1969).

The Psalms are the Church's oldest hymnal and prayer book. Even before the Church existed, Jesus himself prayed these words. In worship, the psalm is often spoken together as a way of shaping our community's hearts.

All stand.

We sing, offering ourselves to God to prepare for the Gospel.

The clergy read the Gospel in the midst of the congregation because in Jesus the Word of God was carried to the people.

The Holy Gospel: Matthew 10:24-39

The Holy Gospel of our Savior Jesus Christ according to Matthew.
Glory to you, O Christ.

Jesus said to the twelve disciples, "A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household! So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows. Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven. Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword. For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law; and one's foes will be members of one's own household. Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it."

The good news of our Savior.
Praise to you, O Christ.

Breathe on Me, Breath of God (*St. 3-4, see page 5*)

The Sermon

The Very Rev. Kate Moorehead Carroll

The Nicene Creed

All sit.

A period of silence is kept following the sermon.

All stand.

The Nicene Creed is a statement of trust, and not of certainty. We are saying "We believe in you, God."

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Spirit of the living God, you descended upon the disciples in tongues of fire and sent them to carry your message of grace to the ends of the earth. Descend on us also, that when we leave this place, we may carry your Word of love into all the world. Word of God,

Send us into the world.

We pray for Sean our Presiding Bishop, for our Diocese as we prepare to elect a Bishop, for the Diocese of Cuba, and for the mission of your holy Church throughout the world. Give us tongues of fire and hearts of love as we proclaim your Gospel of love. Word of God,

Send us into the world.

We pray for our nation and for all the nations of the world: for those in authority, and for those who feel forgotten by power; for those who seek justice, those who labor for peace, and those who speak even when the truth is costly. Let your Word of righteousness and mercy be heard in every land. Word of God,

Send us into the world.

We pray for the city of Jacksonville, for the homeless on our streets, for the Center for Wellbeing here at this Cathedral, and for every place where healing is offered. Help us to grow into people whose lives proclaim your love, even before we have spoken a word. Word of God,

Send us into the world.

We pray for all who suffer in mind, body, or spirit: for those who are sick, those who are lonely, those who grieve, those who long for someone to hear their story. May your Word of comfort be spoken with our lips and your presence be made known in our embrace. Word of God,

Send us into the world.

We commend to your loving mercy all who have died. Receive them into the light of your Living Word, who spoke them into being and has now called them home. Word of God,

Send us into the world.

Confession of Sin

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

The Prayers of the People are written by our clergy at the start of each season.

The celebrant adds a concluding prayer.

All kneel or stand as able. A period of silence invites us to reflect on our own lives and our need for forgiveness.

Confession is a process of letting go, forgiving others, and being forgiven by God.

The Resurrected Christ, when he appeared to the disciples, said these words.

All children are invited to come and sit at the altar for a brief sermon.

As the altar is prepared for Holy Communion, please place your offering in the collection plate as it is passed. You may also give by texting "jaxcathedral \$(amount)" to 73256, or use the QR code to give online. Thank you for your generosity.



All stand. Sing 3 times.

The Peace

The Peace of the Lord be always with you.
And also with you.

Welcome and Announcements

Children's Sermon

THE HOLY COMMUNION

The Offertory Anthem (10:30 a.m.)

Behold now, praise the Lord, Everett Titcomb

Behold now, praise the Lord; all ye servants of the Lord. Ye that by night stand in the house of the Lord, even in the courts of the house of our God, lift up your hands in the sanctuary and praise the Lord.

LEVAS #13

Harmony

My Lord, what a morn - ing, My Lord, what a morn - ing, — O

my Lord, what a morn - ing, When the stars be - gin to fall.

Fine

The Great Thanksgiving

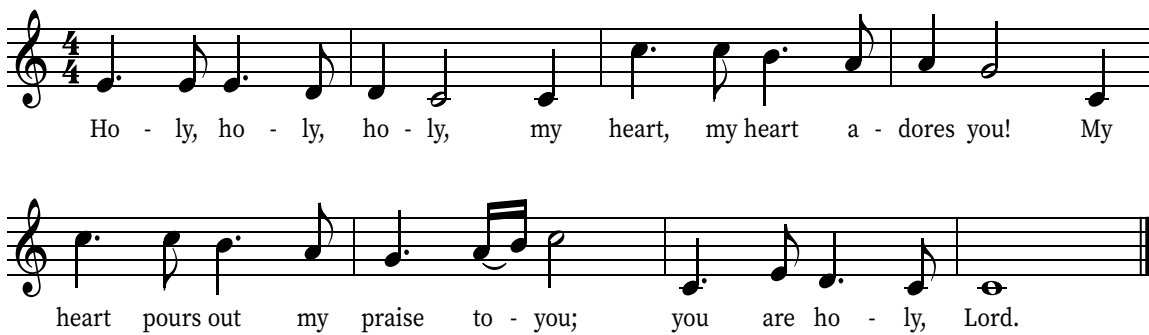
Enriching Our Worship I

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy; for by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:



Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love.

Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

Christ has died. Christ is risen. Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

This ancient song, called the Sanctus, is sung by the angels in the book of Revelation.

The Sanctus is sung 3 times.

All kneel or stand as able.

These words come from Scripture:

Matthew 26:26-29

Mark 14:22-25

Luke 22:14-20

1 Corinthians 11:23-26

All who long for God are welcome to receive Communion. If you are not baptized, we invite you to speak with a member of the clergy about Baptism, the doorway into the Church's full sacramental life.

Everyone is also welcome to come to the altar for a blessing, indicated by folding your arms across your chest.

If you would like to receive communion and are unable to come to the altar, please ask an usher for assistance.

The celebrant breaks the consecrated bread, and all join in singing the Fraction Anthem.

Please let clergy know if you would like a gluten-free wafer.

At 10:30 a.m., if you are in need of confidential prayers, please come to the chapel to the right of the altar (the South Transcept).

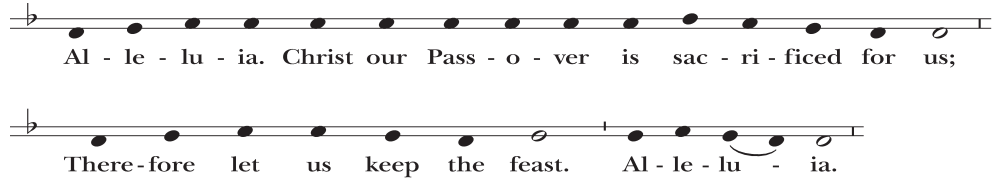
At 10:30 a.m., a socially-distant communion table is set in the chapel to the left of the altar (the North Transcept).

We thank God for the gift of Christ's body and blood.

All stand. 1982 Hymnal.

We follow the cross into the world to be the hands and feet of Christ.

The Fraction Anthem, Hymn #S-152 (*spoken at 8 a.m., sung at 10:30 a.m.*)



The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Music at Communion (10:30 a.m.)

Gospel Offering
To Be Baptized, arr. Undine Smith Moore
Ann Marie McPhail, soloist; Tim Tuller, accompanist

Hymn #302
“Father, we thank thee who hast planted” *Rendez à Dieu*

Motet
O taste and see, Thomas Hastings

O taste and see how gracious the Lord is. Blest is the man that trusteth in Him.

Prayer of Sending and Service

Let us pray.
Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

May the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

In Recession, Hymn #675
“Take up your cross, the Savior said” *Bourbon*

The Dismissal
Go in peace to love and serve the Lord. Alleluia, alleluia!
Thanks be to God. Alleluia, alleluia!

Closing Voluntary
Vingt-quatre pièces en style libre, Louis Vierne
XXI. Carillon



The flowers at the altar today are given to the Glory of God.

Calendar

MON. 6/22

8am - Centering Prayer, Zoom

Start your week off with guided centering prayer. Contact Owene at owene_courtney@yahoo.com.

6-7:15pm - Yoga, Cummings Chapel

Free, gentle yoga practice, led by Megan Cochran.

TUES. 6/23

10am-2pm - Art Group,

The Painting Place (under Taliaferro Hall)

Come paint with us. Contact Kathie at meuselbachkl@yahoo.com.

4pm - Cancer Support Group, Room 303 (Center for Wellbeing)

All are welcome, regardless of faith tradition or stage in the journey. Contact Lisa at lisamck@bellsouth.net.

WED. 6/24

12:10pm - Healing Service, Cummings Chapel

A weekly gathering of prayer and the Holy Eucharist.

5:30-8pm - Art Group,

The Painting Place (under Taliaferro Hall)

Gather with fellow artists and paint to your heart's content. Contact Heather at chihuahua7044@att.net.

6pm - This is Us: LGBTQ+ Stories, Taliaferro Hall

Join us for a Pride Month storytelling series featuring voices from our LGBTQ+ community. We welcome all—friends, family, and allies—to come hear stories of identity, relationship, and faith. Each week includes two personal stories, followed by time for fellowship and refreshments.

THURS. 6/25

8:15am - Divorce Support Group, Room 304

Contact Doug Myers at accts.myers@gmail.com for more information.

9:30am - Centering Prayer, Dooly Library

Let go of distractions; open your heart to the divine within.

FRI. 6/26

9am - Reading Between the Lines, Zoom

An online Scripture study supplemented by art, literature, poetry. Contact Owene at ocourtney@jaxcathedral.org.

SAT. 6/27

No Cathedral Events

SUN. 6/28

9am - Dean's Forum, Taliaferro Hall

See page 2 for more information.

12-2pm - How Not to be Broke in College: an interactive and reality-based financial education class designed for high school seniors and college students, Room 302 (Center for Wellbeing)

This FREE course covers the real-world money skills most students never learn before leaving home, including banking basics, budgeting, credit cards, student loans, saving, compound interest, and smart spending habits. Through relatable examples and practical discussions, students learn how to avoid common financial mistakes, reduce stress, and build a strong financial foundation for the future. Use the QR code to register today!



4pm - Summer Book Study: Braving the Truth, by Rachel Held Evans, ZOOM

Join Joe O'Shields for a study of *Braving the Truth*, a collection of influential essays by New York Times bestselling author Rachel Held Evans. Edited by Sarah Bessey, this anthology invites readers to engage important questions of faith while discovering hope, grace, and a deeper spiritual life. Use the QR code here to register for the ZOOM meeting, and visit jaxcathedralbooks.org to purchase the book online.



MON. 6/29

8am - Centering Prayer, Zoom

Start your week off with guided centering prayer. Contact Owene at owene_courtney@yahoo.com.

6-7:15pm - Yoga, Cummings Chapel

Free, gentle yoga practice, led by Megan Cochran.

TUES. 6/30

10am-2pm - Art Group,

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Come paint with us. Contact Kathie at meuselbachkl@yahoo.com.

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A weekly gathering of prayer and the Holy Eucharist.

5:30-8pm - Art Group,

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Gather with fellow artists and paint to your heart's content.
Contact Heather at chihuahua7044@att.net.

THURS. 7/2

8:15am - Divorce Support Group, Room 304

Contact Doug Myers at accts.myers@gmail.com for more information.

9:30am - Centering Prayer, Dooly Library

Let go of distractions; open your heart to the divine within.

7:30pm - Sound Quest Community Sound Journey,

Cummings Chapel

Bring pillows, blankets, and yoga mats and experience relaxation through sound. Proceeds from this event will benefit the multiple programs that benefit our community offered through St. John's Cathedral.

FRI. 7/3

All St. John's Cathedral offices, Bookstore, and Center for Wellbeing will be closed this day, in observance of Independence Day.

SAT. 7/4: Independence Day

No Cathedral Events

SUN. 7/5

9am - Dean's Forum, Taliaferro Hall

See page 2 for more information.

4pm - Summer Book Study: *Braving the Truth*, by Rachel Held Evans, ZOOM

Join Joe O'Shields for a study of *Braving the Truth*, a collection of influential essays by New York Times bestselling author Rachel Held Evans. Edited by Sarah Bessey, this anthology invites readers to engage important questions of faith while discovering hope, grace, and a deeper spiritual life. Use the QR code here to register for the ZOOM meeting, and visit jaxcathedralbooks.org to purchase the book online.



Visit. Follow. Engage.

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Scan the QR code to subscribe to our weekly newsletter, the Eagle.



Realm is an online church community where we can connect with each other outside our Sunday gatherings. We'd love for you to take part! Connecting on Realm gives you access to register for upcoming events, join ministry groups, and manage your giving. To request an account setup link, contact **Linda O'Dell** at lodell@jaxcathedral.org

Pastoral Care

If you are in need of pastoral care, visit jaxcathedral.org/pastoral-care to complete the request form, and we will respond quickly and confidentially. If you have an emergency and want to reach a priest, please call (904) 356-5507 and press 4. For information on Baptisms, Confirmations, Weddings, and Funerals, please visit jaxcathedral.org/life-events.