



Vincent van Gogh, *The Sower*

8 AM & 10:30 AM

July 26, 2026

Ninth Sunday after Pentecost



SAINT JOHN'S
CATHEDRAL
EPISCOPAL DIOCESE OF FLORIDA



**SAINT JOHN'S
CATHEDRAL**
EPISCOPAL DIOCESE OF FLORIDA

Thank you for continually and faithfully bringing bags of groceries for St. Mary's Food Pantry. You can find their list of their most-needed items at stmarysjax.org/outreach.

TODAY

Ninth Sunday after Pentecost

Dean's Forum: Great Summer Reads

9-10am, Taliaferro Hall

Today, Ash Faulkner, Ph.D. English Literature, presents "Orbital." Come join the discussion!

Dean's Forum in August

August 2-23: "Stories of our Faith," presented by fellow Cathedral members

Before reading and writing began, we shared our stories of tradition, culture, and faith by word of mouth. Oral tradition allows the teller to bring so much more to a story. The choices each of these storytellers make to share their favorite Bible Story will be unique and endearing. Don't miss hearing: Ken Meyers (Aug. 2), Mary Margaret Giannini (Aug. 9), Lewis Hunt (Aug. 16) and Sandi Dunnavant (Aug. 23).

**BACK TO
SCHOOL
BLESSING
OF
BACKPACKS
AND KEYS**

**August 9
10:30 a.m.**




Kim's Open Door.com
— unlocking opportunities for all —

School Supplies Drive July 20 - 30

You can help a child start the school year with confidence by providing a complete set of school supplies for one student through Kim's Open Door. Deliver to the Bookstore for a 10% Discount!

Supplies for each child:

- Safety Scissors
- a 24-pack of Crayons
- 2 Plastic Folders
- Pencils and a Pencil Box/Pouch
- Glue Stick
- 3 Composition Books

Soul Gardening

August 8, 10am-12pm, Cummings Chapel

Sit in a Writing Circle led by Juli Williams, a certified facilitator with Women Writing for (a) Change. Juli will read passages from *The Serviceberry*, by Robin Wall Kimmerer. The book explores reciprocity, gratitude, and the wisdom found in the natural world. She will pair these readings with poetry and use them as prompts for reflection. We will also try "fast writing," a method to quiet the inner critic and let the words flow freely. Use the QR code here to learn more and register!



Save the Date!
Women's Retreat at Camp Weed
January 8 & 9, 2027

More information coming soon--contact:
Linda O'Dell, lodell@jaxcathedral.org

Phone: (904) 356-5507

Email: info@jaxcathedral.org

Address: 256 E. Church Street Jacksonville, FL 32202

Website: JAXCATHEDRAL.ORG

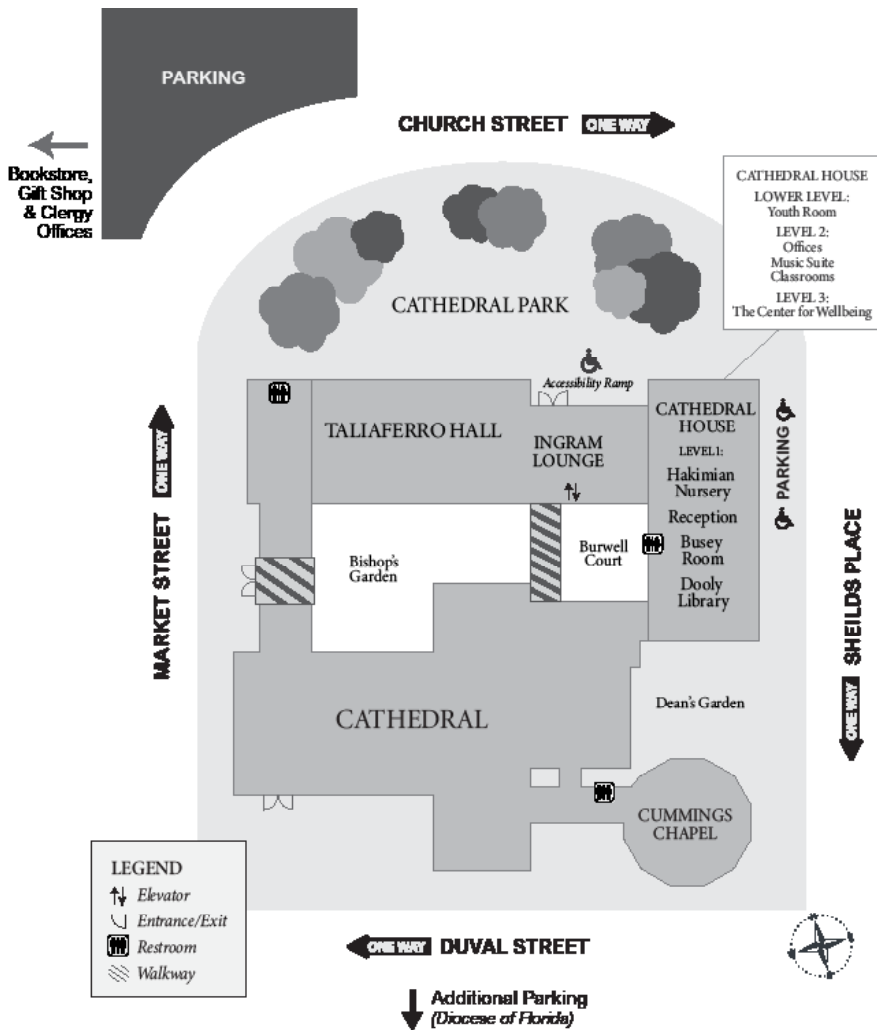
WELCOME

Whether you're visiting for the first time or you've been worshipping here for years, our welcome ministry, **Engage@JaxCathedral**, is here to help you make a home for your faith at St. John's Cathedral.

Fill out the Welcome card in the pew back and place it in the offering plate, or complete the form online at jaxcathedral.org/welcome (or scan the QR code) so we can get to know you.



MAP



HOURS & INFORMATION

SUNDAY SCHEDULE

8am Holy Eucharist, Rite II

9am Breakfast
 Adult Formation: Dean's Forum, *Taliaferro Hall*

For Children & Families: Family Eucharist (First Sundays), *Cummings Chapel*, Family Flex Cafe (activities for children ages 4 - 10), *Ingram Lounge*

10:30am Holy Eucharist, Rite II
 with organ and choir

Blessing Bags with quiet activities are available for children. Please ask an Usher or Greeter for assistance. Children's Faith Formation will return in the fall.

11:45am Lunch and Fellowship, *Taliaferro Hall*

Hakimian Family Nursery Hours

10am to Noon

St. John's Cathedral Bookstore & Gift Shop Hours

Sun: 9am to 12:30pm

M-Th: 10am to 4pm

F: 10am to 3pm

Vestry

John Sefton, *Chancellor*; Martha Cox, *Sr. Warden*; Patrick Kimball, *Jr. Warden*; Paul Arrington, *Treasurer*; John Bass, Rebecca Black, John Erstling, Glenn Guiler, T. R. Hainline, Paige Hakimian, JJ Howell, Caroline Nichols, Louis Russo, Adam Smith, Shane Williams

Clergy

The Very Rev. Kate Moorehead Carroll, *Dean*; The Rev. Canon Mark S. Anderson, *Vicar*; The Rev. Dr. Linda Privitera, *Associate Priest of Theology and the Arts*; The Rev. Thomas O'Dell, *Associate Priest for Welcome and Engagement*; The Rev. Saundra Kidd, *Deacon for Pastoral Care and Outreach*

Music

Timothy Tuller, *Canon for Music*

*Throughout this service, items in **bold** are spoken by the congregation in unison.*

At the sound of the bell, all stand. The bell tolls nine times, three times three is a symbol of the Trinity.

1982 Hymnal

We follow a cross to worship as Jesus said, "Take up your cross and follow me."

This prayer changes each Sunday and summarizes a theme from today's Scripture readings.

All sit.

THE HOLY EUCHARIST

Opening Voluntary

Allein Gott in der Höh sei Her, BWV 664, J. S. Bach

Introit (10:30 a.m.)

Hide not thou thy face, Richard Farrant

Hide not Thou Thy face from us, O Lord, and cast not off Thy servants in Thy displeasure; for we confess our sins unto Thee, and hide not our unrighteousness. For Thy mercy's sake deliver us from all our sins.

In Procession, Hymn #388 (8 a.m. St. 1-3) "O worship the King, all glorious above!" *Hanover*

THE LITURGY OF THE WORD

Blessed be God.

Forever and ever. Amen.

The earth is the Lord's and all that is in it.

Let the heavens rejoice and the earth be glad.

Our help is in the name of the Lord:

The Maker of heaven and earth.

I was glad when they said to me:

"Let us go to the house of the Lord."

The Spirit is here.

The promise of God.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Collect of the Day

God be with you.

And also with you.

Let us pray.

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lesson: Genesis 29:15-28

Laban said to Jacob, "Because you are my kinsman, should you therefore serve me for nothing? Tell me, what shall your wages be?" Now Laban had two daughters; the name of the elder was Leah, and the name of the younger was Rachel. Leah's eyes were lovely, and Rachel was graceful and beautiful. Jacob loved Rachel; so he said, "I will serve you seven years for your younger daughter Rachel." Laban said, "It is better that I give her to you than that I should give her to any other man; stay with me." So Jacob served seven years for Rachel, and they seemed to him but a few days because of the love he had for her.

Then Jacob said to Laban, “Give me my wife that I may go in to her, for my time is completed.” So Laban gathered together all the people of the place, and made a feast. But in the evening he took his daughter Leah and brought her to Jacob; and he went in to her. (Laban gave his maid Zilpah to his daughter Leah to be her maid.) When morning came, it was Leah! And Jacob said to Laban, “What is this you have done to me? Did I not serve with you for Rachel? Why then have you deceived me?” Laban said, “This is not done in our country—giving the younger before the firstborn. Complete the week of this one, and we will give you the other also in return for serving me another seven years.” Jacob did so, and completed her week; then Laban gave him his daughter Rachel as a wife.

The Words of Holy Scripture.

Thanks be to God.

Psalms 105:1-11, 45b

Give thanks to the Lord and call upon his Name; make known his deeds among the peoples.

Sing to him, sing praises to him, and speak of all his marvelous works.

Glory in his holy Name; let the hearts of those who seek the Lord rejoice.

Search for the Lord and his strength; continually seek his face.

Remember the marvels he has done, his wonders and the judgments of his mouth,

O offspring of Abraham his servant, O children of Jacob his chosen.

He is the Lord our God; his judgments prevail in all the world.

He has always been mindful of his covenant, the promise he made for a thousand generations:

The covenant he made with Abraham, the oath that he swore to Isaac,

Which he established as a statute for Jacob, an everlasting covenant for Israel,

Saying, “To you will I give the land of Canaan to be your allotted inheritance.”

Hallelujah!

Breathe on Me, Breath of God (St. 1-2)

1 Breathe on me, Breath of God, fill me with life a - new,
2 Breathe on me, Breath of God, un - til my heart is pure,
3 Breathe on me, Breath of God, till I am whol - ly thine,
4 Breathe on me, Breath of God, so shall I nev - er die;

that I may love what thou dost love, and do what thou wouldst do.
un - til with thee I will one will, to do or to en - dure.
till all this earth - ly part of me glows with thy fire di - vine.
but live with thee the per - fect life of thine e - ter - ni - ty.

Words: Edwin Hatch (1835-1889), alt. Music: *Nova Vita*, Lister R. Peace (1885-1969).

The Psalms are the Church's oldest hymnal and prayer book. Even before the Church existed, Jesus himself prayed these words. In worship, the psalm is often spoken together as a way of shaping our community's hearts.

All stand.

We sing, offering ourselves to God to prepare for the Gospel.

The clergy read the Gospel in the midst of the congregation because in Jesus the Word of God was carried to the people.

The Holy Gospel: Matthew 13:31-33, 44-52

The Holy Gospel of our Savior Jesus Christ according to Matthew.
Glory to you, O Christ.

Jesus put before the crowds another parable: "The kingdom of heaven is like a mustard seed that someone took and sowed in his field; it is the smallest of all the seeds, but when it has grown it is the greatest of shrubs and becomes a tree, so that the birds of the air come and make nests in its branches." He told them another parable: "The kingdom of heaven is like yeast that a woman took and mixed in with three measures of flour until all of it was leavened. The kingdom of heaven is like treasure hidden in a field, which someone found and hid; then in his joy he goes and sells all that he has and buys that field. Again, the kingdom of heaven is like a merchant in search of fine pearls; on finding one pearl of great value, he went and sold all that he had and bought it. Again, the kingdom of heaven is like a net that was thrown into the sea and caught fish of every kind; when it was full, they drew it ashore, sat down, and put the good into baskets but threw out the bad. So it will be at the end of the age. The angels will come out and separate the evil from the righteous and throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Have you understood all this?" They answered, "Yes." And he said to them, "Therefore every scribe who has been trained for the kingdom of heaven is like the master of a household who brings out of his treasure what is new and what is old."

The good news of our Savior.
Praise to you, O Christ.

Breathe on Me, Breath of God (*St. 3-4, see page 5*)

The Sermon

The Rev. Canon Mark S. Anderson

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

All sit.

A period of silence is kept following the sermon.

All stand.

The Nicene Creed is a statement of trust, and not of certainty. We are saying "We believe in you, God."

The Prayers of the People

Spirit of the living God, you descended upon the disciples in tongues of fire and sent them to carry your message of grace to the ends of the earth. Descend on us also, that when we leave this place, we may carry your Word of love into all the world. Word of God,

Send us into the world.

We pray for Sean our Presiding Bishop, for our Diocese as we prepare to elect a Bishop, for the Diocese of Cuba, and for the mission of your holy Church throughout the world. Give us tongues of fire and hearts of love as we proclaim your Gospel of love. Word of God,

Send us into the world.

We pray for our nation and for all the nations of the world: for those in authority, and for those who feel forgotten by power; for those who seek justice, those who labor for peace, and those who speak even when the truth is costly. Let your Word of righteousness and mercy be heard in every land. Word of God,

Send us into the world.

We pray for the city of Jacksonville, for the homeless on our streets, for the Center for Wellbeing here at this Cathedral, and for every place where healing is offered. Help us to grow into people whose lives proclaim your love, even before we have spoken a word. Word of God,

Send us into the world.

We pray for all who suffer in mind, body, or spirit: for those who are sick, those who are lonely, those who grieve, those who long for someone to hear their story. May your Word of comfort be spoken with our lips and your presence be made known in our embrace. Word of God,

Send us into the world.

We commend to your loving mercy all who have died. Receive them into the light of your Living Word, who spoke them into being and has now called them home. Word of God,

Send us into the world.

Confession of Sin

Let us confess our sins against God and our neighbor.

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Prayers of the People are written by our clergy at the start of each season.

The celebrant adds a concluding prayer.

All kneel or stand as able. A period of silence invites us to reflect on our own lives and our need for forgiveness.

Confession is a process of letting go, forgiving others, and being forgiven by God.

The Resurrected Christ, when he appeared to the disciples, said these words.

As the altar is prepared for Holy Communion, please place your offering in the collection plate as it is passed. You may also give by texting "jaxcathedral \$(amount)" to 73256, or use the QR code to give online. Thank you for your generosity.



All stand. This ancient hymn from the 4th century offers a meditation on the awe-inspiring mystery of the Incarnation and the Holy Eucharist.

This ancient song, called the Sanctus, is sung by the angels in the book of Revelation.

The Sanctus is sung 3 times.

The Peace

The Peace of the Lord be always with you.
And also with you.

Welcome and Announcements

THE HOLY COMMUNION

The Offertory Anthem (10:30 a.m.)

Jesu, joy of man's desiring, J. S. Bach

Jesu, joy of man's desiring, holy wisdom, Love most bright.
Drawn by Thee, our souls aspiring, soar to uncreated light.
Word of God our flesh that fashioned with the fire of life impassioned.
Striving still to Truth unknown, soaring, dying, round Thy throne.

Hymn #324 (St. 1 & 4)

"Let all mortal flesh keep silence" *Picardy*

1. Let all mortal flesh keep silence,
and with fear and trembling stand;
ponder nothing earthly minded,
for, with blessing in His hand, Christ our
God to earth descendeth,
our full homage to demand.

4. At His feet the six-winged seraph,
cherubim with sleepless eye,
veil their faces to the Presence,
as with ceaseless voice they cry,
"Alleluia, alleluia,
alleluia, Lord Most High!"

The Great Thanksgiving

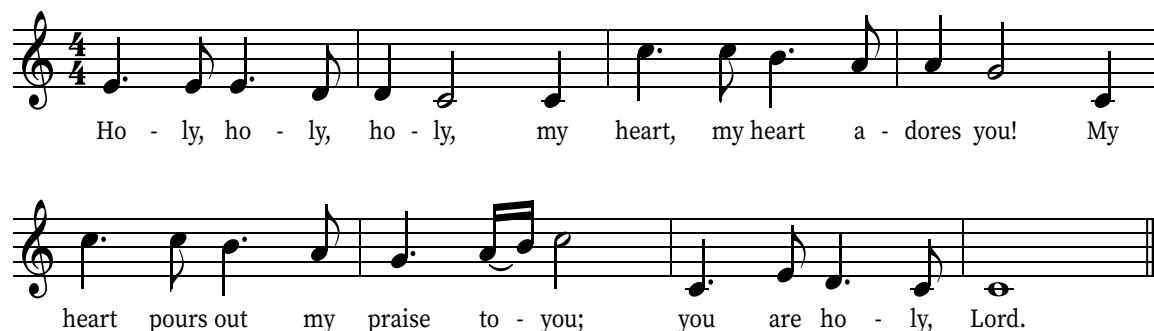
Enriching Our Worship I

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy; for by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world. You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:



Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love.

Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith:

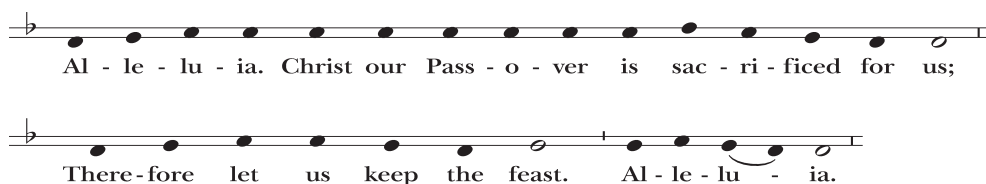
Christ has died. Christ is risen. Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Fraction Anthem, Hymn #S-152 (*spoken at 8 a.m., sung at 10:30 a.m.*)



The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All kneel or stand as able.

These words come from Scripture:

Matthew 26:26-29

Mark 14:22-25

Luke 22:14-20

1 Corinthians 11:23-26

All who long for God are welcome to receive Communion. If you are not baptized, we invite you to speak with a member of the clergy about Baptism, the doorway into the Church's full sacramental life.

Everyone is also welcome to come to the altar for a blessing, indicated by folding your arms across your chest.

If you would like to receive communion and are unable to come to the altar, please ask an usher for assistance.

The celebrant breaks the consecrated bread, and all join in singing the Fraction Anthem.

Please let clergy know if you would like a gluten-free wafer.

At 10:30 a.m., if you are in need of confidential prayers, please come to the chapel to the right of the altar (the South Transcept).

At 10:30 a.m., a socially-distant communion table is set in the chapel to the left of the altar (the North Transcept).

We thank God for the gift of Christ's body and blood.

All stand. 1982 Hymnal.

We follow the cross into the world to be the hands and feet of Christ.

Music at Communion (10:30 a.m.)

Organ

Fugue in F minor, Charles Burney

Hymn #419

"Lord of all being, throned afar" *Mendon*

Psalm 105: 1-6

Stephen Elvey

Prayer of Sending and Service

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

May the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

In Recession, Hymn #408

"Sing praise to God who reigns above" *Mit Freiden zart*

The Dismissal

Go in peace to love and serve the Lord. Alleluia, alleluia!
Thanks be to God. Alleluia, alleluia!

Closing Voluntary

In thee is gladness, J. S. Bach



The flowers at the altar today are given in loving memory of Claudia Milligan.

Bishop Election Update!

Thanks be to God! The Episcopal Diocese of Florida Bishop Search Committee, including our own **Paul Arrington and Martha Cox**, has selected three nominees for election as the ninth Bishop of Florida. Use the QR code here to learn more about the Bishop election process, the nominees, their backgrounds, and what excites them about the Diocese of Florida, and the scheduled meet & greets with the nominees and how to register.



Calendar

MON. 7/27

No Cathedral Events

TUES. 7/28

10am-2pm - Art Group,

The Painting Place (under Taliaferro Hall)

Come paint with us. Contact Kathie at meuselbachkl@yahoo.com.

4-5pm - Cancer Support Group, Room 303 (Center for Wellbeing)

All are welcome, regardless of faith tradition or stage in the journey. Contact Lisa at 904-472-9608.

WED. 7/29

12:10pm - Healing Service, Cummings Chapel

A weekly gathering of prayer and the Holy Eucharist.

5:30-8pm - Art Group,

The Painting Place (under Taliaferro Hall)

Gather with fellow artists and paint to your heart's content. Contact Heather at chihuahua7044@att.net.

THURS. 7/30

8:15am - Divorce Support Group, Room 304

Contact Doug Myers at accts.myers@gmail.com for more information.

9:30am - Centering Prayer, Dooly Library

Let go of distractions; open your heart to the divine within.

FRI. 7/31

No Cathedral Events

SAT. 8/1

No Cathedral Events

SUN. 8/2

9am - Dean's Forum, Taliaferro Hall

See page 2 for more information.

11:45am - Loss of Spouse Grief Group,

Room 302 (Center for Wellbeing)

If you have experienced the death of a spouse, we invite you to join us. Everyone's journey is different, but we have learned that a gentle healing can come from sharing and listening to those who also have suffered this loss. For more information, contact **Linda O'Dell** at lodell@jaxcathedral.org.

12pm - Art Walk and Talk, Taliaferro Hall

Experience *Spreading the Word: Pay Attention* in a whole new way with artist Teresa Cook and the Rev. Dr. Linda Privitera. Created to commemorate 250 years of America, this unique exhibition pairs watercolor paintings with beloved poetry from different periods of history. During this one-hour conversation, Teresa and Linda will offer an inside look at the inspiration and creative process behind the exhibition. Whether you've already visited the exhibition or will be seeing it for the first time, this is a wonderful opportunity to hear directly from the artist, ask questions, and gain a deeper appreciation for the stories behind the work. Lunch will be available in Taliaferro Hall. Donations are appreciated. Come explore, ask questions, and be inspired to *pay attention*.

12pm - Smart Money Foundations,

Room 302 (Center for Wellbeing)

A practical 4-part financial education series designed to help adults build confidence, reduce financial stress, and create sustainable money habits. Participants learn essential real-world financial skills, including banking basics, budgeting systems, goal setting, emergency savings, managing major life expenses, understanding credit and debt, and protecting their financial future. This series provides approachable, actionable strategies that help individuals make informed financial decisions and build long-term financial stability. The workshops are free. Registration is appreciated so that we may prepare for the event. Use the QR code here to learn more and register.



MON. 8/3

12pm - First Monday Book Club, ZOOM

Theo of Golden, by Allen Levi. Visit jaxcathedralbooks.org for more information and the Zoom link.

6-7:15pm - Yoga, Cummings Chapel

Free, gentle yoga practice, led by Megan Cochran.

TUES. 8/4

10am-2pm - Art Group,

The Painting Place (under Taliaferro Hall)

Come paint with us. Contact Kathie at meuselbachkl@yahoo.com.

4-5pm - Cancer Support Group, Room 303 (Center for Wellbeing)

All are welcome, regardless of faith tradition or stage in the journey. Contact Lisa at 904-472-9608.

WED. 8/5

12:10pm - Healing Service, Cummings Chapel

A weekly gathering of prayer and the Holy Eucharist.

5:30-8pm - Art Group,

The Painting Place (under Taliaferro Hall)

Gather with fellow artists and paint to your heart's content.
Contact Heather at chihuahua7044@att.net.

THURS. 8/6

8:15am - Divorce Support Group, Room 304

Contact Doug Myers at accts.myers@gmail.com for more information.

9:30am - Centering Prayer, Dooly Library

Let go of distractions; open your heart to the divine within.

7:30pm - Sound Quest Community Sound Journey,

Cummings Chapel

Bring pillows, blankets, and yoga mats and experience relaxation through sound. Proceeds from this event will benefit the multiple programs that benefit our community offered through St. John's Cathedral.

FRI. 8/7

No Cathedral Events

SAT. 8/8

9am-12pm - Soul Gardening, Cummings Chapel

See page 2 for more information.

SUN. 8/9

9am - Dean's Forum, Taliaferro Hall

See page 2 for more information.

10:30am - Blessing of the Backpacks,

Cathedral Nave, during the 10:30am service

Start the school year with a blessing! At the 10:30 a.m. service, students and teachers are invited to bring backpacks, briefcases, and school supplies to receive a special blessing. Student drivers—don't forget your car keys!

12pm - Smart Money Foundations,

Room 302 (Center for Wellbeing)

A practical 4-part financial education series designed to help adults build confidence, reduce financial stress, and create sustainable money habits. Participants learn essential real-world financial skills, including banking basics, budgeting systems, goal setting, emergency savings, managing major life expenses, understanding credit and debt, and protecting their financial future. This series provides approachable, actionable strategies that help individuals make informed financial decisions and build long-term financial stability.

The workshops are free. Registration is appreciated so that we may prepare for the event. Use the QR code here to learn more and register.



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Center for Wellbeing at St. John's Cathedral



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Realm is an online church community where we can connect with each other outside our Sunday gatherings. We'd love for you to take part! Connecting on Realm gives you access to register for upcoming events, join ministry groups, and manage your giving. To request an account setup link, contact **Linda O'Dell** at lodell@jaxcathedral.org

Pastoral Care

If you are in need of pastoral care, visit jaxcathedral.org/pastoral-care to complete the request form, and we will respond quickly and confidentially. If you have an emergency and want to reach a priest, please call (904) 356-5507 and press 4. For information on Baptisms, Confirmations, Weddings, and Funerals, please visit jaxcathedral.org/life-events.